Chiwang Mani Rimdu Festival

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	13 Days
DIFFICULTY	Moderate
MAX ALTITUDE	2700m
GROUP SIZE	17 People
BEST SEASON	September–November and March–May
START / END	Kathmandu / Kathmandu
PRICE FROM	USD 2,090 per person

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Upon arriving at Tribhuvan International Airport, you will be warmly welcomed and transferred to your hotel in Kathmandu. The remainder of the day is free to relax after your journey or explore the vibrant streets of Thamel, famous for its cafes, restaurants, and trekking shops.

Day 2 : Trek and Permit Preparation in Kathmandu (1,400m)

Altitude: 1400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast

Today is dedicated to trek preparation and permit arrangements before beginning your Himalayan cultural adventure. You will meet your trekking guide for a detailed briefing covering the itinerary, local customs, safety information, and trekking essentials. This is also the perfect time to organize your equipment, complete permit formalities, and purchase any last-minute trekking gear if needed. You may spend the rest of the day exploring Kathmandu’s cultural sites and lively markets.

Day 3 : Flight Kathmandu to Phaplu (2,469m), Trek to Nearby Sherpa Villages

Altitude: 1400m - 2469m

Walk: 3-4 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Take a scenic domestic flight from Kathmandu to Phaplu, offering beautiful aerial views of the Himalayan foothills and rolling hills of the Solu region. After landing, begin a gentle trek through traditional Sherpa villages, terraced farmland, and peaceful forest trails. This day provides a wonderful introduction to the culture, landscapes, and hospitality of the lower Everest region.

Day 4 : Trek Towards Chiwang Village (2700m)

Altitude: 2469m - 2700m

Walk: 5-6 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Today’s trail gradually ascends through scenic hills, rhododendron forests, and traditional mountain settlements toward the beautiful village of Chiwang. Along the route, enjoy peaceful surroundings,

prayer flags, Buddhist stupas, and panoramic mountain views while experiencing authentic Sherpa culture and village life.

Day 5 : Arrival at Chiwang, Explore the Village and Festival Rituals (2700m)

Altitude: 2700m

Walk: 2-3 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Arrive at Chiwang Monastery, one of the important spiritual centers in the Solu region. The village comes alive with preparations for the Mani Rimdu Festival, offering an opportunity to witness Buddhist rituals, ceremonial prayers, and the unique atmosphere surrounding this sacred celebration. Spend the remainder of the day exploring the monastery, interacting with monks and locals, and enjoying the peaceful Himalayan surroundings.

Day 6 : Mani Rimdu Festival – Sacred Mask Dances and Ceremonies (2700m)

Altitude: 2700m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Festival Duration - Full Day Activities

Today marks the beginning of the vibrant Mani Rimdu Festival celebrations at Chiwang Monastery. Witness sacred masked dances performed by monks dressed in colorful traditional costumes representing Buddhist deities and spiritual stories. The monastery grounds fill with chanting, ceremonial music, prayer rituals, and local villagers gathering to celebrate this important spiritual festival. The atmosphere offers a unique insight into Tibetan Buddhist culture and Himalayan traditions.

Day 7 : Mani Rimdu Festival – Cultural Performances and Blessings (2700m)

Altitude: 2700m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Festival Duration - Full Day Activities

Continue experiencing the spiritual and cultural celebrations of Mani Rimdu Festival. Throughout the day, observe traditional dances, ancient Buddhist rituals, and blessing ceremonies conducted by monks inside the monastery complex. The festival also provides opportunities to interact with local Sherpa communities, learn about their customs, and enjoy the festive Himalayan atmosphere surrounded by mountain scenery.

Day 8 : Mani Rimdu Festival – Final Rituals and Monastery Experience (2700m)

Altitude: 2700m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Festival Duration - Full Day Activities

On the final day of the festival, witness concluding prayer ceremonies, spiritual rituals, and special monastery events celebrated by monks and local villagers. Spend time exploring the monastery surroundings, prayer halls, and nearby Sherpa settlements while enjoying the peaceful Himalayan environment. This day offers a memorable cultural experience and a deeper understanding of Buddhist traditions in the Everest region.

Day 9 : Optional Exploration Day or Rest (2700m)

Altitude: 2700m

Walk: Optional Short Hikes · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Today is flexible and can be spent exploring nearby monasteries, traditional Sherpa villages, and scenic viewpoints around Chiwang. You may also choose to relax at the teahouse, interact with local villagers, or simply enjoy the peaceful Himalayan atmosphere before beginning the return journey.

