Mount Kailash and Guge Kingdom Tour via Kyirong

Trip information · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**13 Days**
GROUP SIZE	**17 People**
BEST SEASON	**AUTUMN SEASON (September – October)**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 6,890 per person**

Trip overview

The Mount Kailash & Guge Kingdom Tour via Kyirong is one of the most extraordinary spiritual and cultural journeys in Tibet. Combining the sacred pilgrimage of Mount Kailash with an exploration of the ancient Guge Kingdom, this expedition offers travelers a unique opportunity to experience Tibet's profound religious heritage, breathtaking landscapes, and fascinating history.

The journey begins at the Nepal–Tibet border and follows a scenic route across the vast Tibetan Plateau to the holy Lake Manasarovar and Mount Kailash, regarded as one of the most sacred mountains in the world by Hindus, Buddhists, Jains, and followers of the Bon religion. Pilgrims complete the revered three-day Kailash Kora, a spiritual trek around the mountain that is believed to bring purification, merit, and enlightenment.

Beyond Mount Kailash, the tour ventures into the remote Ngari region to explore the mysterious ruins of the ancient Guge Kingdom and the spectacular Zanda Earth Forest, one of Tibet's most remarkable geological landscapes. Combining pilgrimage, adventure, culture, and history, this tour provides an unforgettable experience in one of the world's most remote and spiritually significant destinations.

Geography and Landscape

This journey traverses the western region of the Tibetan Autonomous Region, often referred to as the "Roof of the World." The route stretches across vast high-altitude plateaus, remote valleys, sacred lakes, and rugged mountain ranges dominated by the Himalayas and Trans-Himalayan mountains.

One of the major highlights is the stunning Lake Manasarovar (4,590 m), a pristine freshwater lake revered by millions of pilgrims. Nearby stands the magnificent Mount Kailash (6,638 m), an isolated snow-capped peak rising dramatically above the barren Tibetan landscape.

The Kailash Kora passes through diverse terrain, including river valleys, rocky cliffs, alpine meadows, glacial moraines, and the high-altitude Dolma La Pass (5,630 m), the highest point of the pilgrimage circuit.

Further west, travelers enter the Zanda Valley, famous for its colorful badlands and unique erosion-carved formations known as the Zanda Earth Forest. The region is also home to the ruins of the ancient Guge Kingdom, dramatically perched atop sandstone ridges overlooking deep canyons.

The constantly changing landscapes—from green valleys near Kyirong to the vast open plains of the Tibetan Plateau and the dramatic geological formations of western Tibet—make this journey one of the most visually rewarding expeditions in Asia.

Climate and Best Time to Visit

The Mount Kailash and Guge region experiences a cold, dry, high-altitude climate throughout the year. Due to the extreme elevation, temperatures can fluctuate significantly between day and night.

Spring (April – May)

Spring offers clear skies, moderate temperatures, and fewer crowds. Snow may still be present on higher passes, creating beautiful mountain scenery.

Summer (June – August)

Summer is the most popular pilgrimage season. Days are generally mild, with temperatures ranging from 10°C to 20°C. Although occasional rainfall can occur, the landscapes become greener, and pilgrimage activities are at their peak.

Autumn (September – October)

Autumn is widely considered the best time to visit. Stable weather, crystal-clear skies, excellent mountain views, and comfortable trekking conditions make this season ideal for both pilgrims and photographers.

Winter (November – March)

Winter is extremely cold, with temperatures often dropping below freezing. Heavy snowfall may affect travel and trekking conditions, making this period less suitable for most travelers.

Best Time for the Tour

The ideal months for the Mount Kailash & Guge Kingdom Tour are from May to October, with September and October offering the most stable weather and best visibility.

People and Culture

Western Tibet is home primarily to ethnic Tibetans who have preserved their traditional lifestyle, language, customs, and religious practices for centuries. Tibetan Buddhism plays a central role in daily life, and visitors will encounter monasteries, prayer flags, chortens, mani walls, and pilgrims throughout the journey.

Mount Kailash is considered the spiritual center of the universe in several religions. Hindus believe it is the abode of Lord Shiva, Buddhists regard it as the home of Demchok (Chakrasamvara), Jains associate it with their first Tirthankara, and followers of the ancient Bon religion consider it their most sacred mountain.

