Pisang Peak Climbing

Trip information · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**18 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**6091m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 3,690 per person**

Trip overview

Pisang Peak Climbing is a popular trekking peak expedition in the Annapurna region, offering a balanced combination of trekking and basic alpine climbing. It is an excellent choice for climbers seeking their first Himalayan summit in a non-technical but high-altitude environment.

The journey follows the classic Annapurna Circuit route, starting with a drive from Kathmandu to Besisahar and continuing through Chame and Pisang village. After proper acclimatization, the route ascends toward Pisang Peak Base Camp and High Camp.

From High Camp, climbers attempt a summit involving snow slopes, glacier travel, and fixed rope sections near the upper ridge. The summit provides outstanding views of Annapurna II, Annapurna III, Annapurna IV, Gangapurna, Tilicho Peak, and the surrounding Himalayas.

Geography & Landscape

Pisang Peak is located in the Manang district within the protected area of Annapurna Conservation Area.

The region is characterized by a dramatic shift in landscape, from lush forests and terraced farmland in the lower valleys to dry alpine terrain as you approach Manang. The upper region is a high-altitude desert environment surrounded by towering Himalayan peaks.

Above Pisang village, the terrain becomes increasingly rugged with rocky slopes, glaciers, and snow-covered ridges leading to the summit. The area offers a peaceful and less crowded climbing experience compared to other major trekking routes.

Sherpa Guide & Support

Pisang Peak Climbing is conducted under the supervision of experienced Sherpa climbing guides who provide full technical and safety support throughout the expedition.

Key support includes:

- Route guidance across alpine and glacier terrain
- Basic mountaineering training (crampons, ice axe, rope techniques)
- Fixed rope support on steep sections when required

- Continuous altitude monitoring and acclimatization management
- Weather assessment and summit planning
- Emergency rescue and evacuation coordination

Porters assist with carrying expedition loads up to Base Camp, while guides ensure safety, training, and full support during summit preparation and ascent.

With professional Sherpa guidance, Pisang Peak offers a rewarding introduction to Himalayan climbing in the heart of the Annapurna region.

Highlights

- Summit a 6,419 m Himalayan trekking peak.
- Stunning views of Annapurna, Dhaulagiri, Manaslu, and Tilicho Peak.
- Trek through the beautiful Manang Valley.
- Experience glacier travel, snow climbing, and basic mountaineering.
- Scenic alpine landscapes, high camps, and remote wilderness.
- Excellent peak for trekkers progressing to mountaineering.
- Best climbed during spring (March–May) and autumn (September–November).
- Rewarding summit with panoramic 360° mountain vistas.

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Walk: 1–2 hrs airport transfer + briefing · Stay: Hotel · Visit: Nepal · Meals: Dinner

You arrive at Tribhuvan International Airport and are greeted by our team. After hotel transfer, a detailed briefing is conducted covering route, altitude risk, climbing technique, and safety procedures.

Day 2 : Preparation Day in Kathmandu (1,400m)

Altitude: 1,400m - 1,400m

Walk: 4–6 hrs preparation · Stay: Hotel · Visit: Nepal · Meals: Breakfast

This is a full logistics day. All permits are arranged, including ACAP and Pisang Peak climbing permit. The guide checks your full gear system (boots, crampons, harness, helmet, ice axe, down jacket). Insurance documents for high-altitude evacuation are verified.

Day 3 : Drive Kathmandu – Besisahar (760m)

Altitude: 1,400m - 760m

Walk: 6–7 hrs driving · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

You drive through hills, rivers, and rural settlements toward the Annapurna region gateway.

Day 4 : Drive Besisahar – Chame (2,670m)

Altitude: 760m - 2,670m

Walk: 5–6 hrs driving · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

A rough jeep ride along the Marsyangdi River valley begins the mountain approach. The road is narrow, bumpy, and scenic with waterfalls and cliffs.

Day 5 : Trek Chame – Upper Pisang (3,300m)

Altitude: 2,670m - 3,300m

Walk: 5–6 hrs walking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Trekking begins through pine forests and river valleys. You start gaining altitude and first panoramic views of Annapurna II appear.

Day 6 : Acclimatization Day in Pisang (3,300m)

Altitude: 3,300m - 3,300m

Walk: 2–4 hrs hiking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

A short hike is done to a ridge or monastery viewpoint. This helps your body adjust to altitude before entering higher terrain.

