# Parsa National Park Safari Tour

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| DURATION | **4 Days** |
| DIFFICULTY | **Moderate** |
| MAX ALTITUDE | **1400m** |
| GROUP SIZE | **17 People** |
| BEST SEASON | **September–November and March–May** |
| START / END | **Kathmandu / Kathmandu** |
| PRICE FROM | **USD 1,000 per person** |

## Trip overview

The Parsa National Park 4 Days / 3 Nights Safari Tour is one of Nepal's most underrated and least explored jungle experiences, offering a true off-the-beaten-path wildlife adventure in the central–southern Terai region. Located close to Chitwan but significantly less crowded, Parsa provides a raw and authentic jungle environment ideal for travelers seeking solitude, nature immersion, and rare wildlife encounters.

The park is part of the larger Chitwan-Parsa tiger conservation landscape and is home to Bengal tiger, Asian elephant, sloth bear, leopard, wild boar, deer species, and over 300 species of birds. Due to its dense forest cover and low tourism pressure, wildlife sightings here feel more natural and less disturbed.

This 4-day itinerary is designed for nature lovers, photographers, and travelers who want a quieter alternative to Chitwan National Park.

### Geography and Landscape

Parsa National Park is located in the south-central region of Nepal, covering parts of Parsa, Bara, and Makwanpur districts, near the Indian border. The park lies in the Chure hill range and Terai lowlands, creating a unique mix of forested hills and flat jungle plains.

Key geographical features include:

- Dense tropical and subtropical forests
- Hill slopes of the Chure (Siwalik) range
- Sal forest dominated jungle ecosystems
- Grassland patches and river valleys
- Buffer zone communities and forest corridors

Unlike the open grasslands of Chitwan, Parsa is more forest-dense, making it a prime habitat for elusive wildlife such as tigers and leopards.

### Climate and Best Time to Visit

Parsa National Park experiences a subtropical climate with warm temperatures throughout the year.

### Best Seasons

- Autumn (September–November): Best visibility, active wildlife, and pleasant weather
- Spring (March–May): Good wildlife movement near water sources, warm temperatures
- Winter (December–February): Cool and comfortable for jungle walks and jeep safaris

### Off Season

- Monsoon (June–August): Heavy rainfall, dense vegetation, and limited safari access; not recommended
- Autumn is the most favorable season for wildlife tracking and photography.

### People and Culture

The Parsa region is home to diverse ethnic communities, including Tharu, Brahmin, Chhetri, Tamang, and other Terai groups, who live in villages surrounding the forest.

Cultural highlights include:

- Traditional Tharu and Terai village life
- Agricultural farming practices
- Rural forest-dependent communities
- Local festivals and cultural traditions
- Simple and authentic countryside lifestyle

The close relationship between local communities and forest ecosystems plays an important role in conservation efforts.

## Highlights

- Exciting jeep safari through dense Sal forests
- Chance to spot Royal Bengal tigers
- Habitat of wild Asian elephants
- Home to leopards sloth bears and gaur
- More than 500 species of birds for birdwatching
- Beautiful tropical and subtropical forest landscapes
- Jungle walks with experienced nature guides
- Opportunity to see deer langurs and wild dogs
- Scenic views of the Churia Hills
- Less crowded and more peaceful than many other parks
- Excellent wildlife photography destination
- Rich biodiversity with reptiles including king cobras and pythons
- Best safari season from October to March

## Day-by-day itinerary

### Day 1 : Arrival in Parsa Region – Jungle Introduction

**Stay: Hotel · Visit: Nepal · Meals: Breakfast**

Drive from Kathmandu or transfer via Chitwan area

Arrival at jungle lodge or eco-resort near Parsa buffer zone

Welcome briefing and refreshment

Short nature walk around lodge surroundings

Evening sunset observation in forest edge area

Overnight at jungle lodge

### Day 2 : Full-Day Jungle Safari Exploration

**Stay: Hotel · Visit: Nepal · Meals: Breakfast**

Early morning birdwatching walk

Breakfast at lodge

Jeep safari inside Parsa National Park core forest

Wildlife tracking: deer, monkeys, wild boar, possible tiger and leopard sightings

