Kyajo Ri Peak Climbing

Trip information · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**19 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**6186m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 3,990 per person**

Trip overview

Kyajo Ri Peak Climbing is a remote and technical trekking peak expedition in the Everest region, ideal for experienced trekkers seeking a challenging alpine mountaineering adventure. It is considered one of the more technical trekking peaks in Nepal, requiring good fitness and basic climbing experience.

The journey begins with a flight from Kathmandu to Lukla, followed by trekking through Namche Bazaar and the less-traveled Thame Valley. The route then continues into a remote alpine wilderness toward Kyajo Ri Base Camp and High Camp.

From High Camp, climbers attempt a technical ascent involving steep snow slopes, glacier travel, and fixed rope sections. The summit offers spectacular views of Everest, Lhotse, Ama Dablam, Cho Oyu, and surrounding Himalayan peaks.

Geography & Landscape

Kyajo Ri is located in the Khumbu region within the protected area of Sagarmatha National Park.

The region is known for its remote valleys, rugged terrain, and dramatic high-altitude landscapes. Unlike the main Everest trail, the Kyajo Ri route passes through quiet villages, alpine forests, and isolated glacial basins, offering a true wilderness experience.

As climbers ascend higher, the landscape becomes increasingly harsh and alpine, featuring ice fields, rocky ridges, and steep glacier walls. The area remains less commercialized, making it one of the most authentic and challenging climbing environments in the Everest region.

Sherpa Guide & Support

Kyajo Ri Peak Climbing is led by highly skilled Sherpa climbing guides experienced in technical alpine ascents and glacier navigation.

Key support includes:

- Technical route fixing on steep snow and ice terrain
- Rope management and climbing safety systems
- Training in advanced mountaineering techniques
- Glacier travel guidance and crevasse safety

- Continuous altitude monitoring and risk management
- Weather assessment and summit decision-making
- Emergency evacuation coordination

Porters support logistics up to Base Camp, while guides provide full technical leadership and safety management during the entire climbing phase.

With expert Sherpa support, Kyajo Ri offers a serious and rewarding alpine climbing experience for those seeking a more technical Himalayan challenge

Highlights

- It offers a true Himalayan experience with glacier and ice climbing sections.
- The route includes fixed rope climbing on steep alpine terrain.
- It is a remote and less crowded expedition route.
- Summit views include Everest, Lhotse, Cho Oyu, and Ama Dablam.
- The climb is fully Sherpa-guided and well supported.
- It features organized Base Camp and High Camp logistics.
- The trek passes through traditional Sherpa villages.
- It is ideal for training toward 7,000m–8,000m peaks.

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Time: 1–2 hrs transfer

Arrival at Tribhuvan International Airport, meet the trekking team, and transfer to the hotel. Evening briefing about the expedition, route overview, safety rules, and gear preparation.

Day 2 : Preparation in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast

Time: 6–8 hrs preparation work

Full day for permit processing (NMA and Sagarmatha National Park), equipment check, gear rental or purchase, and final expedition briefing with guide and Sherpa team.

Day 3 : Fly to Lukla (2,840m) and Trek to Phakding (2,652m)

Altitude: 2,652m – 2,840m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 30–40 min flight + 3–4 hrs walking

Early morning scenic flight to Lukla, followed by a trek to Phakding through the Dudh Koshi River valley, suspension bridges, and small Sherpa villages.

Day 4 : Trek to Namche Bazaar (3,440m)

Altitude: 2,652m – 3,440m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 5–6 hrs walking

A steady uphill trek entering Sagarmatha National Park, crossing Hillary Suspension Bridge, and climbing steep sections to reach Namche Bazaar.

Day 5 : Acclimatization in Namche Bazaar (3,440m)

Altitude: 3,440m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 3–5 hrs walking + rest

Rest and acclimatization day with a hike to Everest View Hotel (3,880m) or Khumjung village.

Day 6 : Trek to Thame Village (3,800m)

Altitude: 3,440m – 3,800m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 5–6 hrs walking

A quiet route leaves the main Everest trail and heads toward the peaceful Thame Valley.

Day 7 : Acclimatization in Thame (3,800m)

Altitude: 3,800m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 2–4 hrs walking + training

Rest day with short hikes and visit to Thame Monastery. Basic rope and safety training with climbing team.

Day 8 : Trek to Kyajo Kharka (3,900m)

Altitude: 3,800m – 3,900m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 5–6 hrs walking

Trek through alpine landscapes, yak pastures, and remote valleys.