Day 7 : Upper Pisang – Manang (3,540m)

Altitude: 3,300m - 3,540m

Walk: 6–7 hrs walking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

You follow the upper route via Ghyaru and Ngawal, which offers better acclimatization and wide Himalayan panoramas. The landscape becomes dry and alpine.

Day 8 : Acclimatization Day in Manang (3,540m)

Altitude: 3,540m - 3,540m

Walk: 2–5 hrs optional hiking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

A crucial rest day. Optional hikes to Gangapurna Lake or Ice Lake help prepare for summit altitude.

Day 9 : Manang – Pisang Peak Base Camp (4,380m)

Altitude: 3,540m - 4,380m

Walk: 5–6 hrs walking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

You leave the main Annapurna Circuit and move into a remote climbing zone. The terrain becomes rocky, glacial, and isolated.

Day 10 : Base Camp Training Day (4,380m)

Altitude: 4,380m - 4,380m

Walk: 3–5 hrs training · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

A full mountaineering training session is conducted including crampon walking, ice axe self-arrest, fixed rope climbing practice, jumar use, and glacier safety techniques.

Day 11 : Base Camp – High Camp (5,400m)

Altitude: 4,380m - 5,400m

Walk: 4–5 hrs walking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

A steep ascent leads to High Camp. The environment becomes cold, windy, and oxygen levels drop significantly.

Day 12 : High Camp Acclimatization (5,400m)

Altitude: 5,400m - 5,400m

Walk: 1–2 hrs light activity · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Short movement near camp, rope practice, and final summit strategy briefing. Weather is carefully monitored.

Day 13 : Summit Pisang Peak (6,091m) – Return

Altitude: 5,400m - 6,091m - descent

Walk: 9–12 hrs total · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Summit day starts at midnight from High Camp. The climb follows rocky terrain, steep snow slopes with fixed ropes, glacier crossings, a short mixed ice section, and a narrow exposed summit ridge. After reaching the summit, descend back to High Camp.

Day 14 : Contingency Day (5,400m)

Altitude: 5,400m - 5,400m

Walk: Full rest / standby · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Reserved for bad weather, slow ascent, or safety delays.

Day 15 : High Camp – Manang (3,540m)

Altitude: 5,400m - 3,540m

Walk: 5–6 hrs walking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Long descent back to Manang village. Oxygen levels improve and recovery begins.

Day 16 : Manang – Pisang / Chame (2,670m–3,300m)

Altitude: 3,540m - 2,670m–3,300m

Walk: 5–6 hrs walking · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Further descent along the Annapurna Circuit trail through alpine landscapes.

Day 17 : Drive Chame – Kathmandu (1,400m)

Altitude: 2,670m - 1,400m

Walk: 10–12 hrs driving · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Jeep ride from the mountains back to Kathmandu.

Day 18 : Departure

Visit: Nepal · Meals: Breakfast

Airport transfer for your international flight.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Preparation Day in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 3 · Drive Kathmandu – Besisahar · 1,400 m · day 25°C / night 9°C
- Day 4 · Drive Besisahar – Chame · 760 m · day 28°C / night 13°C
- Day 5 · Trek Chame – Upper Pisang · 2,670 m · day 18°C / night 0°C
- Day 6 · Acclimatization Day in Pisang · 3,300 m · day 15°C / night -4°C
- Day 7 · Upper Pisang – Manang · 3,300 m · day 15°C / night -4°C
- Day 8 · Acclimatization Day in Manang · 3,540 m · day 14°C / night -5°C
- Day 9 · Manang – Pisang Peak Base Camp · 3,540 m · day 14°C / night -5°C

- Day 10 · Base Camp Training Day · 4,380 m · day 10°C / night -11°C
- Day 11 · Base Camp – High Camp · 4,380 m · day 10°C / night -11°C
- Day 12 · High Camp Acclimatization · 5,400 m · day 5°C / night -17°C
- Day 13 · Summit Pisang Peak – Return · 5,400 m · day 5°C / night -17°C
- Day 14 · Contingency Day · 5,400 m · day 5°C / night -17°C
- Day 15 · High Camp – Manang · 5,400 m · day 5°C / night -17°C
- Day 16 · Manang – Pisang / Chame · 3,540 m · day 14°C / night -5°C
- Day 17 · Drive Chame – Kathmandu · 2,670 m · day 18°C / night 0°C