Pilgrims from across Tibet, Nepal, India, Bhutan, and other parts of Asia travel here to perform the sacred Kora. Many Tibetan devotees complete the circuit by full-body prostration, demonstrating extraordinary faith and devotion.

The Guge Kingdom region reflects Tibet’s rich historical heritage. Once a flourishing center of Buddhism, art, trade, and culture, Guge left behind magnificent monasteries, murals, caves, and architectural remains that continue to fascinate historians and travelers alike.

The journey provides a rare opportunity to witness authentic Tibetan culture in some of the most remote regions of the Himalayas.

Highlights

- Complete the sacred Mount Kailash Kora (52 km pilgrimage circuit)
- Visit the holy Lake Manasarovar, one of Asia's most revered pilgrimage destinations
- Cross the spectacular Dolma La Pass (5,630 m)
- Experience one of the world's most significant spiritual journeys
- Explore the ancient ruins of the legendary Guge Kingdom
- Discover the dramatic landscapes of the Zanda Earth Forest
- Travel across the vast Tibetan Plateau
- Visit traditional Tibetan villages and monasteries
- Witness breathtaking views of Mount Kailash and surrounding Himalayan peaks
- Learn about Tibetan Buddhism, Bon traditions, and Himalayan spirituality
- Enjoy a combination of pilgrimage, culture, history, and adventure
- Professional English-speaking Tibetan guide throughout the journey
- Comfortable hotel accommodation and local guesthouse experiences during the Kora
- Scenic overland journey from Nepal to Western Tibet and back

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Transfer Duration: 1–2 hrs

Upon arrival at Tribhuvan International Airport in Kathmandu, you will be warmly welcomed by our representative and transferred to your hotel. The remainder of the day is free for rest and recovery after your international flight. Depending on your arrival time, you may explore the vibrant streets of Thamel or enjoy a traditional Nepali dinner.

In the evening, our tour representative will provide a comprehensive briefing regarding the upcoming Tibet pilgrimage, permit procedures, altitude considerations, and travel arrangements.

Day 2 : Tibet Visa Preparation & Kathmandu Sightseeing (1,400m)

Altitude: 1,400m -> 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast

Tour Duration: 5–6 hrs

After breakfast, submit your passport and complete the necessary procedures for obtaining the Chinese Group Visa and Tibet Travel Permit.

While visa processing is underway, enjoy a guided sightseeing tour of Kathmandu Valley's most important UNESCO World Heritage Sites.

Visit the sacred Hindu temple of Pashupatinath, one of the holiest pilgrimage sites dedicated to Lord Shiva. Continue to the magnificent Boudhanath Stupa, one of the largest Buddhist stupas in the world

and an important center of Tibetan Buddhism.

Depending on time availability, visit Swayambhunath (Monkey Temple) or Kathmandu Durbar Square, showcasing Nepal's rich cultural and architectural heritage.

In the evening, attend a detailed pilgrimage briefing and equipment check.

Day 3 : Kathmandu – Rasuwagadhi Border – Kyirong (2,700m)

Altitude: 1,400m -> 2,700m

Stay: Guest House · Visit: Nepal · Meals: Breakfast Lunch Dinner

Driving Duration: 7–8 hrs

Early in the morning, drive north through the scenic Trishuli River Valley toward the Nepal–Tibet border at Rasuwagadhi.

After completing immigration and customs formalities, cross into Tibet and meet your Tibetan guide and driver.

Continue to Kyirong, a charming border town surrounded by forested hills, waterfalls, and snow-covered Himalayan peaks. Kyirong's relatively low altitude makes it an ideal acclimatization stop before entering the higher regions of Tibet.

The remainder of the day is free for relaxation and acclimatization.

Day 4 : Kyirong – Saga (4,640m)

Altitude: 2,700m -> 4,640m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 5–6 hrs

Following breakfast, begin the spectacular drive across the Tibetan Plateau.

The route climbs through dramatic mountain passes, expansive grasslands, alpine lakes, and traditional Tibetan settlements. Weather permitting, enjoy distant views of Mount Shishapangma (8,027m), the only 8,000-meter peak entirely within Tibet.

Observe traditional nomadic lifestyles as yak herders move across the vast open plains.

Arrive in Saga, an important trading center in Western Tibet.

Day 5 : Saga – Lake Manasarovar (4,590m) – Darchen (4,675m)

Altitude: 4,640m -> 4,590m -> 4,675m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 8–9 hrs

Today marks your arrival in one of the most sacred regions in Asia.

