Kathmandu–Pokhara–Lumbini Tour in Nepal

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**8 Days**
DIFFICULTY	**Easy**
MAX ALTITUDE	**1400m**
GROUP SIZE	**10 People**
BEST SEASON	**ALL THE YEAR**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,000 per person**

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Walk: 1–2 hrs airport transfer + briefing · Stay: Hotel · Visit: Nepal · Meals: Dinner

Arrival at Tribhuvan International Airport in Kathmandu, where you will be welcomed and transferred to your hotel. After check-in, the day is free for rest after your international journey. In the evening, a short briefing about the tour program will be provided. If time permits, explore Thamel, the vibrant tourist hub of Kathmandu.

Day 2 : Kathmandu Heritage Sightseeing (1,400m)

Altitude: 1,400m - 1,400m

Walk: Full-day sightseeing tour · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Full-day guided tour of Kathmandu Valley’s UNESCO World Heritage Sites:

- Swayambhunath Stupa
- Kathmandu Durbar Square
- Pashupatinath Temple
- Boudhanath Stupa

This tour offers a deep cultural experience of Hindu temples, Buddhist stupas, ancient royal palaces, and living traditions. Return to hotel and overnight in Kathmandu.

Day 3 : Fly or Drive to Pokhara (820m)

Altitude: 1,400m - 820m

Walk: 25 min flight or 6–7 hrs drive · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Transfer to Pokhara by flight or scenic drive. Upon arrival, relax at Phewa Lake. Evening sunset at Lakeside or visit World Peace Pagoda.

Day 4 : Pokhara Sightseeing Tour (820m)

Altitude: 820m - 820m

Walk: Full-day sightseeing tour · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Places covered:

Phewa Lake

Sarangkot sunrise viewpoint

Davis Falls

Gupteshwor Cave

Enjoy sunrise views of Annapurna and Dhaulagiri ranges, boating on Phewa Lake, and evening leisure at Lakeside.

Day 5 : Pokhara – Lumbini (150m)

Altitude: 820m - 150m

Walk: 6–8 hrs drive · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Scenic drive from Himalayan foothills to the southern plains of Nepal. Arrive at Lumbini, birthplace of Lord Buddha, and relax in a peaceful environment.

Day 6 : Lumbini Sacred Garden Exploration (150m)

Altitude: 150m - 150m

Walk: Full-day exploration · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Explore UNESCO World Heritage Site of Lumbini including:

- Maya Devi Temple
- Ashokan Pillar
- Sacred Garden
- International monasteries

A spiritually rich day ideal for meditation and reflection

Day 7 : Return to Kathmandu (1,400m)

Altitude: 150m - 1,400m

Walk: 25 min flight + transfer · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Fly from Bhairahawa to Kathmandu. Upon arrival, transfer to hotel. Rest of the day free for shopping, relaxation, or personal activities.

Day 8 : Final Departure

Visit: Nepal · Meals: Breakfast

After breakfast, transfer to Tribhuvan International Airport for your onward journey, marking the end of your Nepal tour.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Kathmandu Heritage Sightseeing · 1,400 m · day 25°C / night 9°C
- Day 3 · Fly or Drive to Pokhara · 1,400 m · day 25°C / night 9°C
- Day 4 · Pokhara Sightseeing Tour · 820 m · day 28°C / night 12°C
- Day 5 · Pokhara – Lumbini · 820 m · day 28°C / night 12°C
- Day 6 · Lumbini Sacred Garden Exploration · 150 m · day 31°C / night 17°C
- Day 7 · Return to Kathmandu · 150 m · day 31°C / night 17°C

What’s included

Transportation

- Airport pick-up and drop-off by private tourist vehicle
- All ground transportation as per itinerary (Kathmandu, Pokhara, Lumbini)
- Comfortable private vehicle for sightseeing and intercity travel
- Domestic flight or tourist bus (Kathmandu – Pokhara / Pokhara – Lumbini / Bhairahawa – Kathmandu as per package)
- Fuel, parking fees, and driver allowances included

Accommodation & Meals

- 3-star standard hotel accommodation in Kathmandu, Pokhara, and Lumbini
- Daily breakfast in all hotels
- Clean and comfortable twin-sharing rooms with private bathroom
- Welcome dinner in Kathmandu (optional in premium packages)

Sightseeing & Entrance Fees

- UNESCO World Heritage Site entry fees in Kathmandu Valley
- Monument and temple entrance fees as per itinerary
- Lumbini entrance fee and Sacred Garden access permit
- All guided sightseeing activities included

Guide Services

- Licensed English-speaking professional tour guide throughout the trip
- Cultural and historical explanation at all major sites
- Guide salary, insurance, and government licensing included
- Assistance from tour coordinator during the entire journey

Tour Organization

- Fully arranged itinerary and logistics management
- Assistance during travel between destinations
- On-tour support and coordination service

Not included

International Flights

- Airfare from home country to Kathmandu (Nepal)
- Return international flight from Kathmandu to home country

Nepal Visa Fees

- Nepal tourist visa fee (available on arrival at Kathmandu airport or embassy)

Travel Insurance (Mandatory)

- Comprehensive travel insurance covering medical emergencies
- Trip cancellation coverage
- Loss or theft of belongings
- Emergency evacuation if required

Personal Expenses

- Lunch and dinner in Kathmandu, Pokhara, and Lumbini
- Personal drinks, bottled water, snacks, and beverages
- Wi-Fi, laundry, hot showers, and charging services in hotels
- Shopping, souvenirs, and personal expenses

Tips & Gratuities

- Tips for guide and driver (optional but highly recommended)

Optional Services

- Extra sightseeing or activities not mentioned in itinerary
- Hotel upgrades (3-star to 4-star or 5-star luxury options)
- Additional domestic flights or helicopter services (if requested)

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/kathmandu-pokhara-lumbini-tour-in-nepal/

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