What’s included

Accommodation

- 3 nights hotel in Kathmandu (3-star or similar)
- Teahouse/lodge accommodation during Annapurna Circuit trek (twin sharing)
- Tent accommodation at Chulu West Base Camp and High Camp

Meals

- Full board meals (Breakfast, Lunch, Dinner) during trek and climbing period
- Tea/coffee during meals
- High-altitude energy food during summit push

Transportation

- Airport pick-up and drop-off in Kathmandu
- Kathmandu -> Besisahar (road transport)
- Besisahar -> Chame (jeep)
- Chame -> Kathmandu return (jeep + road)
- All necessary ground transport during trek

Permits & Fees

- Chulu West Peak climbing permit (Government of Nepal)
- Annapurna Conservation Area Permit (ACAP)
- TIMS card (Trekkers Information Management System)

Staff & Support Team

- Licensed English-speaking trekking guide
- Experienced climbing guide (UIAGM/IFMGA-trained if premium package)
- Required number of porters (2 trekkers : 1 porter ratio or as per group size)
- Staff insurance, salary, food, accommodation

Climbing Equipment (Group Use)

- Fixed ropes for summit route
- Ice protection ropes (where required)
- First aid medical kit

- Pulse oximeter (altitude monitoring device)
- Radio/satellite communication (if included in premium packages)

Camping Logistics

- High-altitude tents (Base Camp + High Camp)
- Kitchen tent + dining tent
- Cooking equipment and fuel
- Mattress/sleeping base support at camp

Safety Services

- Basic emergency evacuation coordination
- Guide-led altitude monitoring
- Weather tracking assistance

Not included

International & Visa

- International flight tickets to/from Nepal
- Nepal entry visa fee (approx. USD 30–125 depending on duration)

Personal Equipment

- Personal climbing gear: Mountaineering boots Crampons (if not rented) Ice axe, harness, helmet Down suit/jacket
- Sleeping bag & down jacket rental (if needed)

Insurance

- Travel insurance (mandatory): Must cover 6,500m+ climbing Must include helicopter evacuation

Personal Expenses

- Alcoholic drinks
- Bottled water, soft drinks, snacks
- Hot showers and Wi-Fi charges in teahouses
- Charging electronic devices

Kathmandu Expenses

- Lunch & dinner in Kathmandu
- Extra hotel nights due to delays

Emergency Costs

- Helicopter evacuation (if needed)
- Medical treatment or hospitalization costs

Tips & Miscellaneous

- Tips for guide, cook, and porters (customary in Nepal)
- Personal shopping, souvenirs, laundry

Extra Costs (Not Included in Package Price)

- Flight/road delays due to weather
- Itinerary changes due to safety conditions
- Extra accommodation due to delays in Kathmandu or trekking route

Dates & prices

- 02 Mar 2027 – 19 Mar 2027 · USD 3,690 · Available
- 16 Mar 2027 – 02 Apr 2027 · USD 3,690 · Available
- 06 Apr 2027 – 23 Apr 2027 · USD 3,690 · Available
- 20 Apr 2027 – 07 May 2027 · USD 3,690 · Available
- 04 May 2027 – 21 May 2027 · USD 3,690 · Available

Best time to visit

Best months: February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What to bring — packing checklist

Climbing gear

- [ ] Mountaineering boots (double or insulated, crampon-compatible)
- [ ] Crampons, climbing harness, helmet
- [ ] Ice axe, jumar (ascender), descender / figure-8
- [ ] 2 locking and 2 non-locking carabiners, tape slings and prusik
- [ ] Glacier glasses (category 4) and ski goggles

Clothing

- [ ] Thermal base layers
- [ ] Fleece and softshell mid-layers
- [ ] Expedition down jacket and down or insulated trousers
- [ ] Hard-shell (Gore-Tex) jacket and trousers
- [ ] Liner, insulated and summit mittens
- [ ] Balaclava, warm hat, buff and sun hat

Trekking & camp

- [ ] Trekking boots and camp shoes
- [ ] Sleeping bag rated to –20 °C
- [ ] Daypack 35–45 L and a large duffel bag
- [ ] Trekking poles, thermos flask, pee bottle