Lunch at lodge or picnic in jungle zone

Afternoon jungle walk with naturalist guide

Evening relaxation and nature interpretation session

Overnight at jungle lodge

### Day 3 : Deep Forest Safari & Cultural Experience

**Stay: Hotel · Visit: Nepal · Meals: Breakfast**

Early morning jungle walk or birding session

Breakfast at lodge

Extended jeep safari into remote forest areas

Exploration of Chure hill forest landscapes

Visit to nearby buffer zone villages

Cultural interaction with local communities

Sunset viewing from forest edge or watchtower

Overnight at jungle lodge

### Day 4 : Departure

**Visit: Nepal · Meals: Breakfast**

Morning birdwatching or short jungle walk (optional)

Breakfast at lodge

Transfer to Kathmandu or onward destination

## Dates & prices

- 02 Mar 2027 – 05 Mar 2027 · USD 1,000 · Available

- 16 Mar 2027 – 19 Mar 2027 · USD 1,000 · Available
- 06 Apr 2027 – 09 Apr 2027 · USD 1,000 · Available
- 20 Apr 2027 – 23 Apr 2027 · USD 1,000 · Available
- 04 May 2027 – 07 May 2027 · USD 1,000 · Available

## Best time to visit

Best months: October–March. October to March is the best wildlife season: comfortable temperatures and, from February, short grass that makes rhinos and tigers easier to spot. April–May is very hot, and some parks restrict access during the monsoon.

## What to bring — packing checklist

## Clothing

- [ ] Moisture-wicking base layers (top and bottom)
- [ ] Fleece or light insulated mid-layer
- [ ] Down jacket (–10 °C rated for high trails)
- [ ] Waterproof, breathable shell jacket and trousers
- [ ] 2–3 trekking shirts and 2 pairs of trekking trousers
- [ ] Warm hat, sun hat or cap and buff
- [ ] Light liner gloves and warm insulated gloves
- [ ] Underwear and sports bras

### Footwear

- [ ] Broken-in waterproof trekking boots with ankle support
- [ ] Camp shoes or sandals for teahouse evenings
- [ ] Hiking socks (4–5 pairs) and warm wool socks for nights

### Equipment

- [ ] Daypack 30–35 L with rain cover
- [ ] Sleeping bag rated to –10 °C (we can provide one)
- [ ] Trekking poles
- [ ] Sunglasses with UV protection
- [ ] Duffel bag for the porter (provided by Nord Extreme)

### Health & personal

- [ ] Personal medication and a small first-aid kit
- [ ] Altitude medicine (Diamox) after consulting your doctor
- [ ] Water bottles or a 2–3 L hydration bladder, purification tablets or filter
- [ ] Sunscreen SPF 50, lip balm with SPF
- [ ] Hand sanitiser, wet wipes, quick-dry towel
- [ ] Headlamp with spare batteries, power bank

### Documents & money

- [ ] Passport valid for 6+ months, plus copies
- [ ] Travel insurance policy (covering helicopter evacuation)
- [ ] 4 passport photos for permits
- [ ] Cash in USD / Nepali rupees for tips, snacks and extras
- [ ] Credit or debit card

*Down jackets and sleeping bags can also be rented in Kathmandu.*

# Essential information

## Accommodation

Accommodation is provided in eco-lodges and simple jungle resorts near the park's buffer zone.

Facilities include:

- Twin or double rooms with basic comforts
- Jungle or forest surroundings
- Full-board meal system (breakfast, lunch, dinner)
- Outdoor relaxation areas and nature viewpoints
- Simple but comfortable eco-tourism setup

Luxury upgrades may include private jungle villas and personalized safari services.

## Meals

A full-board meal system is provided throughout the safari.

Typical menu options include:

- Nepali Dal Bhat set meals
- Rice, vegetables, lentils, noodles, and soups
- Eggs, toast, porridge, and breakfast items
- Chicken or local meat dishes (on request)
- Fresh fruits and hot beverages
- Light Tharu or Terai-style dishes

Meals are prepared fresh at the lodge using local ingredients.

