Everest Panoramic Luxury Trek

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**7 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**3,880m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,000 per person**

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400 m)

Stay: Luxury Hotel · Visit: Nepal · Meals: Dinner

Upon arrival at Tribhuvan International Airport, you will be welcomed by our representative and transferred to a luxury 5-star hotel. After check-in, enjoy leisure time to relax after your international flight.

Day 2 : Trek Preparation and Kathmandu Leisure Day

Stay: Luxury Hotel · Visit: Nepal · Meals: Breakfast

Today is reserved for trek preparation, permit arrangements, equipment checks, and a detailed trip briefing with your guide. You may also enjoy the facilities of your luxury hotel or explore Kathmandu at your own pace.

Day 3 : Helicopter Flight to Lukla (2,840 m) and Trek to Phakding (2,610 m)

Walk: 3–4 hours · Stay: Luxury Hotel · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Flight Duration: Approximately 45 minutes

After breakfast, board a scenic helicopter flight from Kathmandu to Lukla. Enjoy magnificent aerial views of the Himalayan range during the flight. Upon arrival, meet the trekking crew and begin a gentle walk through traditional Sherpa settlements and pine forests to Phakding.

Day 4 : Trek to Namche Bazaar (3,440 m)

Walk: 5–6 hours · Stay: Luxury Hotel · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Today's trail follows the Dudh Koshi River through beautiful forests and across several suspension bridges. After entering Sagarmatha National Park, continue the climb to Namche Bazaar, the commercial and cultural heart of the Khumbu region.

Day 5 : Hike to Syangboche and Everest View Hotel – Visit Khumjung Village

Walk: 4–5 hours · Stay: Luxury Hotel · Visit: Everest Region · Meals: Breakfast Lunch Dinner

After breakfast, hike uphill to Syangboche and the renowned Everest View Hotel. From the hotel

terrace, enjoy panoramic views of Mount Everest, Lhotse, Ama Dablam, Thamserku, and other Himalayan giants.

Continue to the traditional Sherpa village of Khumjung Village, famous for its monastery, Sherpa culture, and beautiful mountain setting. Explore the village before returning to Everest View Hotel for an unforgettable overnight stay.

Day 6 : Helicopter Flight to Lukla and Return to Kathmandu (1400m)

Stay: Luxury Hotel · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Wake up to a spectacular Himalayan sunrise over Everest. After breakfast, board a helicopter from Syangboche for a scenic flight to Lukla. Following a short stop, continue by helicopter to Kathmandu.

For travelers seeking an even more exclusive experience, an optional Everest Scenic Helicopter Tour can be arranged. This extraordinary flight offers spectacular aerial views of Everest Base Camp, the Khumbu Glacier, and the magnificent Himalayan range, including Everest, Lhotse, Nuptse, Ama Dablam, and other iconic peaks. The tour also provides breathtaking views of the highest Sherpa settlements and remote mountain valleys of the Khumbu region.

Upon arrival in Kathmandu, transfer to your luxury hotel and enjoy the remainder of the day at leisure.

Day 7 : Free Day in Kathmandu

Stay: Luxury Hotel · Visit: Nepal · Meals: Breakfast

Enjoy a relaxing day in Kathmandu. Optional activities include spa treatments, cultural sightseeing, shopping, or simply relaxing at your hotel.

In the evening, join a farewell dinner celebrating your successful Himalayan journey.

Day 8 : Departure

Visit: Nepal · Meals: Breakfast

After breakfast, transfer to Tribhuvan International Airport for your international departure.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 21°C / night 11°C
- Day 3 · Helicopter Flight to Lukla and Trek to Phakding · 2,840 m · day 14°C / night 2°C
- Day 4 · Trek to Namche Bazaar · 3,440 m · day 11°C / night -2°C
- Day 6 · Helicopter Flight to Lukla and Return to Kathmandu · 1,400 m · day 21°C / night 11°C

What’s included

1. Transportations

- Private/tourist vehicles for airport pickup and drop-off in Kathmandu.
- Private/tourist vehicles transfer as per itinerary to access the trailheads.
- Helicopter included for access to the trekking starting & ending point.

2. Accommodation & Meals

- 3 Nights luxury hotel in Kathmandu with bed & breakfast basis.
- Luxury and premium accommondation throughout the trek.
- Breakfast, lunch & dinner with tea & coffee during the trekking Period.

3. Permits

- Sagarmatha National Park Entry Permit. (Permit required for the Everest region)
- Local Government Entry Permit. (Khumbu Pasang Lhamu Rural Munacipality)
- Trekkers' Information Management System (TIMS) permits.

4. Guide & Staff

- Professional and experience License holder trekking guide salary & insurance.
- Porter salary, equipment’s & insurance.
- First aid medical kit for emergency support.

Not included

1. International Flights

- Airfare from your home country to Nepal (Tribhuvan International Airport, Kathmandu).
- Return airfare from Nepal (Tribhuvan International Airport, Kathmandu) to your home country.

2. Visa Fees

- Nepal entry visa fee for entering Nepal (available on arrival at Tribhuvan International Airport, Kathmandu, or through a Nepalese embassy).

3. Travel Insurance (Mandatory)

- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, helicopter evacuation, trip cancellation, and other unforeseen circumstances.

4. Personal Expenses

- Tips, gifts, and souvenirs for trekking guides and porters.
- Personal trekking equipment and gear.
- Charges for lodge Wi-Fi, hot showers, battery charging, and laundry services.

5. Meals & Beverages

- Lunch and dinner in Kathmandu, Pokhara, and other locations where accommodation is provided in 3-star category hotels.
- Soft drinks, bottled water, alcoholic beverages, and snacks consumed during meals

Ready to book or have a question?

Trip page:
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