# Everest Mountain Flight By Heli

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## What to bring — packing checklist

## What to wear

- [ ] Warm down jacket — landing spots can be –10 °C
- [ ] Warm hat, gloves and buff
- [ ] Comfortable shoes with good grip
- [ ] Sunglasses and sunscreen

### Useful items

- [ ] Camera or phone with spare battery (cold drains batteries)
- [ ] Small bag only — luggage weight is limited
- [ ] Passport and insurance details

*Down jackets and sleeping bags can also be rented in Kathmandu.*

## Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/everest-mountain-flight-by-heli/

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