Drive through the remote Tibetan wilderness toward Lake Manasarovar, revered by Hindus, Buddhists, Jains, and followers of the Bon religion.

Upon arrival, pilgrims may perform prayers, meditation, spiritual rituals, or simply absorb the serene atmosphere of the sacred lake.

Weather permitting, enjoy your first magnificent views of Mount Kailash.

Continue to Darchen, the traditional starting point of the Mount Kailash Kora.

Day 6 : Kailash Kora Begins – Darchen to Dirapuk (4,950m)

Altitude: 4,675m -> 4,950m

Walk: 6–7 hrs · Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

After breakfast, drive to Yamadwar (Tarboche), where the sacred Kailash Kora officially begins.

The trek follows the beautiful Lha Chu Valley through spectacular landscapes adorned with prayer flags, chortens, and dramatic rock formations.

As the journey progresses, the majestic North Face of Mount Kailash gradually reveals itself, providing one of the most awe-inspiring views in Tibet.

Arrive at Dirapuk Monastery beneath the towering northern face of the sacred mountain.

Day 7 : Dirapuk – Dolma La Pass (5,630m) – Zutulpuk (4,790m)

Altitude: 4,950m -> 5,630m -> 4,790m

Walk: 8–10 hrs · Stay: Guest House · Visit: Nepal · Meals: Breakfast Lunch Dinner

This is the most challenging and spiritually significant day of the pilgrimage.

Begin the ascent before sunrise toward Dolma La Pass (5,630m), the highest point of the entire journey.

The pass symbolizes spiritual transformation and rebirth. Thousands of colorful prayer flags flutter in the mountain winds, creating an unforgettable spiritual atmosphere.

Descend past the sacred Gauri Kund Lake and continue through glacial valleys before reaching Zutulpuk Monastery.

Day 8 : Complete Kailash Kora – Zanda Earth Forest – Tholing (3,700m)

Altitude: 4,790m -> 4,675m -> 3,700m

Walk: 2–3 hrs · Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 5–6 hrs

After breakfast, complete the final section of the Kailash Kora and return to Darchen.

Following lunch, drive westward into the remote Ngari region toward Tholing and Zanda.

Along the route, visit the spectacular Zanda Earth Forest, an extraordinary geological wonder featuring towering sandstone formations, deep canyons, and colorful cliffs sculpted by millions of years of erosion.

Arrive in historic Tholing, once one of the most important religious centers in Western Tibet.

Day 9 : Explore Guge Kingdom – Return to Manasarovar Region (4,675m)

Altitude: 3,700m -> 4,675m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 6–8 hrs

Today is dedicated to exploring the legendary Guge Kingdom, one of Tibet's most fascinating archaeological sites.

Founded in the 10th century, the kingdom flourished as a center of Buddhist learning, art, architecture, and trade before mysteriously collapsing in the 17th century.

Explore ancient palaces, monasteries, meditation caves, tunnels, and beautifully preserved murals

before beginning the return drive toward the Mount Kailash and Lake Manasarovar region.

Day 10 : Lake Manasarovar – Saga (4,640m)

Altitude: 4,675m -> 4,640m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 8–9 hrs

After breakfast, bid farewell to the sacred Kailash region and begin the return journey across the Tibetan Plateau.

Enjoy another opportunity to witness Tibet's immense landscapes, traditional nomadic culture, grazing yak herds, and distant Himalayan peaks.

Arrive in Saga by evening.

Day 11 : Saga – Kyirong (2,700m)

Altitude: 4,640m -> 2,700m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 5–6 hrs

Continue southward through spectacular mountain scenery toward Kyirong.

The changing landscapes from high-altitude desert to lush Himalayan valleys offer wonderful photography opportunities.

Upon arrival, enjoy a final evening in Tibet.

Day 12 : Kyirong – Kathmandu (1,400m)

Altitude: 2,700m -> 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Driving Duration: 7–9 hrs

After breakfast, transfer to the Nepal–Tibet border and complete immigration formalities.

Cross into Nepal and continue driving through the scenic Trishuli River Valley back to Kathmandu.

Upon arrival, transfer to your hotel and enjoy free time for shopping, relaxation, or celebrating the successful completion of your pilgrimage.

