Essential Bhutan Tour

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**7 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**3140m**
GROUP SIZE	**10 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 2,499 per person**

Day-by-day itinerary

Day 1 : Arrive Paro and Drive to Thimphu- 49.8 km/1 ½ Hours

When you arrive at Paro International Airport, you will be welcomed by our representative – Land of the Thunder Dragon. Our representative will drive you about 1 ½ hours' to Thimphu, on the way through the vantage point over Thimphu, is the home of the national animal, the Takin; a stranger looking beast some say looks like a bee stung moose. Finally, you will arrive in Thimphu, check into your hotel, taste Bhutanese cuisine and if possible, do some relaxing sightseeing in Thimphu.

Day 2 : Local Sightseeing in Thimphu Valley

Visit Inheritance Museum to see its dedication to connect the people of Bhutan through art and crafts. It was established to preserve and promote our age old arts and crafts. Likewise, you will visit the Textile Museum-see the art of traditional weaving, Thimpu Dzong-The largest Dzong. The National memorial Chorten was conceived by Thinley Norbu Rinpoche and built in 1974 AD in memory of the late King Jigme Dorje Wangchuck. Visitation the Simtokha Dzong- Located five miles from Thimphu, on a lofty ridge, the oldest fortress in the Kingdom. Visit the Folk Heritage museum, which is a replica of a medieval farm-house, and we still have this kind of house in some of our rustic parts. And visit the mini zoo to see our national animal, the Takin. And then visit the Handicraft Emporium for your souvenir shopping and in the evening walk around the city. Night halt in Thimphu.

Day 3 : Drive from Thimphu to Punakha- 73 km/2 ½ Hours

Drive to Punakha for 2 ½ hours with short stop at Dochula pass (3,140 meters/10,300 ft)-the 108 Chortens built by the Queen of Bhutan Ashi Dorji Wangchuck to commemorate Bhutan's victory over Indian militants and liberate the souls of the souls lost. Correspondingly, you could have a superb view of the Bhutan’s Himalayas from the pass if the weather is clear. Upon arrival in Punakha, check in at the hotel first. And have lunch in Punakha town and visit beautiful Punakha Dzong built in 1637 by Shabdrung Ngawang Namgyal, and is situated between Pho Chu (Male River) and Mo Chu (Female River) two famous rivers of Bhutan. Punakha is the old capital of Bhutan and is now the winter capital of the central monastic community.Afterwards visit a farm house in one of a typical village in Punakha, to see how people live in rural Bhutan. You will be served some Bhutanese local distilled wine (Ara), tea and snacks at the farm house. Overnight at the hotel in Punakha.

Day 4 : Drive from Punakha to Gangtey- 72.8 km/2 ½ Hours

You will drive to Gangtey to Punakha in Bhutan is a scenic journey through valley and mountain passes drive from Punakha to Gangtey in Bhutan is a scenic journey through valleys and mountain passes, stunning views of the surrounding landscape. On the way to Gangtey, you will stop to visit some major attractions, Chhini Lhakhang- A 20 minutes' walk from the road side, and across terraced fields through the village of Sopsokha, you will reach to the small temple Located on a hillock in the center of the valley below Metshina. Ngawang Chogyel built this temple in the the 15th century, is a pilgrim site for barren women. You will visit the town of Wandue, the main town and district capital of western Bhutan. This town is the last town before central Bhutan. The district is famous for its fine bamboo work, slate and stone carving. You will pause to see the Wangdue Phodrang Dzong, built in 1638, perched on the spur of a hill and overlooks the confluence of the Tsang Chu and Dang Chu River. After visiting places on the way to Gangtey, finally, you will reach Gangtey and check into the hotel.

Day 5 : Drive from Gangtey to Paro-164.2 km/Approximately 2 Hours & 45 minutes

We are driving you today to Paro, the beautiful valley, and is home to Bhutan's old temples and monasteries. The country has only one airport, located in Paro. You will see the 7,300m Chomolari Peak, located in the north of Paro. The Pochu River is the confluence of the glacier water from the Chomolari Peak and flows through the valley. Beside this, you will get a chance to see Paro Dzong, also known as Rinpung Dzong, is the administrative center of the Dzongkhag, 15th century massive Monastery/Fortress. Another major attraction of this place is Ta Dzong – which is Built as a watch tower, and it was converted into the National Museum in 1968. The museum houses antique textiles, thangkas, armor and weapons, household items and a rich collection of natural and historical artefacts.

Day 6 : Paro, Sightseeing and Tour

A Paro sightseeing and tour explores the culture, history, and natural beauty of Bhutan. Paro is home to ancient temples and monasteries, the National Museum, and the country's only international airport. What you see and do here? You will explore some major and famous places in Bhutan. A morning drive north of Paro Valley Brings us to the ruins of Drukgyal Dzong. Built in 1647 by the Great Zhabdrung Nagwang Namgyal, father and unifier of medieval Bhutan, the Dzong was destroyed by an accidental fire and lift in ruins as an evocative reminder of the great victories it was built to commemorate. Explore the ramparts and relive the memories of a glorious past. Likewise, you will see Tiger Cave Temple - it takes one-hour hike to cafeteria, is also a vantage view point whereby you can enjoy the stunning view of the Monastery. Prayer flags adorn the cliffs and this place is also where Guru Padmasambhava landed on the back of tigress in the 8th century. Then, visit Kyichu Lhakang – After a sumptuous local food, you will retrace out steps to visit kyichu Lhakhang, one of the oldest temple in Bhutan. Stay night at hotel in Paro and prepared for tomorrow's flight.

Day 7 : Paro Airport - Departure to your next destination/home country

Today you will bid farewell to this beautiful Himalayan country and be driven to Paro Airport to fly to your home country or next travel destination. We hope that now you have made those 7 days more meaningful and have beautiful photos as a lifetime memory of Bhutan and also hope to have the opportunity to welcome you again in this beautiful land.

What's included

1. Visa & Fees

- Visa & SDF: Bhutan visa processing and the Sustainable Development Fee (SDF) for tourism in Bhutan.

2. Accommodation & Meals

- Hotel Accommodation: Comfortable hotel stays throughout the tour with all meals included.
- Meals: All meals included during the tour (Breakfast, Lunch, and Dinner – BLD).

3. Staff

- Guide: Knowledgeable English-speaking guide to provide insights and ensure a smooth and enriching experience.

4. Transportation

- Transport: Comfortable private vehicle for all transfers and sightseeing during the tour

Not included

1. Flights

- International Airfare: Flights to and from Bhutan.

2. Travel Insurance

- Travel Insurance: Comprehensive travel insurance covering unforeseen circumstances, medical emergencies, and trip cancellation.

3. Personal Expenses

- Personal Nature Expenses: Costs for shopping, additional personal items, and other individual expenditures.

4. Tips & Gratuities

- Tips & Gratuities: Optional but customary for guides, drivers, and support staff.

Ready to book or have a question?

Trip page: https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/essential-bhutan-tour/
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