Kathmandu-Pokhara-Chitwan Tour

Trip information · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**10 Days**
DIFFICULTY	**Easy**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,000 per person**

Trip overview

The Kathmandu – Pokhara – Chitwan Tour is one of Nepal's most popular and rewarding travel experiences, offering a perfect combination of cultural heritage, Himalayan scenery, and wildlife adventure. This carefully designed journey connects three of Nepal's most iconic destinations: Kathmandu, the cultural and historical capital of the country; Pokhara, the scenic lake city surrounded by the Annapurna Himalayas; and Chitwan, home to Nepal's first national park and one of Asia's richest wildlife reserves.

This tour is ideal for travelers seeking a balanced experience of culture, nature, and wildlife within a single itinerary. From ancient temples and UNESCO World Heritage Sites in Kathmandu to breathtaking mountain views in Pokhara and thrilling jungle safaris in Chitwan, the journey showcases the best of Nepal's diverse landscapes and traditions.

Whether you are a culture enthusiast, nature lover, wildlife photographer, or first-time visitor, this tour provides an unforgettable introduction to Nepal's heritage, natural beauty, and warm hospitality.

Geography and Landscape

The Kathmandu – Pokhara – Chitwan Tour offers an extraordinary journey through Nepal's diverse geographical regions, ranging from mid-hill valleys to subtropical lowlands.

Kathmandu Valley lies at an elevation of approximately 1,400 meters and is surrounded by green hills, terraced fields, and traditional settlements. The valley is known for its historical cities, ancient architecture, and cultural richness, set against a backdrop of rolling hills and distant Himalayan views.

Pokhara, situated at around 820 meters, is one of Nepal's most scenic destinations. The city is nestled beneath the Annapurna and Machhapuchhre (Fishtail) mountain ranges and is famous for its serene lakes, waterfalls, caves, and lush green landscapes. Phewa Lake, reflecting snow-capped peaks, creates one of the most iconic Himalayan views in the world.

As the journey continues south, the landscape gradually transforms into the flat and fertile Terai plains. Chitwan, located at approximately 150–200 meters above sea level, is characterized by dense subtropical forests, grasslands, wetlands, and river systems. Chitwan National Park, a UNESCO World Heritage Site, is home to rare wildlife species including the one-horned rhinoceros, Bengal tiger, elephants, crocodiles, and hundreds of bird species.

Together, these regions provide a complete geographical experience of Nepal—from Himalayan foothills to tropical jungles.

Culture and People

Nepal is a culturally diverse nation, and this tour offers a wonderful opportunity to experience its ethnic variety and traditional lifestyles.

Kathmandu Valley is strongly influenced by the Newar community, whose art, architecture, festivals, and traditions have shaped Nepal's cultural identity for centuries. Ancient temples, courtyards, and vibrant marketplaces reflect their rich heritage.

In Pokhara, visitors experience the culture of Gurung, Magar, and other hill communities. These groups are known for their hospitality, traditional music, dances, and close relationship with the Himalayan environment. The relaxed lakeside lifestyle adds a modern yet culturally rich atmosphere.

Chitwan is home to the indigenous Tharu community, whose culture is closely linked to the forests and wildlife of the Terai region. Visitors can explore traditional Tharu villages, observe unique housing styles, and enjoy cultural dance performances that reflect their deep connection with nature.

This cultural diversity makes the journey a rich and immersive experience across Nepal's mountains, hills, and plains.

Religion and Spiritual Heritage

Religion is deeply rooted in Nepalese life, and this tour offers meaningful insight into both Hindu and Buddhist traditions.

Kathmandu is a major spiritual center where Hindu temples and Buddhist stupas exist side by side in harmony. Sacred rituals, daily prayers, and religious festivals are an essential part of life in the valley.

Pokhara also holds spiritual significance, with temples, monasteries, and sacred caves spread across the region. The surrounding Himalayan peaks are considered holy in both Hindu and Buddhist beliefs.

Chitwan adds another dimension with its forest spirituality and traditional Tharu beliefs, where nature and wildlife are deeply respected and often associated with spiritual values.

Together, these destinations reflect Nepal's unique religious harmony and spiritual depth.

