Mount Kailash and Guge Kingdom Tour via Kyirong

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**13 Days**
GROUP SIZE	**17 People**
BEST SEASON	**AUTUMN SEASON (September – October)**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 6,890 per person**

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Transfer Duration: 1–2 hrs

Upon arrival at Tribhuvan International Airport in Kathmandu, you will be warmly welcomed by our representative and transferred to your hotel. The remainder of the day is free for rest and recovery after your international flight. Depending on your arrival time, you may explore the vibrant streets of Thamel or enjoy a traditional Nepali dinner.

In the evening, our tour representative will provide a comprehensive briefing regarding the upcoming Tibet pilgrimage, permit procedures, altitude considerations, and travel arrangements.

Day 2 : Tibet Visa Preparation & Kathmandu Sightseeing (1,400m)

Altitude: 1,400m -> 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast

Tour Duration: 5–6 hrs

After breakfast, submit your passport and complete the necessary procedures for obtaining the Chinese Group Visa and Tibet Travel Permit.

While visa processing is underway, enjoy a guided sightseeing tour of Kathmandu Valley's most important UNESCO World Heritage Sites.

Visit the sacred Hindu temple of Pashupatinath, one of the holiest pilgrimage sites dedicated to Lord Shiva. Continue to the magnificent Boudhanath Stupa, one of the largest Buddhist stupas in the world and an important center of Tibetan Buddhism.

Depending on time availability, visit Swayambhunath (Monkey Temple) or Kathmandu Durbar Square, showcasing Nepal's rich cultural and architectural heritage.

In the evening, attend a detailed pilgrimage briefing and equipment check.

Day 3 : Kathmandu – Rasuwagadhi Border – Kyirong (2,700m)

Altitude: 1,400m -> 2,700m

Stay: Guest House · Visit: Nepal · Meals: Breakfast Lunch Dinner

Driving Duration: 7–8 hrs

Early in the morning, drive north through the scenic Trishuli River Valley toward the Nepal–Tibet border at Rasuwagadhi.

After completing immigration and customs formalities, cross into Tibet and meet your Tibetan guide and driver.

Continue to Kyirong, a charming border town surrounded by forested hills, waterfalls, and snow-covered Himalayan peaks. Kyirong's relatively low altitude makes it an ideal acclimatization stop before entering the higher regions of Tibet.

The remainder of the day is free for relaxation and acclimatization.

Day 4 : Kyirong – Saga (4,640m)

Altitude: 2,700m -> 4,640m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 5–6 hrs

Following breakfast, begin the spectacular drive across the Tibetan Plateau.

The route climbs through dramatic mountain passes, expansive grasslands, alpine lakes, and traditional Tibetan settlements. Weather permitting, enjoy distant views of Mount Shishapangma (8,027m), the only 8,000-meter peak entirely within Tibet.

Observe traditional nomadic lifestyles as yak herders move across the vast open plains.

Arrive in Saga, an important trading center in Western Tibet.

Day 5 : Saga – Lake Manasarovar (4,590m) – Darchen (4,675m)

Altitude: 4,640m -> 4,590m -> 4,675m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 8–9 hrs

Today marks your arrival in one of the most sacred regions in Asia.

Drive through the remote Tibetan wilderness toward Lake Manasarovar, revered by Hindus, Buddhists, Jains, and followers of the Bon religion.

Upon arrival, pilgrims may perform prayers, meditation, spiritual rituals, or simply absorb the serene atmosphere of the sacred lake.

Weather permitting, enjoy your first magnificent views of Mount Kailash.

Continue to Darchen, the traditional starting point of the Mount Kailash Kora.

Day 6 : Kailash Kora Begins – Darchen to Dirapuk (4,950m)

Altitude: 4,675m -> 4,950m

Walk: 6–7 hrs · Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

After breakfast, drive to Yamadwar (Tarboche), where the sacred Kailash Kora officially begins.

The trek follows the beautiful Lha Chu Valley through spectacular landscapes adorned with prayer flags, chortens, and dramatic rock formations.

As the journey progresses, the majestic North Face of Mount Kailash gradually reveals itself, providing one of the most awe-inspiring views in Tibet.

Arrive at Dirapuk Monastery beneath the towering northern face of the sacred mountain.

Day 7 : Dirapuk – Dolma La Pass (5,630m) – Zutulpuk (4,790m)

Altitude: 4,950m -> 5,630m -> 4,790m

Walk: 8–10 hrs · Stay: Guest House · Visit: Nepal · Meals: Breakfast Lunch Dinner

This is the most challenging and spiritually significant day of the pilgrimage.

Begin the ascent before sunrise toward Dolma La Pass (5,630m), the highest point of the entire journey.

The pass symbolizes spiritual transformation and rebirth. Thousands of colorful prayer flags flutter in the mountain winds, creating an unforgettable spiritual atmosphere.

Descend past the sacred Gauri Kund Lake and continue through glacial valleys before reaching Zutulpuk Monastery.

Day 8 : Complete Kailash Kora – Zanda Earth Forest – Tholing (3,700m)

Altitude: 4,790m -> 4,675m -> 3,700m

Walk: 2–3 hrs · Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 5–6 hrs

After breakfast, complete the final section of the Kailash Kora and return to Darchen.

Following lunch, drive westward into the remote Ngari region toward Tholing and Zanda.

Along the route, visit the spectacular Zanda Earth Forest, an extraordinary geological wonder featuring towering sandstone formations, deep canyons, and colorful cliffs sculpted by millions of years of erosion.