Day 9 : Trek to Kyajo Ri Base Camp (4,550m)

Altitude: 3,900m – 4,550m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 4–6 hrs walking

Enter glacial moraine terrain and reach Base Camp.

Day 10 : Acclimatization and Training at Base Camp (4,550m)

Altitude: 4,550m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 4–6 hrs training

Rest day with technical training including rope fixing, crampon walking, ice axe use, and crevasse

rescue practice.

Day 11 : Trek/Climb to High Camp (5,300–5,400m)

Altitude: 4,550m – 5,300–5,400m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 4–6 hrs climbing

Climb over rocky moraine and glacier terrain with fixed rope sections to reach High Camp.

Day 12 : Acclimatization at High Camp (5,300–5,400m)

Altitude: 5,300–5,400m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 2–3 hrs walking + rest

Rest day with short climbs above camp and summit briefing.

Day 13 : Summit Preparation Day

Altitude: 5,300–5,400m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 1–2 hrs activity + rest

Final preparation for summit push including rest, hydration, and equipment checks.

Day 14 : Summit Kyajo Ri (6,186m) and Return to High Camp

Altitude: 5,300–6,186m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 10–14 hrs climbing

Midnight summit attempt via steep snow, ice slopes, fixed ropes, and exposed ridges. Return to High Camp after summit.

Day 15 : Descend to Base Camp (4,550m)

Altitude: 5,300–4,550m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 3–5 hrs walking

Careful descent from High Camp to Base Camp.

Day 16 : Trek to Namche Bazaar (3,440m)

Altitude: 4,550m – 3,440m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 6–7 hrs walking

Long descent through Thame Valley back to Namche Bazaar.

Day 17 : Trek to Lukla (2,840m)

Altitude: 3,440m – 2,840m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 6–7 hrs walking

Final trekking day back to Lukla via the Everest trail.

Day 18 : Fly back to Kathmandu (1,400m)

Altitude: 2,840m – 1,400m

Stay: Hotel · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Time: 30–40 min flight + 1–2 hrs transfer

Morning flight to Kathmandu and transfer to hotel. End of expedition.

Day 19 : Final Departure

Visit: Nepal · Meals: Breakfast

Today marks the end of your journey in Kathmandu. After breakfast, our team from Nord Extreme will transfer you to Tribhuvan International Airport for your final departure.

We hope you had a wonderful trekking experience in Nepal and wish you a safe journey ahead.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Preparation in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 3 · Fly to Lukla and Trek to Phakding · 2,652 m · day 19°C / night 0°C
- Day 4 · Trek to Namche Bazaar · 2,652 m · day 19°C / night 0°C
- Day 5 · Acclimatization in Namche Bazaar · 3,440 m · day 15°C / night -5°C
- Day 6 · Trek to Thame Village · 3,440 m · day 15°C / night -5°C
- Day 7 · Acclimatization in Thame · 3,800 m · day 13°C / night -7°C
- Day 8 · Trek to Kyajo Kharka · 3,800 m · day 13°C / night -7°C
- Day 9 · Trek to Kyajo Ri Base Camp · 3,900 m · day 12°C / night -8°C
- Day 10 · Acclimatization and Training at Base Camp · 4,550 m · day 9°C / night -12°C
- Day 11 · Trek/Climb to High Camp · 4,550 m · day 9°C / night -12°C
- Day 12 · Acclimatization at High Camp · 5,300 m · day 5°C / night -17°C
- Day 13 · Summit Preparation Day · 5,300 m · day 5°C / night -17°C
- Day 14 · Summit Kyajo Ri and Return to High Camp · 5,300 m · day 5°C / night -17°C
- Day 15 · Descend to Base Camp · 5,300 m · day 5°C / night -17°C
- Day 16 · Trek to Namche Bazaar · 4,550 m · day 9°C / night -12°C
- Day 17 · Trek to Lukla · 3,440 m · day 15°C / night -5°C
- Day 18 · Fly back to Kathmandu · 2,840 m · day 18°C / night -1°C

What’s included

Transportation

- Airport pickup and drop Kathmandu (arrival & departure)
- Domestic flight: Kathmandu <-> Lukla (round trip)

- All necessary ground transfers in Kathmandu

Accommodation

- 3-star hotel in Kathmandu (usually 2–3 nights)
- Teahouse/lodge accommodation during trekking
- Camping accommodation at Base Camp, High Camp

Meals

- Full board meals during trek (breakfast, lunch, dinner)
- Base Camp and High Camp meals (expedition kitchen service)
- Hot drinks (tea/coffee) during trekking & camping