Day 13 : Final Departure

Visit: Nepal · Meals: Breakfast

After breakfast, transfer to Tribhuvan International Airport for your onward flight.

Depart Nepal with unforgettable memories of Mount Kailash, Lake Manasarovar, the ancient Guge Kingdom, and the remarkable spiritual landscapes of Western Tibet.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 30°C / night 24°C
- Day 2 · Tibet Visa Preparation & Kathmandu Sightseeing · 1,400 m · day 30°C / night 24°C

- Day 3 · Kathmandu – Rasuwagadhi Border – Kyirong · 1,400 m · day 30°C / night 24°C
- Day 4 · Kyirong – Saga · 2,700 m · day 24°C / night 15°C
- Day 5 · Saga – Lake Manasarovar – Darchen · 4,640 m · day 14°C / night 3°C
- Day 6 · Kailash Kora Begins – Darchen to Dirapuk · 4,675 m · day 14°C / night 3°C
- Day 7 · Dirapuk – Dolma La Pass – Zutulpuk · 4,950 m · day 13°C / night 1°C
- Day 8 · Complete Kailash Kora – Zanda Earth Forest – Tholing · 4,790 m · day 13°C / night 2°C
- Day 9 · Explore Guge Kingdom – Return to Manasarovar Region · 3,700 m · day 19°C / night 9°C
- Day 10 · Lake Manasarovar – Saga · 4,675 m · day 14°C / night 3°C
- Day 11 · Saga – Kyirong · 4,640 m · day 14°C / night 3°C
- Day 12 · Kyirong – Kathmandu · 2,700 m · day 24°C / night 15°C

What’s included

Transportation

- Private airport transfers in Kathmandu
- Kathmandu–Kyirong–Kathmandu overland transportation
- Comfortable vehicle throughout Tibet journey

Accommodation & Meals

- 3 nights hotel accommodation in Kathmandu
- 9 nights hotel accommodation in Tibet
- 3 nights guesthouse stay during Kailash Kora
- Daily breakfast throughout the trip
- Full-board meals during Tibet section

Permits & Documentation

- Tibet Travel Permit (TTP) included
- Military and restricted area permits included
- Chinese Group Visa processing support
- All Kailash region entry permits included

Guide & Support Crew

- Professional English-speaking Tibetan guide
- Experienced Tibetan driver and support crew
- Basic first aid kit and emergency oxygen support

Kailash Kora Support

- Kailash Kora trekking assistance
- Yak/dzopkyo support for limited luggage

Taxes & Service Charges

- All Tibet government taxes and service charges
- Complete expedition logistics and coordination

Not included

International Flights

- International airfare to/from Nepal
- Return flight from Kathmandu

Visa Fees

- Nepal visa fee
- China Group Visa fee

Travel Insurance (Mandatory)

- High-altitude travel insurance (5,000m+)
- Emergency medical coverage
- Helicopter evacuation coverage
- Trip cancellation and loss protection

Personal Expenses

- Tips for guides and support staff
- Personal trekking equipment
- Wi-Fi, hot showers, charging, and laundry
- Shopping, souvenirs, and personal items
- Additional hotel services not listed

Meals & Beverages

- Lunch and dinner in Kathmandu
- Meals not mentioned in the itinerary
- Bottled water, soft drinks, alcohol, and snacks
- Special dietary requests beyond standard meals

Dates & prices

- 30 Dec, 2026 – 11 Jan, 2027 · USD 6,890 · Available

Best time to visit

Best months: June–August. Kailash Mansarovar Yatra departures run from May to September, when the Dolma La (5,630 m) is passable. The full moon of Saga Dawa (May/June) is the most auspicious time for the kora.

What to bring — packing checklist

Clothing for high altitude

- [ ] Thermal base layers
- [ ] Fleece mid-layer and warm down jacket

- [ ] Waterproof jacket and trousers
- [ ] Warm hat, gloves, buff and sun hat
- [ ] Comfortable trekking boots and camp shoes
- [ ] Warm wool socks

Kora & overland

- [ ] Daypack 25–30 L
- [ ] Sleeping bag rated to –10 °C
- [ ] Trekking poles
- [ ] Snacks, energy bars and electrolyte powder
- [ ] Small bag for pony / porter on the kora

