Pikey Dudh Kunda Trek

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**13 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**4560m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,655 per person**

Day-by-day itinerary

Day 1 : Arrival In Kathmandu (1400m)

Altitude: 1400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Upon your arrival in Kathmandu, one of our representatives from Nord Extreme will warmly welcome you at the airport and assist you with your transfer to the hotel. After check-in, you can relax and recover from your journey while preparing for the adventure ahead. In the evening, we will host a welcome dinner where you can enjoy authentic Nepali cuisine and meet your trekking team before beginning the Pikey Peak Trek.

Day 2 : Trek and Permit Preparation (1400m)

Altitude: 1400m

Walk: 2 hours · Stay: Hotel · Visit: Nepal · Meals: Breakfast

Today will be dedicated to trek preparation and completing all necessary permit procedures in Kathmandu. Our team from Nord Extreme will assist you with permit arrangements, trekking briefing, gear checking, and final trip preparation to ensure a safe and comfortable journey ahead.

You will also have free time to explore Thamel for any last-minute shopping or personal preparations before the trek begins.

Day 3 : Kathmandu to Dhap (2,900m)

Altitude: 1400m - 2900m

Walk: 7-9 hours of drive · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Your journey begins with a scenic drive from Kathmandu to Dhap, a beautiful hill village located in the lower Everest region. As you leave the busy city behind, you will pass through winding mountain roads, traditional villages, terraced farmlands, rivers, and lush green hills. Along the way, you can enjoy peaceful countryside landscapes and beautiful Himalayan scenery. Dhap serves as the starting point of the Pikey Peak Trek and offers a quiet atmosphere with local teahouses, fresh mountain air, and stunning views of the surrounding hills.

Day 4 : Trek to Jhapre (2,920m)

Altitude: 2900- 2920m

Walk: 4-5 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

The trek to Jhapre begins with a pleasant walk through scenic hills, peaceful forests, and traditional villages of the lower Everest region. Along the trail, you will pass terraced farmlands, grazing fields, and beautiful landscapes while experiencing the local Sherpa culture and rural mountain lifestyle. The route offers refreshing mountain air and gradual uphill paths surrounded by rhododendron and pine forests. Upon reaching Jhapre, you can enjoy stunning panoramic views of Mount Everest, Numbur Himal, and other Himalayan peaks along with the peaceful atmosphere of this charming mountain village

Day 5 : Trek to Pikey Base Camp (3,640m)

Altitude: 2920m - 3640m

Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Trek Duration - 5-6 hours

The trek to Pikey Base Camp takes you through beautiful alpine landscapes, dense rhododendron forests, and open grassy ridges with breathtaking Himalayan scenery. As the trail gradually ascends, you will pass yak pastures, prayer flags, and peaceful Buddhist landmarks that reflect the rich culture of the region. Along the route, trekkers can enjoy panoramic views of Everest, Makalu, Kanchenjunga, and other snow-capped peaks on clear days. Upon reaching Pikey Base Camp, you will be surrounded by stunning mountain vistas and a peaceful high-altitude atmosphere, making it a perfect resting point before the sunrise hike to Pikey Peak.

Day 6 : Sunrise Hike to Pikey Peak (4,065m), then trek to Taktor (2,950m)

Altitude: 3640m - 4065m - 2950m

Walk: 7-8 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

The day begins with an early morning hike to Pikey Peak, one of the finest viewpoints in the Everest region, renowned for its spectacular sunrise over the Himalayas. From the summit, trekkers can witness breathtaking panoramic views of Mount Everest, Makalu, Kanchenjunga, Annapurna, and many other snow-capped peaks glowing in the morning light. After enjoying the unforgettable scenery, the trail descends through peaceful ridges, alpine meadows, forests, and traditional villages toward Taktor. Along the way, you will experience the natural beauty and cultural charm of the lower Everest region while passing monasteries, grazing fields, and scenic mountain landscapes.

Day 7 : Trek to Junbesi (2,700m), visit Thupten Chholing Monastery

Altitude: 2950m - 2700m

Walk: 5-6 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

The trek to Junbesi takes you through peaceful forests, traditional Sherpa villages, and scenic mountain trails with beautiful views of the surrounding hills and valleys. Along the route, you will experience the authentic culture and warm hospitality of the local communities while passing terraced farmlands, rivers, and Buddhist landmarks. After reaching the charming village of Junbesi, you will visit the famous Thupten Chholing Monastery, one of the largest and most important monasteries in the Solu region. The monastery offers a unique spiritual atmosphere where trekkers can observe Buddhist traditions, prayer ceremonies, and the peaceful lifestyle of the monks living in the Himalayan mountains.

Day 8 : Trek to Saharsbeni (3,830m)

Altitude: 2700m - 3830m

Walk: 6-7 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

The trek to Saharsbeni is a scenic and rewarding journey through remote Himalayan landscapes, dense forests, and peaceful mountain trails. As the trail gradually climbs to higher elevations, you will pass traditional villages, yak pastures, and beautiful alpine terrain while enjoying breathtaking views of the surrounding snow-capped peaks. The route offers a perfect blend of natural beauty and cultural experience, with prayer flags, monasteries, and traditional Sherpa settlements along the way. Upon reaching Saharsbeni, trekkers are rewarded with spectacular mountain scenery and a peaceful high-altitude atmosphere surrounded by the majestic Himalayas.