Expedition Staff

- Licensed climbing guide (UIAGM/IFMGA or NMA certified)
- Experienced Sherpa support team
- Porters for luggage (trekking section)
- Base Camp cook and kitchen crew

Permits & Fees

- Kyajo Ri climbing permit (NMA fee)
- Sagarmatha National Park entry permit
- TIMS card (if required)

Expedition Equipment

- Base Camp tents (sleeping tents, dining tent, kitchen tent)
- High Camp tents
- Cooking gas, utensils, kitchen equipment
- Ropes, ice protection, fixed rope setup

Safety & Support

- First aid kit and oxygen (emergency use)
- Radio communication between camps
- Basic rescue coordination support

Not included

Travel & Logistics

- International flight to/from Nepal
- Nepal visa fees
- Extra hotel nights in Kathmandu (early arrival/late departure)

Personal Gear

Personal climbing equipment:

- Boots, crampons, harness, helmet, down suit

- Sleeping bag (high altitude rated)
- Trekking clothing and personal gear

Food & Drink (Outside Package)

- Meals in Kathmandu (except breakfast if included)
- Alcoholic drinks, bottled drinks, snacks

Personal Services

- Personal porter (if extra baggage needed)
- Private guide (optional upgrade)

Insurance

- Travel insurance (mandatory)
- High altitude evacuation & helicopter rescue coverage

Other Expenses

- Tips for guides, porters, and Sherpas
- Personal expenses (WiFi, charging, laundry)
- Extra summit bonus for Sherpa team (recommended)

Dates & prices

- 02 Mar 2027 – 20 Mar 2027 · USD 3,990 · Available
- 16 Mar 2027 – 03 Apr 2027 · USD 3,990 · Available
- 06 Apr 2027 – 24 Apr 2027 · USD 3,990 · Available
- 20 Apr 2027 – 08 May 2027 · USD 3,990 · Available
- 04 May 2027 – 22 May 2027 · USD 3,990 · Available

Best time to visit

Best months: February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What to bring — packing checklist

Climbing gear

- [ ] Mountaineering boots (double or insulated, crampon-compatible)
- [ ] Crampons, climbing harness, helmet
- [ ] Ice axe, jumar (ascender), descender / figure-8
- [ ] 2 locking and 2 non-locking carabiners, tape slings and prusik
- [ ] Glacier glasses (category 4) and ski goggles

Clothing

- [ ] Thermal base layers
- [ ] Fleece and softshell mid-layers
- [ ] Expedition down jacket and down or insulated trousers

- [ ] Hard-shell (Gore-Tex) jacket and trousers
- [ ] Liner, insulated and summit mittens
- [ ] Balaclava, warm hat, buff and sun hat

Trekking & camp

- [ ] Trekking boots and camp shoes
- [ ] Sleeping bag rated to –20 °C
- [ ] Daypack 35–45 L and a large duffel bag
- [ ] Trekking poles, thermos flask, pee bottle

Health & personal

- [ ] Personal medication and a small first-aid kit
- [ ] Altitude medicine (Diamox) after consulting your doctor
- [ ] Water bottles or a 2–3 L hydration bladder, purification tablets or filter
- [ ] Sunscreen SPF 50, lip balm with SPF
- [ ] Hand sanitiser, wet wipes, quick-dry towel
- [ ] Headlamp with spare batteries, power bank

Documents & money

- [ ] Passport valid for 6+ months, plus copies
- [ ] Travel insurance policy (covering helicopter evacuation)
- [ ] 4 passport photos for permits
- [ ] Cash in USD / Nepali rupees for tips, snacks and extras
- [ ] Credit or debit card

Down jackets and sleeping bags can also be rented in Kathmandu.

Essential information

Accommodation

Accommodation during the Kyajo Ri Peak Climbing expedition includes comfortable 3-star hotel stays in Kathmandu, teahouse accommodation throughout the Everest trekking route via Namche Bazaar and Thame, and tented accommodation at Base Camp and High Camp. Most teahouses provide basic services such as hot showers, Wi-Fi, and charging facilities for an additional fee.

Meals

The expedition includes full-board meals (Breakfast, Lunch, and Dinner) throughout the trek and climbing period. Meals are freshly prepared to support high-altitude trekking and technical climbing demands. Packed lunches and high-energy snacks are provided during summit day.