Health & personal

- [ ] Personal medication and a small first-aid kit
- [ ] Altitude medicine (Diamox) after consulting your doctor
- [ ] Water bottles or a 2–3 L hydration bladder, purification tablets or filter
- [ ] Sunscreen SPF 50, lip balm with SPF
- [ ] Hand sanitiser, wet wipes, quick-dry towel
- [ ] Headlamp with spare batteries, power bank

Documents & money

- [ ] Passport valid for 6+ months, plus copies
- [ ] Travel insurance policy (covering helicopter evacuation)
- [ ] 4 passport photos for permits
- [ ] Cash in USD / Nepali rupees for tips, snacks and extras
- [ ] Credit or debit card

Down jackets and sleeping bags can also be rented in Kathmandu.

Essential information

Accommodation

Accommodation includes a combination of comfortable hotels in major towns and basic guesthouses in remote regions.

- Kathmandu: 3–5 star hotels depending on package level
- Kyirong (border town): Comfortable mid-range hotels with basic amenities
- Saga: Standard Tibetan hotels with essential facilities
- Darchen (Kailash base): Basic pilgrimage guesthouses
- Lake Manasarovar area: Simple guesthouses or seasonal tented camps
- Zanda / Tsaparang (Guge Kingdom region): Very basic hotels due to remoteness

Rooms are mostly twin-sharing with basic bedding and limited luxury in high-altitude regions.

Meals

A full-board meal system (Breakfast, Lunch, Dinner) is provided throughout the journey.

Food is simple, hygienic, and suitable for high-altitude travel:

Typical meals include:

- Fried rice, noodles, and vegetable dishes
- Tibetan bread and butter tea

- Dal Bhat (on Nepal side and some Tibetan lodges)
- Momos and soups
- Eggs, toast, and basic breakfast items
- Tea, coffee, and hot beverages

Meal variety decreases in remote areas like Darchen and Guge Kingdom due to logistics.

Difficulty & Physical Requirements

This tour is moderate to challenging, primarily due to altitude and long travel distances.

Key challenges include:

- Long overland drives (5–9 hours on certain days)
- High altitude above 5,000m
- Cold desert climate and strong winds
- Basic infrastructure in remote regions

The Mount Kailash Kora (parikrama) is the most physically demanding section, requiring:

- Good physical fitness
- Slow acclimatized walking pace
- Mental readiness for high altitude trekking
- No technical climbing is required.

Permits

Required permits include:

- Tibet Travel Permit (TTB)
- Chinese Group Visa
- Alien Travel Permit (PSB)
- Military permits for restricted western Tibet regions
- Special permits for Guge Kingdom (Zanda region access)
- Kailash pilgrimage permit

All permits must be arranged through an authorized Tibetan tour operator.

Best Season

- April–June: Excellent weather, clear skies, stable travel conditions
- September–October: Best visibility and peak pilgrimage season
- July–August: Monsoon affects Nepal side; Tibet remains relatively dry but variable
- November–March: Extremely cold and limited accessibility in remote areas

Transportation & Route

This is a fully overland expedition by 4WD private vehicles.

Typical route:

Kathmandu -> Kyirong -> Saga -> Lake Manasarovar -> Darchen -> Mount Kailash (Kora) -> Zanda (Guge Kingdom / Tsaparang) -> Return via same or alternate route

Key highlights include:

- Kyirong Valley scenic entry into Tibet
- Vast Tibetan plateau landscapes
- Sacred Lake Manasarovar
- Mount Kailash circumambulation (Kora)
- Ancient ruins of Guge Kingdom (Tsaparang fortress)
- High-altitude desert scenery and dramatic Himalayan views

Safety & Acclimatization

Proper acclimatization is essential due to extreme altitude.

Key safety measures:

- Gradual ascent from Kathmandu to Kyirong and Saga
- Scheduled rest days for altitude adjustment
- Slow walking pace during Kailash Kora
- Oxygen support available in emergencies
- Continuous health monitoring by experienced guides

Travel Insurance

Mandatory insurance must include:

- High-altitude coverage (up to 6,000m+)
- Emergency medical evacuation
- Helicopter rescue (Nepal/Tibet coverage if applicable)
- Trip cancellation and interruption protection

Additional information

Guide Services

A licensed Tibetan guide accompanies the entire journey, providing:

- Cultural and historical interpretation
- Pilgrimage coordination
- Permit and border management
- Safety and logistics support

Nepal side includes experienced tour escorts for smooth border transition.