Day 9 : Hike to Dudh Kunda (4,560m) and return to Saharsbeni

Altitude: 3830m - 4560m - 3830m

Walk: 7-8 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

The day begins with a challenging yet rewarding hike to the sacred alpine lake of Dudh Kunda, one of the most important pilgrimage sites in the Everest region. The trail ascends through rugged mountain landscapes, rocky paths, and high-altitude terrain while offering spectacular views of snow-covered Himalayan peaks and glaciers. Upon reaching Dudh Kunda, trekkers can enjoy the peaceful atmosphere of the crystal-clear sacred lake surrounded by dramatic mountain scenery. The area holds deep spiritual significance for both Hindu and Buddhist pilgrims who visit the lake during special festivals. After exploring the lake and enjoying the breathtaking views, the trail descends back to Saharsbeni for an overnight stay amidst the serene Himalayan surroundings.

Day 10 : Trek to Taksindu (2,930m)

Altitude: 3830m - 2930m

Walk: 6-7 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

The trek to Taksindu follows a scenic descending trail through alpine landscapes, forests, and traditional mountain villages of the Solu region. Along the journey, trekkers can enjoy breathtaking views of the Himalayan peaks, peaceful valleys, and beautiful countryside scenery. The route passes through Buddhist monasteries, prayer flags, and charming Sherpa settlements, offering a wonderful opportunity to experience the local culture and spiritual atmosphere of the region. Upon reaching Taksindu, you can visit the historic Taksindu Monastery and enjoy the serene surroundings with stunning mountain panoramas and peaceful village life. forests and villages over 6 hours to Taksindu, known for its monastery and panoramic scenery.

Day 11 : Trek to Phaplu (2,469m)

Altitude: 2930m - 2469m

Walk: 5-6 hours · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

The trek to Phaplu is a pleasant journey through beautiful forests, terraced farmlands, and traditional Sherpa villages of the Solu region. The descending trail offers stunning views of rolling hills, rivers, and distant Himalayan peaks while passing through peaceful countryside landscapes. Along the route, trekkers can experience the rich local culture, Buddhist monasteries, and warm hospitality of the mountain communities. Upon reaching Phaplu, you can relax in this vibrant mountain town known for its scenic surroundings, local lifestyle, and gateway connection to the Everest region.

Day 12 : Drive or fly to Kathmandu (1400m)

Altitude: 2469m - 1400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Travel Duration - 35 minutes flight / 8-9 hours drive

The journey back to Kathmandu marks the conclusion of your unforgettable Himalayan adventure. You can either enjoy a scenic mountain flight with breathtaking aerial views of the Himalayas or take a picturesque drive through traditional villages, rolling hills, rivers, and terraced farmlands. Along the way, you will have time to reflect on the incredible trekking experience, cultural encounters, and stunning mountain landscapes explored throughout the journey. Upon arriving in Kathmandu, you can relax and enjoy the vibrant atmosphere of Nepal's capital city.

Day 13 : Departure

Visit: Nepal · Meals: Breakfast

Today marks the end of your journey in Kathmandu. After breakfast, our team from Nord Extreme will transfer you to Tribhuvan International Airport for your final departure.

We hope you had a wonderful trekking experience in Nepal and wish you a safe journey ahead.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival In Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Trek and Permit Preparation · 1,400 m · day 25°C / night 9°C
- Day 3 · Kathmandu to Dhap · 1,400 m · day 25°C / night 9°C
- Day 4 · Trek to Jhapre · 2,900 m · day 17°C / night -1°C
- Day 5 · Trek to Pikey Base Camp · 2,920 m · day 17°C / night -1°C
- Day 6 · Sunrise Hike to Pikey Peak, then trek to Taktor · 3,640 m · day 14°C / night -6°C
- Day 7 · Trek to Junbesi, visit Thupten Chholing Monastery · 2,950 m · day 17°C / night -1°C
- Day 8 · Trek to Saharsbeni · 2,700 m · day 18°C / night 0°C
- Day 9 · Hike to Dudh Kunda and return to Saharsbeni · 3,830 m · day 13°C / night -7°C
- Day 10 · Trek to Taksindu · 3,830 m · day 13°C / night -7°C
- Day 11 · Trek to Phaplu · 2,930 m · day 17°C / night -1°C
- Day 12 · Drive or fly to Kathmandu · 2,469 m · day 19°C / night 2°C

What's included

1. Transportations

- Private/tourist vehicles for airport pickup and drop-off in Kathmandu.
- Private/tourist vehicles transfer as per itinerary to access the trailheads.
- Domestic flight included for access to the trekking starting & ending point.

2. Accommodation & Meals

- 3 Nights 3-star hotel in Kathmandu with bed & breakfast basis.
- Breakfast, lunch & dinner with tea & coffee during the trekking Period.

3. Permits

- Lacal Government Entry Permt.
- Trekkers' Information Management System (TIMS) permits.

4. Guide & Staff

- Professional and experience License holder trekking guide salary & insurance.
- Porter salary, equipment’s & insurance.
- First aid medical kit for emergency support.

Not included

1. International Flights

- Airfare from your home country to Nepal (Tribhuvan International Airport, Kathmandu).
- Return airfare from Nepal (Tribhuvan International Airport, Kathmandu) to your home country.

2. Visa Fees

- Nepal entry visa fee for entering Nepal (available on arrival at Tribhuvan International Airport, Kathmandu, or through a Nepalese embassy).

3. Travel Insurance (Mandatory)

- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, helicopter evacuation, trip cancellation, and other unforeseen circumstances.

4. Personal Expenses

- Tips, gifts, and souvenirs for trekking guides and porters.
- Personal trekking equipment and gear.
- Charges for lodge Wi-Fi, hot showers, battery charging, and laundry services.

5. Meals & Beverages

- Lunch and dinner in Kathmandu, Pokhara, and other locations where accommodation is provided in 3-star category hotels.
- Soft drinks, bottled water, alcoholic beverages, and snacks consumed during meals

Ready to book or have a question?

Trip page: https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/pikey-dudh-kunda-trek/

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