Highlights

- Explore UNESCO sites in Kathmandu Valley
- Visit Pashupatinath Temple, Boudhanath Stupa, Swayambhunath Stupa, and Kathmandu Durbar Square
- Enjoy sunrise views from Sarangkot and boating on Phewa Lake
- Visit Davis Falls and Gupteshwor Cave
- Experience jungle safari in Chitwan National Park
- Spot rhino, deer, elephants, and exotic birds
- Enjoy canoe rides and Tharu cultural performances
- Experience Nepal's mix of culture, nature, and wildlife

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Walk: 1–2 hrs airport transfer + briefing · Stay: Hotel · Visit: Nepal · Meals: Dinner

Upon arrival at Tribhuvan International Airport in Kathmandu, you will be warmly welcomed by our representative and transferred to your hotel. After check-in, take time to relax and recover from your journey. In the evening, enjoy a tour briefing and a welcome dinner featuring traditional Nepali cuisine. Overnight in Kathmandu.

Day 2 : Kathmandu Sightseeing (1,400m)

Altitude: 1,400m

Walk: Full-day sightseeing tour · Stay: Hotel · Visit: Nepal · Meals: Breakfast

Full-day guided tour of Kathmandu Valley's UNESCO World Heritage Sites:

- Swayambhunath Stupa
- Kathmandu Durbar Square
- Pashupatinath Temple
- Boudhanath Stupa

Explore ancient temples, palaces, and sacred sites while learning about Nepal's Hindu and Buddhist heritage. Overnight in Kathmandu.

Day 3 : Bhaktapur & Patan Sightseeing (1,400m)

Altitude: 1,400m

Walk: Full-day sightseeing tour · Stay: Hotel · Visit: Nepal · Meals: Breakfast

Visit Bhaktapur Durbar Square, known for medieval architecture, pottery square, and rich Newari culture. Continue to Patan Durbar Square, famous for fine arts, carvings, museums, and historic courtyards. Experience authentic Newar heritage and craftsmanship. Return to Kathmandu.

Day 4 : Kathmandu – Fly/Drive to Pokhara (820m)

Altitude: 1,400m - 820m

Walk: 25 min flight or 6–7 hrs drive · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Transfer to Pokhara. Upon arrival, check in and explore Lakeside. Enjoy sunset views over Phewa Lake and the Annapurna range.

Day 5 : Pokhara Sightseeing Tour (820m)

Altitude: 820m

Walk: Full-day sightseeing tour · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Early morning drive to Sarangkot for sunrise over Annapurna, Dhaulagiri, and Machhapuchhre. Later visit Phewa Lake, Davis Falls, Gupteshwor Cave, and World Peace Pagoda. Boating on Phewa Lake in the evening.

Day 6 : Fly/Drive to Chitwan National Park (415m)

Altitude: 820m - 415m

Walk: 5–6 hrs drive or 20–25 min flight · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Arrive at Chitwan National Park and transfer to jungle resort. Evening visit to Tharu village followed by cultural dance performance.

Day 7 : Chitwan Jungle Safari Activities (415m)

Altitude: 415m

Walk: Full-day jungle activities · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Canoe ride on Rapti River, jungle walk, and jeep safari inside Chitwan National Park. Spot rhinos, deer, monkeys, crocodiles, and diverse bird species.

Day 8 : Full-Day Chitwan Safari Experience (415m)

Altitude: 415m

Walk: Full-day activities · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Continue wildlife exploration with birdwatching, nature walks, and optional visits to breeding centers. Evening relaxation at the resort.

Day 9 : Return to Kathmandu (1,400m)

Altitude: 415m - 1,400m

Walk: 25 min flight or 5–6 hrs drive · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Fly or drive back to Kathmandu. Rest of the day is free for shopping or exploring Thamel

Day 10 : Departure

Visit: Nepal · Meals: Breakfast

Transfer to Tribhuvan International Airport for your final departure. Your Nepal journey concludes with lasting memories of culture, heritage, mountains, and wildlife.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Kathmandu Sightseeing · 1,400 m · day 25°C / night 9°C
- Day 3 · Bhaktapur & Patan Sightseeing · 1,400 m · day 25°C / night 9°C
- Day 4 · Kathmandu – Fly/Drive to Pokhara · 1,400 m · day 25°C / night 9°C
- Day 5 · Pokhara Sightseeing Tour · 820 m · day 28°C / night 12°C
- Day 6 · Fly/Drive to Chitwan National Park · 820 m · day 28°C / night 12°C
- Day 7 · Chitwan Jungle Safari Activities · 415 m · day 30°C / night 15°C
- Day 8 · Full-Day Chitwan Safari Experience · 415 m · day 30°C / night 15°C
- Day 9 · Return to Kathmandu · 415 m · day 30°C / night 15°C

What’s included

Transportation

- Private tourist vehicle for all transfers
- Kathmandu–Pokhara flight or road transport (as per package)

