Khayer Lake (Khopra Danda) Trek

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**17 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**4660m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,590 per person**

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Arrive at Tribhuvan International Airport, where you'll be warmly welcomed by your guide or a representative from Nord Extreme and transferred to your hotel in Thamel, Kathmandu's vibrant tourist district.

Depending on your arrival time, you may explore the bustling local streets, trekking gear shops, cafés, or nearby heritage temples. In the evening, attend a short introductory briefing about the trek and enjoy your first night in Nepal.

Day 2 : Trek & Permit Preparation in Kathmandu (1,400m)

Altitude: 1,400m

Walk: 2–4 hrs · Visit: Nepal · Meals: Breakfast

Today is dedicated to final trekking preparations and official permit arrangements for the Annapurna region. Our Nord Extreme team will assist you with all required documentation, including trekking permits and entry procedures.

You will attend a detailed pre-trek briefing covering the itinerary, altitude awareness, weather conditions, safety protocols, and trail expectations.

A complete gear check will also be conducted to ensure you are fully prepared for the journey ahead. Any missing equipment can be rented or purchased in Thamel. The remainder of the day is free for relaxation or sightseeing around Kathmandu.

Day 3 : Drive or Fly to Pokhara (820m)

Altitude: 820m

Walk: 25 min flight / 6–7 hrs drive · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

After breakfast, travel to Pokhara, the gateway to the Annapurna region. The scenic drive follows the Trishuli and Marshyangdi Rivers through hills, villages, and terraced landscapes, while the short flight offers breathtaking Himalayan panoramas.

Upon arrival in Pokhara, enjoy beautiful views of Machhapuchhre (Fishtail) reflected in Phewa Lake. Spend the evening relaxing at your lakeside hotel or exploring the vibrant lakeside area.

Day 4 : Drive to Nayapul, Trek to Ghandruk (1,940m)

Altitude: 1,940m

Walk: 4–5 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Drive approximately 1.5 hours to Nayapul, the starting point of your trek. Begin hiking through subtropical forests, terraced rice fields, and charming mountain villages.

Reach Ghandruk, a picturesque Gurung settlement known for its traditional stone houses, rich culture, and magnificent mountain scenery. You may also visit the local Gurung museum to learn about the history and traditions of the region.

Day 5 : Trek to Tadapani (2,630m)

Altitude: 2,630m

Walk: 4–5 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Today's trail climbs steadily through dense oak and rhododendron forests filled with birdsong and occasional wildlife sightings. During spring, the forests bloom with colorful rhododendrons, creating one of the most scenic sections of the trek.

Arrive at Tadapani, a peaceful ridge-top settlement offering spectacular views of Annapurna South, Hiunchuli, and Machhapuchhre.

Day 6 : Trek to Dobato (3,420m)

Altitude: 3,420m

Walk: 5–6 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Leave the main trekking route behind and follow a quieter trail toward Dobato. The path winds through enchanting forests, yak grazing areas, and alpine terrain with increasingly open mountain views.

Optional evening hike to Muldai View Point (3,637m), one of the finest panoramic viewpoints in the Annapurna region, offering incredible 360-degree views of the Annapurna and Dhaulagiri ranges.

Day 7 : Trek to Chistibang (3,020m)

Altitude: 3,020m

Walk: 4 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

A shorter trekking day allows your body additional time to acclimatize. The trail passes through highland vegetation, dwarf bamboo forests, and peaceful yak pastures.

Chistibang is a quiet seasonal herding area with simple teahouses and beautiful sunset views over surrounding peaks.

Day 8 : Trek to Khopra Danda (3,660m)

Altitude: 3,660m

Walk: 3–4 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Today is one of the highlights of the trek as you ascend to the dramatic Khopra Ridge. The trail offers breathtaking views of Dhaulagiri, Annapurna South, Nilgiri, and Tukuche Peak throughout the climb.

Arrive at the Khopra Community Lodge, perched high above the valleys with panoramic mountain scenery in every direction. Spend the afternoon relaxing and enjoying one of the best ridge-top settings

in Nepal.

Day 9 : Hike to Khayer Lake (4,660m) and Return to Khopra Danda

Altitude: 4,660m

Walk: 8–9 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Begin early for the challenging but rewarding hike to Khayer Lake, a sacred alpine lake located beneath Annapurna South. The trail traverses rocky high-altitude terrain and remote alpine meadows.

Khayer Lake is an important pilgrimage site for both Hindus and Buddhists and offers a peaceful spiritual atmosphere surrounded by towering snowy peaks. After spending time at the lake, return to Khopra Danda for overnight stay.

Day 10 : Trek to Swanta (2,200m)

Altitude: 2,200m

Walk: 5 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Descend through alpine forests, rhododendron groves, and terraced farmland to the traditional Magar village of Swanta.