Day 10 : Trek Back Toward Phaplu (2469m)

Altitude: 2700m - 2469m

Walk: 5-6 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Begin your descent through beautiful forest trails, mountain ridges, and traditional villages while retracing your route toward Phaplu. The return trek allows you to enjoy the scenic landscapes and cultural beauty of the Solu region from a different perspective.

Day 11 : Continue Trek to Phaplu (2469m)

Altitude: 2469m

Walk: 4-5 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Continue the final section of the trek back to Phaplu through peaceful hillsides, farmlands, and Sherpa settlements. Upon arrival, enjoy a relaxing evening and celebrate the completion of your cultural trekking journey in the Everest region.

Day 12 : Fly from Phaplu to Kathmandu (1400m)

Altitude: 2469m - 1400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Travel Duration - 35-40 minutes flight

Take a scenic flight back to Kathmandu while enjoying beautiful aerial views of the Himalayan landscape one final time. Upon arrival, transfer to your hotel and spend the rest of the day relaxing, exploring the city, or shopping for souvenirs.

Day 13 : Final Departure or Onward Travel

Visit: Nepal · Meals: Breakfast

Altitude - 1400m

Depending on your flight schedule, enjoy some free time in Kathmandu before being transferred to Tribhuvan International Airport for your onward journey. We hope you had a memorable experience witnessing the spiritual and cultural beauty of the Mani Rimdu Festival in Nepal.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Trek and Permit Preparation in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 3 · Flight Kathmandu to Phaplu, Trek to Nearby Sherpa Villages · 1,400 m · day 25°C / night 9°C
- Day 4 · Trek Towards Chiwang Village · 2,469 m · day 19°C / night 2°C
- Day 5 · Arrival at Chiwang, Explore the Village and Festival Rituals · 2,700 m · day 18°C / night 0°C
- Day 6 · Mani Rimdu Festival – Sacred Mask Dances and Ceremonies · 2,700 m · day 18°C / night 0°C

- Day 7 · Mani Rimdu Festival – Cultural Performances and Blessings · 2,700 m · day 18°C / night 0°C
- Day 8 · Mani Rimdu Festival – Final Rituals and Monastery Experience · 2,700 m · day 18°C / night 0°C
- Day 9 · Optional Exploration Day or Rest · 2,700 m · day 18°C / night 0°C
- Day 10 · Trek Back Toward Phaplu · 2,700 m · day 18°C / night 0°C
- Day 11 · Continue Trek to Phaplu · 2,469 m · day 19°C / night 2°C
- Day 12 · Fly from Phaplu to Kathmandu · 2,469 m · day 19°C / night 2°C

What’s included

1. Transportations

- Private/tourist vehicles for airport pickup and drop-off in Kathmandu.
- Private/tourist vehicles transfer as per itinerary to access the trailheads.
- Domestic flight included for access to the trekking starting & ending point.

2. Accommodation & Meals

- 3 Night 3-star hotel in Kathmandu with bed & breakfast basis.
- Breakfast, lunch & dinner with tea & coffee during the trekking Period.

3. Permits

- Sagarmatha National Park Entry Permit. (Permit required for the Everest region)
- Local Government Entry Permit. (Khumbu Pasang Lhamu Rural Munacipality)
- Trekkers' Information Management System (TIMS) permits.

4. Guide & Staff

- Professional and experience License holder trekking guide salary & insurance.
- Porter salary, equipment’s & insurance.
- First aid medical kit for emergency support.

Not included

1. International Flights

- Airfare from your home country to Nepal (Tribhuvan International Airport, Kathmandu).
- Return airfare from Nepal (Tribhuvan International Airport, Kathmandu) to your home country.

2. Visa Fees

- Nepal entry visa fee for entering Nepal (available on arrival at Tribhuvan International Airport, Kathmandu, or through a Nepalese embassy).

3. Travel Insurance (Mandatory)

- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, helicopter evacuation, trip cancellation, and other unforeseen circumstances.

4. Personal Expenses

- Tips, gifts, and souvenirs for trekking guides and porters.
- Personal trekking equipment and gear.
- Charges for lodge Wi-Fi, hot showers, battery charging, and laundry services.

5. Meals & Beverages

- Lunch and dinner in Kathmandu, Pokhara, and other locations where accommodation is provided in 3-star category hotels.
- Soft drinks, bottled water, alcoholic beverages, and snacks consumed during meals

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/chiwang-mani-rimdu-festival/

Contact our team in Kathmandu: sonam@nordextreme.com · +977 9851078748 · delightful-orange-chimpanzee.tarevirjungleresort.com