Difficulty & Fitness

Kyajo Ri Peak (6,186m) is a challenging and technical trekking peak suitable for experienced trekkers and aspiring climbers. The climb involves steep ice and snow slopes, glacier travel, and technical sections requiring rope work. Previous mountaineering experience and excellent physical fitness are strongly recommended.

Permits

The expedition requires the following permits:

- Kyajo Ri Peak Climbing Permit
- Sagarmatha National Park Entry Permit

- Khumbu Rural Municipality Permit

All permits and necessary documentation are arranged by the expedition organizer.

Best Time to Climb

The best seasons for Kyajo Ri Peak are:

Spring (March–May)

Stable weather conditions

Clear mountain visibility

Good climbing conditions

Autumn (September–November)

Dry weather and stable skies

Excellent summit views

Ideal technical climbing conditions

Transportation

The journey begins with a scenic flight from Kathmandu to Lukla, followed by trekking through the Everest region via Namche Bazaar, Thame, and Kyajo Ri Base Camp. Flight schedules may vary due to mountain weather conditions.

Safety & Altitude

The itinerary includes proper acclimatization days to ensure safe altitude gain and improve summit success. Experienced climbing guides provide technical support, rope management, health monitoring, and emergency coordination throughout the expedition. Travel insurance covering climbing activities up to 6,500m and emergency helicopter evacuation is mandatory.

Additional information

Extra Information

Climbing Training

Before the summit attempt, climbers receive advanced training in crampon use, ice axe techniques, rope handling, fixed line climbing, glacier travel, and safety procedures on steep terrain. This peak is more technical than standard trekking peaks, requiring strong preparation.

Essential Equipment

Participants should bring high-quality alpine climbing gear, including insulated clothing, mountaineering boots, crampons, ice axe, climbing harness, helmet, ascender, ropes (if required by guide), sleeping bag, sunglasses, and personal essentials.

Why Choose Kyajo Ri Peak?

- One of the most technical trekking peaks in the Everest region
- Ideal preparation for advanced alpine expeditions
- Remote and less crowded climbing route

- Spectacular views of Everest, Lhotse, Ama Dablam, and surrounding peaks
- Combines wilderness trekking with real mountaineering challenges
- Professional alpine climbing guidance and rope support
- Excellent step toward expedition-level Himalayan climbing

Kyajo Ri Peak Climbing is a true alpine adventure for experienced trekkers seeking a challenging and technical Himalayan summit in a remote and pristine setting of the Everest region.

Frequently asked questions

How difficult is the Kyajo Ri Peak Climbing?

The Kyajo Ri Peak Climbing is graded Moderate — suitable for most active travellers. You should be comfortable with long days at altitude; previous use of crampons and ropes helps, and our climbing Sherpas run pre-climb training at base camp. Regular cardio training — hiking, running, cycling or stair climbing — for 6–8 weeks before departure makes the trip far more enjoyable.

What is the best time for the Kyajo Ri Peak Climbing?

For the Kathmandu Valley & mid-hills region the best months are February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What permits do I need for the Kyajo Ri Peak Climbing?

You need entry tickets for the heritage sites you visit, plus the Nepal Mountaineering Association climbing permit. Nord Extreme arranges every permit for you before the trip starts — check the "Includes" section above for exactly what is covered in the price. Just bring your passport and a few passport-size photos.

What is the accommodation like on the Kyajo Ri Peak Climbing?

You stay in hotels in Kathmandu and teahouses on the approach trek, then in quality expedition tents at base camp and high camp. Our team sets up a dining tent, kitchen and toilet tent and cooks fresh, high-energy meals.

Can I book the Kyajo Ri Peak Climbing as a private trip or join a group?

Both. You can join one of the fixed departures listed under "Dates & Prices", or book a private trip for just you, your family or friends on any date. Solo travellers are welcome — you will always have your own licensed guide.

Do I need travel insurance for the Kyajo Ri Peak Climbing?

Yes, travel insurance is compulsory. It must cover medical treatment and emergency helicopter evacuation up to the trip’s highest altitude, plus trip cancellation. Please send us your policy details before departure.

What should I pack for the Kyajo Ri Peak Climbing?

See the "What to bring" checklist on this page for the full list. The essentials are broken-in boots, warm layers, a down jacket, a waterproof shell, sun protection and a daypack. Down jackets and sleeping bags can be rented cheaply in Kathmandu, and a porter carries your main bag (up to 10–12 kg).

Ready to book or have a question?

Trip page: https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/kyajo-ri-peak-climbing/

Contact our team in Kathmandu: sonam@nordextreme.com · +977 9851078748 ·

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