The village is known for its warm hospitality and local cheese production. You may visit a nearby cheese factory and learn about daily life in this remote Himalayan settlement.

Day 11 : Trek to Ulleri (2,050m)

Altitude: 2,050m

Walk: 5–6 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Continue descending through lush forests and traditional farming communities. Along the trail, pass watermills, grazing livestock, and scenic terraced hillsides that showcase rural Himalayan life.

Arrive at Ulleri, a charming hillside village famous for its long stone staircases and mountain views.

Day 12 : Trek to Nayapul, Drive to Pokhara (820m)

Altitude: 820m

Walk: 5 hrs trek + 1.5 hrs drive · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Your final trekking day follows forested trails and riverside paths as you gradually descend toward Nayapul.

Upon arrival, drive back to Pokhara and check into your hotel. Enjoy a hot shower, lakeside walk, or celebratory dinner after completing the trek.

Day 13 : Drive or Fly to Kathmandu (1,400m)

Altitude: 1,400m

Walk: 25 min flight / 6–7 hrs drive · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Return to Kathmandu either by scenic flight or overland drive. After arriving in the capital, enjoy free time for shopping, sightseeing, or visiting cultural landmarks such as Durbar Square, Boudhanath, or Pashupatinath Temple.

Day 14 : Departure

Altitude: 1,400m

Visit: Nepal · Meals: Breakfast

Transfer to Tribhuvan International Airport for your onward flight. Depart Nepal with unforgettable memories of Himalayan landscapes, remote villages, and authentic mountain culture.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 21°C / night 10°C
- Day 2 · Trek & Permit Preparation in Kathmandu · 1,400 m · day 21°C / night 10°C
- Day 3 · Drive or Fly to Pokhara · 820 m · day 24°C / night 14°C
- Day 4 · Drive to Nayapul, Trek to Ghandruk · 1,940 m · day 18°C / night 7°C
- Day 5 · Trek to Tadapani · 2,630 m · day 15°C / night 2°C
- Day 6 · Trek to Dobato · 3,420 m · day 11°C / night -3°C
- Day 7 · Trek to Chistibang · 3,020 m · day 13°C / night 0°C
- Day 8 · Trek to Khopra Danda · 3,660 m · day 9°C / night -4°C
- Day 9 · Hike to Khayer Lake and Return to Khopra Danda · 4,660 m · day 4°C / night -11°C
- Day 10 · Trek to Swanta · 2,200 m · day 17°C / night 5°C
- Day 11 · Trek to Ulleri · 2,050 m · day 18°C / night 6°C
- Day 12 · Trek to Nayapul, Drive to Pokhara · 820 m · day 24°C / night 14°C
- Day 13 · Drive or Fly to Kathmandu · 1,400 m · day 21°C / night 10°C
- Day 14 · Departure · 1,400 m · day 21°C / night 10°C

What’s included

1. Transportations

- Private/tourist vehicles for airport pickup and drop-off in Kathmandu.
- Private/tourist vehicles transfer as per itinerary to access the trailheads.
- Domestic flight included for access to the trekking starting & ending point.

2. Accommodation & Meals

- 3 Nights 3 star hotel in Kathmandu with bed & breakfast basis.
- 1 Night 3 star hotel in Pokhara with bed & breakfast basis.
- All Meals (breakfast, lunch & dinner with tea & coffee) during the trekking Period.

3. Permits

- Annapurna Conservation Area Project (ACAP) permits.
- Trekkers' Information Management System (TIMS) permits.

4. Guide & Staff

- Professional and experience License holder trekking guide salary & insurance.
- Porter salary, equipments & insurance.
- First aid medical kit for emergency support.

Not included

1. International Flights

- Airfare from your home country to Nepal (Tribhuvan International Airport, Kathmandu).
- Return airfare from Nepal (Tribhuvan International Airport, Kathmandu) to your home country.

2. Visa Fees

- Nepal entry visa fee for entering Nepal (available on arrival at Tribhuvan International Airport, Kathmandu, or through a Nepalese embassy).

3. Travel Insurance (Mandatory)

- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, helicopter evacuation, trip cancellation, and other unforeseen circumstances.

4. Personal Expenses

- Tips, gifts, and souvenirs for trekking guides and porters.
- Personal trekking equipment and gear.
- Charges for lodge Wi-Fi, hot showers, battery charging, and laundry services.

5. Meals & Beverages

- Lunch and dinner in Kathmandu, Pokhara, and other locations where accommodation is provided in 3-star category hotels.
- Soft drinks, bottled water, alcoholic beverages, and snacks consumed during meals

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/khayer-lake-khopra-danda-trek/

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