- Pokhara–Chitwan drive
- Fuel, parking, and driver allowances

Accommodation & Meals

- 2 nights hotel accommodation (Pokhara & Chitwan)
- Breakfast included in hotels
- Full-board meals in Chitwan (Breakfast, Lunch, Dinner)

Guide & Activities

- Licensed tour guide throughout the trip
- Jungle safari activities in Chitwan National Park
- Jeep safari, canoe ride, and nature walk
- Tharu cultural program

Permits & Fees

- Chitwan National Park entry fee
- All sightseeing entrance fees (if included in package plan)

Not included

- International flights
- Nepal visa fees
- Lunch and dinner in Pokhara (except Chitwan package meals)
- Personal expenses (drinks, shopping, Wi-Fi, laundry)
- Travel insurance (recommended)
- Tips for guide and driver
- Optional activities not mentioned in itinerary

Dates & prices

- 02 Mar 2027 – 11 Mar 2027 · USD 1,000 · Available
- 16 Mar 2027 – 25 Mar 2027 · USD 1,000 · Available
- 06 Apr 2027 – 15 Apr 2027 · USD 1,000 · Available
- 20 Apr 2027 – 29 Apr 2027 · USD 1,000 · Available
- 04 May 2027 – 13 May 2027 · USD 1,000 · Available

Best time to visit

Best months: February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What to bring — packing checklist

Clothing

- [ ] Moisture-wicking base layers (top and bottom)
- [ ] Fleece or light insulated mid-layer
- [ ] Down jacket (–10 °C rated for high trails)
- [ ] Waterproof, breathable shell jacket and trousers
- [ ] 2–3 trekking shirts and 2 pairs of trekking trousers
- [ ] Warm hat, sun hat or cap and buff
- [ ] Light liner gloves and warm insulated gloves
- [ ] Underwear and sports bras

Footwear

- [ ] Broken-in waterproof trekking boots with ankle support
- [ ] Camp shoes or sandals for teahouse evenings
- [ ] Hiking socks (4–5 pairs) and warm wool socks for nights

Equipment

- [ ] Daypack 30–35 L with rain cover
- [ ] Sleeping bag rated to –10 °C (we can provide one)
- [ ] Trekking poles
- [ ] Sunglasses with UV protection
- [ ] Duffel bag for the porter (provided by Nord Extreme)

Health & personal

- [ ] Personal medication and a small first-aid kit
- [ ] Altitude medicine (Diamox) after consulting your doctor
- [ ] Water bottles or a 2–3 L hydration bladder, purification tablets or filter
- [ ] Sunscreen SPF 50, lip balm with SPF
- [ ] Hand sanitiser, wet wipes, quick-dry towel
- [ ] Headlamp with spare batteries, power bank

Documents & money

- [ ] Passport valid for 6+ months, plus copies
- [ ] Travel insurance policy (covering helicopter evacuation)
- [ ] 4 passport photos for permits
- [ ] Cash in USD / Nepali rupees for tips, snacks and extras
- [ ] Credit or debit card

Down jackets and sleeping bags can also be rented in Kathmandu.

Essential information

Duration

Standard duration: 6 to 9 days

Flexible extensions available

Can be customized for luxury, adventure, or family travel

Transportation

Private air-conditioned vehicle for overland travel

Optional domestic flights (Kathmandu–Pokhara or Bharatpur–Kathmandu/Pokhara)

Hotel pickup and drop-off included in all destinations

Tour Route & Major Destinations

1. Kathmandu (2–3 Days)

Key highlights:

- Swayambhunath Stupa (Monkey Temple)
- Boudhanath Stupa
- Pashupatinath Temple
- Kathmandu Durbar Square
- Optional Bhaktapur or Patan heritage extension

Kathmandu offers deep cultural, religious, and historical experiences.

2. Pokhara (2–3 Days)

Key highlights:

- Phewa Lake boating and lakeside relaxation
- Sarangkot sunrise over Annapurna and Machhapuchhre
- Davis Falls and Gupteshwor Cave
- World Peace Pagoda
- Optional adventure activities: paragliding, zipline, ultralight flight

Pokhara is known for its natural beauty and Himalayan backdrop.

3. Chitwan National Park (2–3 Days)

Key highlights:

- Jeep safari inside Chitwan National Park
- Canoe ride on Rapti River
- Wildlife spotting: one-horned rhinoceros, deer, crocodiles, birds
- Tharu cultural village experience
- Jungle walk with naturalist guide
- Sunset view over the river

Chitwan is Nepal’s best destination for wildlife and jungle experiences.

Difficulty & Physical Requirements

This is a very easy and comfortable tour, suitable for all travelers.

