Muktinath Yartung Festival

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**11 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**3710m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,825 per person**

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1400m)

Altitude: 1400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Upon arrival at Tribhuvan International Airport, you will be warmly welcomed and transferred to your hotel in Kathmandu. The day is reserved for rest after your journey, along with preparation for the trek.

Day 2 : Trek & Permit Preparation in Kathmandu (1,400m)

Altitude: 1400m

Walk: Optional short walks (1–2 hours, Kathmandu exploration) · Stay: Hotel · Visit: Nepal · Meals: Breakfast

Today is dedicated to trek preparation and permit processing before flying to the Mustang region. You will meet your guide for a full briefing covering the itinerary, altitude awareness, cultural highlights of the Yartung Festival, and safety guidelines. This is also the time to organize your trekking gear and make any last-minute purchases if needed.

Day 3 : Flight Kathmandu to Pokhara, Overnight in Pokhara (820m)

Altitude: 1400m - 820m

Stay: Hotel · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Travel Duration - 25-minute flight or 6–7 hours drive

A scenic flight takes you from Kathmandu to Pokhara, offering breathtaking views of the Himalayas. Upon arrival, enjoy the peaceful lakeside atmosphere and relax beside Phewa Lake while preparing for the journey toward the Mustang region.

Day 4 : Drive or Fly Pokhara to Jomsom, Trek to Kagbeni (2,800m)

Altitude: 820m - 2720m - 2800m

Walk: 4–5 hours · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Fly or drive to Jomsom and begin your trek through the dramatic Kali Gandaki Valley. The trail passes through dry, windy landscapes and traditional Mustang villages before reaching Kagbeni, a medieval settlement rich in Tibetan culture and history.

Day 5 : Trek to Muktinath (3,700m) via Marpha

Altitude: 2800m - 3700m

Walk: 5–6 hours · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Today's trek gradually ascends through the Kali Gandaki Valley, passing Marpha, famous for its apple orchards and whitewashed houses. Continue onward toward the sacred pilgrimage site of Muktinath, a spiritual center for both Hindus and Buddhists, surrounded by stunning Himalayan views.

Day 6 : Yartung Festival – Horse Racing & Cultural Events

Altitude: 3700m

Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Festival Duration - Full Day Activities

Experience the vibrant Yartung Festival, featuring traditional horse racing, masked dances, cultural performances, and local prayer ceremonies. The atmosphere is lively as locals from across the region gather to celebrate this important Himalayan festival with music, rituals, and community gatherings.

Day 7 : Yartung Festival – Final Rituals, Prayers & Community Celebration

Altitude: 3700m

Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Festival Duration - Full Day Activities

Continue experiencing the Yartung Festival with final religious ceremonies, monastery prayers, and community celebrations. This day offers deeper cultural immersion, allowing you to interact with locals and observe traditional Mustang customs in a sacred mountain setting.

Day 8 : Rest Day & Exploration of Muktinath (3,700m)

Altitude: 3700m

Walk: Optional short hikes (2–3 hours) · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Spend the day exploring the sacred Muktinath Temple complex and surrounding villages. Visit monasteries, prayer wheels, and local settlements while enjoying panoramic views of the Annapurna and Dhaulagiri ranges. This day also helps with relaxation and altitude acclimatization.

Day 9 : Trek Back to Kagbeni or Jomsom

Altitude: 3700m - 2800m / 2720m

Walk: 4–6 hours · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Begin your descent through the Kali Gandaki Valley, retracing scenic trails through dry mountain landscapes and traditional Mustang villages. Depending on pace and preference, overnight will be in Kagbeni or Jomsom.

Day 10 : Flight or Drive Back to Pokhara, then Kathmandu

Altitude: 2720m - 820m - 1400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Travel Duration - 20–25 min flight + 25 min flight / 6–7 hours drive

Take a scenic flight or drive back to Pokhara, followed by a return to Kathmandu. Enjoy one last aerial view of the Himalayas and reflect on your cultural and trekking experience in the Mustang region.

Day 11 : Departure or Onward Travel (1,400m)

Altitude: 1400m

Visit: Nepal · Meals: Breakfast

Depending on your flight schedule, transfer to Tribhuvan International Airport for your onward journey. This marks the end of your Himalayan adventure filled with cultural experiences, festivals, and mountain exploration.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 30°C / night 20°C
- Day 2 · Trek & Permit Preparation in Kathmandu · 1,400 m · day 30°C / night 20°C
- Day 3 · Flight Kathmandu to Pokhara, Overnight in Pokhara · 1,400 m · day 30°C / night 20°C
- Day 4 · Drive or Fly Pokhara to Jomsom, Trek to Kagbeni · 820 m · day 33°C / night 24°C
- Day 5 · Trek to Muktinath via Marpha · 2,800 m · day 23°C / night 11°C
- Day 6 · Yartung Festival – Horse Racing & Cultural Events · 3,700 m · day 18°C / night 5°C
- Day 7 · Yartung Festival – Final Rituals, Prayers & Community Celebration · 3,700 m · day 18°C / night 5°C
- Day 8 · Rest Day & Exploration of Muktinath · 3,700 m · day 18°C / night 5°C
- Day 9 · Trek Back to Kagbeni or Jomsom · 3,700 m · day 18°C / night 5°C
- Day 10 · Flight or Drive Back to Pokhara, then Kathmandu · 2,720 m · day 23°C / night 12°C
- Day 11 · Departure or Onward Travel · 1,400 m · day 30°C / night 20°C

What’s included

1. Transportations

- Private/tourist vehicles for airport pickup and drop-off in Kathmandu.
- Private/tourist vehicles transfer as per itinerary to access the trailheads.
- Domestic flight included for access to the trekking starting & ending point.

2. Accommodation & Meals

- 3 Nights 3 star hotel in Kathmandu with bed & breakfast basis.
- 1 Night 3 star hotel in Pokhara with bed & breakfast basis.
- All Meals (breakfast, lunch & dinner with tea & coffee) during the trekking Period.

3. Permits

- Annapurna Conservation Area Project (ACAP) permits.
- Trekkers' Information Management System (TIMS) permits.

4. Guide & Staff

- Professional and experience License holder trekking guide salary & insurance.
- Porter salary, equipments & insurance.

- First aid medical kit for emergency support.

Not included

1. International Flights

- Airfare from your home country to Nepal (Tribhuvan International Airport, Kathmandu).
- Return airfare from Nepal (Tribhuvan International Airport, Kathmandu) to your home country.

2. Visa Fees

- Nepal entry visa fee for entering Nepal (available on arrival at Tribhuvan International Airport, Kathmandu, or through a Nepalese embassy).

3. Travel Insurance (Mandatory)

- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, helicopter evacuation, trip cancellation, and other unforeseen circumstances.

4. Personal Expenses

- Tips, gifts, and souvenirs for trekking guides and porters.
- Personal trekking equipment and gear.
- Charges for lodge Wi-Fi, hot showers, battery charging, and laundry services.

5. Meals & Beverages

- Lunch and dinner in Kathmandu, Pokhara, and other locations where accommodation is provided in 3-star category hotels.
- Soft drinks, bottled water, alcoholic beverages, and snacks consumed during meals

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/muktinath-yartung-festival/

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