Cultural & Spiritual Highlights

This tour offers a powerful blend of spirituality and history:

- Sacred Mount Kailash – spiritual axis of the universe
- Lake Manasarovar – one of the holiest lakes in Asia
- Kailash Kora (Parikrama) – sacred circumambulation route
- Ancient Guge Kingdom ruins at Tsaparang
- Buddhist cave monasteries and cliff temples

- Remote Tibetan nomadic culture
- Dramatic high-altitude desert landscapes

Guge Kingdom is often considered one of the most mysterious lost civilizations of the Himalayas.

Essential Equipment

Recommended gear includes:

- Heavy warm clothing for extreme cold
- High-quality down jacket
- Waterproof and windproof outer layers
- Thermal base layers
- Trekking boots with strong grip
- Gloves, hat, and warm socks
- Sunglasses with UV protection
- Trekking poles (important for Kailash Kora)
- Personal medicines and altitude support medication
- Daypack for daily essentials

Communication & Connectivity

- Mobile coverage in Kathmandu and Kyirong
- Limited connectivity in Saga and western Tibet
- Very limited or no signal in Kailash and Guge regions
- Occasional Wi-Fi in major towns only

Why Choose the Mount Kailash & Guge Kingdom Tour via Kyirong?

This is one of the most unique pilgrimage and cultural journeys in Tibet:

- Smooth and modern entry via Kyirong border
- Combination of pilgrimage and ancient history
- Sacred Mount Kailash and Lake Manasarovar experience
- Visit to the mysterious Guge Kingdom ruins
- Less crowded alternative with extended cultural depth
- Dramatic landscapes of western Tibet plateau
- Deep spiritual and archaeological significance
- One of the most complete Tibet pilgrimage circuits

Frequently asked questions

How difficult is the Mount Kailash and Guge Kingdom Tour via Kyirong?

The Mount Kailash and Guge Kingdom Tour via Kyirong is graded Moderate — suitable for most active travellers. Expect 5–7 hours of walking on most days on mountain trails with plenty of ascents and descents. Regular cardio training — hiking, running, cycling or stair climbing — for 6–8 weeks before departure makes the trip far more enjoyable.

What is the best time for the Mount Kailash and Guge Kingdom Tour via Kyirong?

For the Mount Kailash & western Tibet region the best months are June–August. Kailash Mansarovar Yatra departures run from May to September, when the Dolma La (5,630 m) is passable. The full moon of Saga Dawa (May/June) is the most auspicious time for the kora.

What permits do I need for the Mount Kailash and Guge Kingdom Tour via Kyirong?

You need your Chinese group visa, Tibet Travel Permit, Alien's Travel Permit and the Kailash–Mansarovar area permits. Nord Extreme arranges every permit for you before the trip starts — check the "Includes" section above for exactly what is covered in the price. Just bring your passport and a few passport-size photos.

What is the accommodation like on the Mount Kailash and Guge Kingdom Tour via Kyirong?

Guesthouses and hotels in Nepal and Lhasa or Kerung, then basic guesthouses around Mansarovar and on the Kailash kora, where facilities are simple at high altitude. We provide sleeping bags and support staff throughout.

Can I book the Mount Kailash and Guge Kingdom Tour via Kyirong as a private trip or join a group?

Both. You can join one of the fixed departures listed under "Dates & Prices", or book a private trip for just you, your family or friends on any date. Solo travellers are welcome — you will always have your own licensed guide.

Do I need travel insurance for the Mount Kailash and Guge Kingdom Tour via Kyirong?

Yes, travel insurance is compulsory. It must cover medical treatment and emergency helicopter evacuation up to the trip's highest altitude, plus trip cancellation. Please send us your policy details before departure.

What should I pack for the Mount Kailash and Guge Kingdom Tour via Kyirong?

See the "What to bring" checklist on this page for the full list. The essentials are broken-in boots, warm layers, a down jacket, a waterproof shell, sun protection and a daypack. Down jackets and sleeping bags can be rented cheaply in Kathmandu, and a porter carries your main bag (up to 10–12 kg).

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/mount-kailash-and-guge-kingdom-tour-via-kyirong/
Contact our team in Kathmandu: sonam@nordextreme.com · +977 9851078748 · delightful-orange-chimpanzee.tarevirjungleresort.com