Arrive in historic Tholing, once one of the most important religious centers in Western Tibet.

Day 9 : Explore Guge Kingdom – Return to Manasarovar Region (4,675m)

Altitude: 3,700m -> 4,675m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 6–8 hrs

Today is dedicated to exploring the legendary Guge Kingdom, one of Tibet's most fascinating archaeological sites.

Founded in the 10th century, the kingdom flourished as a center of Buddhist learning, art, architecture, and trade before mysteriously collapsing in the 17th century.

Explore ancient palaces, monasteries, meditation caves, tunnels, and beautifully preserved murals before beginning the return drive toward the Mount Kailash and Lake Manasarovar region.

Day 10 : Lake Manasarovar – Saga (4,640m)

Altitude: 4,675m -> 4,640m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 8–9 hrs

After breakfast, bid farewell to the sacred Kailash region and begin the return journey across the Tibetan Plateau.

Enjoy another opportunity to witness Tibet's immense landscapes, traditional nomadic culture, grazing yak herds, and distant Himalayan peaks.

Arrive in Saga by evening.

Day 11 : Saga – Kyirong (2,700m)

Altitude: 4,640m -> 2,700m

Stay: Guest House · Visit: Tibet · Meals: Breakfast Lunch Dinner

Driving Duration: 5–6 hrs

Continue southward through spectacular mountain scenery toward Kyirong.

The changing landscapes from high-altitude desert to lush Himalayan valleys offer wonderful photography opportunities.

Upon arrival, enjoy a final evening in Tibet.

Day 12 : Kyirong – Kathmandu (1,400m)

Altitude: 2,700m -> 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Driving Duration: 7–9 hrs

After breakfast, transfer to the Nepal–Tibet border and complete immigration formalities.

Cross into Nepal and continue driving through the scenic Trishuli River Valley back to Kathmandu.

Upon arrival, transfer to your hotel and enjoy free time for shopping, relaxation, or celebrating the successful completion of your pilgrimage.

Day 13 : Final Departure

Visit: Nepal · Meals: Breakfast

After breakfast, transfer to Tribhuvan International Airport for your onward flight.

Depart Nepal with unforgettable memories of Mount Kailash, Lake Manasarovar, the ancient Guge Kingdom, and the remarkable spiritual landscapes of Western Tibet.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 30°C / night 24°C
- Day 2 · Tibet Visa Preparation & Kathmandu Sightseeing · 1,400 m · day 30°C / night 24°C
- Day 3 · Kathmandu – Rasuwagadhi Border – Kyirong · 1,400 m · day 30°C / night 24°C
- Day 4 · Kyirong – Saga · 2,700 m · day 24°C / night 15°C
- Day 5 · Saga – Lake Manasarovar – Darchen · 4,640 m · day 14°C / night 3°C
- Day 6 · Kailash Kora Begins – Darchen to Dirapuk · 4,675 m · day 14°C / night 3°C

- Day 7 · Dirapuk – Dolma La Pass – Zutulpuk · 4,950 m · day 13°C / night 1°C
- Day 8 · Complete Kailash Kora – Zanda Earth Forest – Tholing · 4,790 m · day 13°C / night 2°C
- Day 9 · Explore Guge Kingdom – Return to Manasarovar Region · 3,700 m · day 19°C / night 9°C
- Day 10 · Lake Manasarovar – Saga · 4,675 m · day 14°C / night 3°C
- Day 11 · Saga – Kyirong · 4,640 m · day 14°C / night 3°C
- Day 12 · Kyirong – Kathmandu · 2,700 m · day 24°C / night 15°C

What's included

Transportation

- Private airport transfers in Kathmandu
- Kathmandu–Kyirong–Kathmandu overland transportation
- Comfortable vehicle throughout Tibet journey

Accommodation & Meals

- 3 nights hotel accommodation in Kathmandu
- 9 nights hotel accommodation in Tibet
- 3 nights guesthouse stay during Kailash Kora
- Daily breakfast throughout the trip
- Full-board meals during Tibet section

Permits & Documentation

- Tibet Travel Permit (TTP) included
- Military and restricted area permits included
- Chinese Group Visa processing support
- All Kailash region entry permits included

Guide & Support Crew

- Professional English-speaking Tibetan guide
- Experienced Tibetan driver and support crew
- Basic first aid kit and emergency oxygen support

Kailash Kora Support

- Kailash Kora trekking assistance
- Yak/dzopkyo support for limited luggage

Taxes & Service Charges

- All Tibet government taxes and service charges
- Complete expedition logistics and coordination

Not included

International Flights

- International airfare to/from Nepal
- Return flight from Kathmandu

Visa Fees

- Nepal visa fee
- China Group Visa fee

Travel Insurance (Mandatory)

- High-altitude travel insurance (5,000m+)
- Emergency medical coverage
- Helicopter evacuation coverage
- Trip cancellation and loss protection

Personal Expenses

- Tips for guides and support staff
- Personal trekking equipment
- Wi-Fi, hot showers, charging, and laundry
- Shopping, souvenirs, and personal items
- Additional hotel services not listed

Meals & Beverages

- Lunch and dinner in Kathmandu
- Meals not mentioned in the itinerary
- Bottled water, soft drinks, alcohol, and snacks
- Special dietary requests beyond standard meals

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/mount-kailash-and-guge-kingdom-tour-via-kyirong/
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