- No trekking required
- Light walking at heritage and jungle sites
- Suitable for families, seniors, and children

Best Season

- March–May: Warm weather, good wildlife activity
- September–November: Best overall travel season
- December–February: Cool and comfortable conditions

- June–August: Monsoon season; lush greenery but occasional rain

Accommodation

Accommodation is available in different categories:

- Kathmandu: Boutique, premium, and luxury hotels
- Pokhara: Lakeside resorts and mountain-view hotels
- Chitwan: Jungle lodges and eco-resorts (often full board basis)

All accommodations can be customized based on client preference and budget.

Meals

Daily breakfast included in most packages

- Full-board meals in Chitwan jungle resorts
- Lunch and dinner available in all destinations
- Wide selection of Nepali, Indian, and international cuisine
- Tharu cultural dinner experience in Chitwan

Additional information

Guide Services

Professional licensed guides available:

- Cultural guides in Kathmandu
- Adventure and sightseeing support in Pokhara
- Naturalist jungle guides in Chitwan
- Cultural, Natural & Wildlife Highlights
- This tour combines Nepal’s most diverse attractions:
- UNESCO World Heritage sites in Kathmandu
- Himalayan mountain views from Pokhara
- Peaceful lakes, caves, and waterfalls
- Jungle safari in Chitwan National Park
- One-horned rhinoceros and diverse wildlife
- Tharu indigenous culture and traditions
- Sunrise and sunset Himalayan views

Essential Items to Carry

Recommended:

- Comfortable walking shoes
- Light clothing with warm layers (seasonal)
- Sunglasses and sunscreen
- Camera or smartphone
- Binoculars for wildlife viewing
- Insect repellent for Chitwan

- Light rain jacket (monsoon season)

Communication & Connectivity

- Strong mobile and internet coverage in Kathmandu and Pokhara
- Good connectivity in Chitwan resorts
- Wi-Fi available in most hotels and lodges

Why Choose Kathmandu – Pokhara – Chitwan Tour?

This is one of the best short Nepal itineraries:

- Combines culture, mountains, and wildlife in one trip
- Covers Nepal's most visited destinations
- Easy and comfortable travel route
- Suitable for all age groups and travel styles
- Ideal for first-time visitors to Nepal
- Perfect mix of relaxation and adventure
- Fully customizable itinerary options

Frequently asked questions

How difficult is the Kathmandu-Pokhara-Chitwan Tour?

The Kathmandu-Pokhara-Chitwan Tour is graded Moderate — suitable for most active travellers. Expect 5–7 hours of walking on most days on mountain trails with plenty of ascents and descents. Regular cardio training — hiking, running, cycling or stair climbing — for 6–8 weeks before departure makes the trip far more enjoyable.

What is the best time for the Kathmandu-Pokhara-Chitwan Tour?

For the Kathmandu Valley & mid-hills region the best months are February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What permits do I need for the Kathmandu-Pokhara-Chitwan Tour?

You need entry tickets for the heritage sites you visit. Nord Extreme arranges every permit for you before the trip starts — check the "Includes" section above for exactly what is covered in the price. Just bring your passport and a few passport-size photos.

What is the accommodation like on the Kathmandu-Pokhara-Chitwan Tour?

In Kathmandu you stay in a comfortable hotel; on the trail we use the best available family-run teahouses and lodges with twin-share rooms, shared or attached bathrooms and a warm dining room. Upgrades to luxury lodges are possible on popular routes such as Everest and Annapurna.

Can I book the Kathmandu-Pokhara-Chitwan Tour as a private trip or join a group?

Both. You can join one of the fixed departures listed under "Dates & Prices", or book a private trip for just you, your family or friends on any date. Solo travellers are welcome — you will always have your own licensed guide.

Do I need travel insurance for the Kathmandu-Pokhara-Chitwan Tour?

Yes, travel insurance is compulsory. It must cover medical treatment and emergency helicopter evacuation up to the trip's highest altitude, plus trip cancellation. Please send us your policy details before departure.

What should I pack for the Kathmandu-Pokhara-Chitwan Tour?

See the "What to bring" checklist on this page for the full list. The essentials are broken-in boots, warm layers, a down jacket, a waterproof shell, sun protection and a daypack. Down jackets and sleeping bags can be rented cheaply in Kathmandu, and a porter carries your main bag (up to 10–12 kg).

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/kathmandu-pokhara-chitwan-tour/

Contact our team in Kathmandu: sonam@nordextreme.com · +977 9851078748 · delightful-orange-chimpanzee.tarevirjungleresort.com