## Difficulty & Physical Requirements

The Parsa Safari Tour is classified as very easy, suitable for all travelers.

- No trekking or physical training required
- Light walking during jungle activities
- Suitable for families, seniors, and photographers
- Relaxed and flexible itinerary

## Permits

Required permits include:

- Parsa National Park Entry Permit
- Buffer zone and conservation fees (if applicable)
- All permits arranged by the tour operator

## Guide & Naturalist Services

Professional naturalist guides are included throughout the tour.

They provide:

- Wildlife tracking and jungle navigation

- Bird identification and ecological interpretation
- Safety management inside forest areas
- Cultural explanation of local communities
- Photography assistance for wildlife sightings

## Cultural & Natural Highlights

The Parsa Safari Tour offers a raw and less commercial jungle experience:

- Dense forest habitat with minimal human disturbance
- Bengal tiger and leopard territory (rare sightings)
- Asian elephant and sloth bear habitats
- Over 300 species of birds
- Quiet and uncrowded safari environment
- Chure hill forest ecosystem
- Authentic rural Terai cultural experience
- Strong biodiversity conservation zone

## Essential Equipment

Recommended items include:

- Lightweight neutral-colored clothing
- Comfortable walking shoes
- Hat and sunglasses
- Binoculars for wildlife viewing
- Camera with zoom lens
- Insect repellent
- Light jacket for mornings/evenings
- Sunscreen and personal essentials

## Communication & Connectivity

- Mobile coverage available in nearby settlements
- Limited connectivity inside forest zones
- Wi-Fi available in selected lodges

## Why Choose Parsa National Park 4 Days / 3 Nights?

This safari is ideal for travelers seeking a quiet and authentic jungle experience:

- Least crowded national park in Nepal
- True wilderness experience near Chitwan region
- Strong tiger and leopard habitat
- Dense forest ecosystem with high biodiversity
- Ideal for photography and nature study
- Close to Kathmandu yet remote in feel
- Authentic local cultural interaction
- Perfect alternative to commercial safari destinations

## Frequently asked questions

### How difficult is the Parsa National Park Safari Tour?

The Parsa National Park Safari Tour is graded Moderate — suitable for most active travellers. Expect 5–7 hours of walking on most days on mountain trails with plenty of ascents and descents. Regular cardio training — hiking, running, cycling or stair climbing — for 6–8 weeks before departure makes the trip far more enjoyable.

### What is the best time for the Parsa National Park Safari Tour?

For the Terai lowlands & national parks region the best months are October–March. October to March is the best wildlife season: comfortable temperatures and, from February, short grass that makes rhinos and tigers easier to spot. April–May is very hot, and some parks restrict access during the monsoon.

### What permits do I need for the Parsa National Park Safari Tour?

You need the national park entry permit. Nord Extreme arranges every permit for you before the trip starts — check the "Includes" section above for exactly what is covered in the price. Just bring your passport and a few passport-size photos.

### What is the accommodation like on the Parsa National Park Safari Tour?

In Kathmandu you stay in a comfortable hotel; on the trail we use the best available family-run teahouses and lodges with twin-share rooms, shared or attached bathrooms and a warm dining room. Upgrades to luxury lodges are possible on popular routes such as Everest and Annapurna.

### Can I book the Parsa National Park Safari Tour as a private trip or join a group?

Both. You can join one of the fixed departures listed under "Dates & Prices", or book a private trip for just you, your family or friends on any date. Solo travellers are welcome — you will always have your own licensed guide.

### Do I need travel insurance for the Parsa National Park Safari Tour?

Yes, travel insurance is compulsory. It must cover medical treatment and emergency helicopter evacuation up to the trip’s highest altitude, plus trip cancellation. Please send us your policy details before departure.

### What should I pack for the Parsa National Park Safari Tour?

See the "What to bring" checklist on this page for the full list. The essentials are broken-in boots, warm layers, a down jacket, a waterproof shell, sun protection and a daypack. Down jackets and sleeping bags can be rented cheaply in Kathmandu, and a porter carries your main bag (up to 10–12 kg).

## Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/parsa-national-park-safari-tour/

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