Health & personal

- [ ] Personal medication and a small first-aid kit
- [ ] Altitude medicine (Diamox) after consulting your doctor
- [ ] Water bottles or a 2–3 L hydration bladder, purification tablets or filter
- [ ] Sunscreen SPF 50, lip balm with SPF
- [ ] Hand sanitiser, wet wipes, quick-dry towel

- [ ] Headlamp with spare batteries, power bank

Documents & money

- [ ] Passport valid for 6+ months, plus copies
- [ ] Travel insurance policy (covering helicopter evacuation)
- [ ] 4 passport photos for permits
- [ ] Cash in USD / Nepali rupees for tips, snacks and extras
- [ ] Credit or debit card

Down jackets and sleeping bags can also be rented in Kathmandu.

Essential information

Accommodation

Accommodation during the Pisang Peak Climbing expedition includes comfortable 3-star hotel stays in Kathmandu, teahouse accommodation throughout the Annapurna Circuit trekking route, and tented accommodation at Pisang Peak Base Camp and High Camp. Most teahouses offer basic facilities, including hot showers, Wi-Fi, and charging services for an additional fee.

Meals

The expedition includes full-board meals (Breakfast, Lunch, and Dinner) throughout the trek and climbing period. Nutritious meals are prepared to support the physical demands of high-altitude trekking and climbing. Packed lunches and high-energy snacks are provided during the summit day.

Difficulty & Fitness

Pisang Peak (6,091m) is considered a moderately challenging trekking peak suitable for climbers with good physical fitness and previous high-altitude trekking experience. The ascent involves steep snow slopes, exposed ridges, and fixed rope sections, requiring basic mountaineering skills and endurance.

Permits

The expedition requires the following permits:

- Pisang Peak Climbing Permit
- Annapurna Conservation Area Permit (ACAP)
- TIMS Card (if applicable)

All permits and necessary documentation are arranged by the expedition organizer.

Best Time to Climb

The best seasons for Pisang Peak are:

Spring (March–May)

- Stable weather conditions
- Clear mountain views
- Favorable climbing temperatures

Autumn (September–November)

- Dry weather and excellent visibility
- Ideal trekking and climbing conditions

- Outstanding Himalayan panoramas

Transportation

The journey begins with a scenic drive from Kathmandu to Besisahar and continues toward Chame or Upper Pisang. The expedition follows part of the famous Annapurna Circuit before ascending to Pisang Peak Base Camp and High Camp.

Safety & Altitude

The itinerary includes proper acclimatization to support a safe ascent and maximize summit success. Experienced climbing guides provide technical support, altitude monitoring, and emergency response assistance throughout the expedition. Travel insurance covering climbing activities up to 6,500m and emergency helicopter evacuation is mandatory.

Additional information

Climbing Training

Before the summit attempt, climbers receive practical training in the use of crampons, ice axes, climbing harnesses, fixed ropes, ascenders, and basic glacier travel techniques. This preparation helps climbers safely negotiate the technical sections of the route.

Essential Equipment

Participants should bring suitable high-altitude trekking and climbing equipment, including insulated clothing, mountaineering boots, crampons, ice axe, climbing harness, helmet, sleeping bag, sunglasses, trekking poles, and personal essentials.

Why Choose Pisang Peak?

- One of Nepal’s most popular trekking peaks
- Excellent introduction to technical Himalayan climbing
- Located along the world-famous Annapurna Circuit
- Spectacular views of Annapurna II, Annapurna III, Annapurna IV, Gangapurna, Tilicho Peak, and Chulu Peaks
- Challenging yet achievable summit for aspiring mountaineers
- Professional climbing guidance and technical support
- Perfect preparation for more advanced Himalayan expeditions

Pisang Peak Climbing offers an exciting combination of trekking and mountaineering in the Annapurna region, providing climbers with a rewarding Himalayan summit and unforgettable mountain scenery.

Frequently asked questions

How difficult is the Pisang Peak Climbing?

The Pisang Peak Climbing is graded Moderate — suitable for most active travellers. You should be comfortable with long days at altitude; previous use of crampons and ropes helps, and our climbing Sherpas run pre-climb training at base camp. Regular cardio training — hiking, running, cycling or stair climbing — for 6–8 weeks before departure makes the trip far more enjoyable.

What is the best time for the Pisang Peak Climbing?

For the Kathmandu Valley & mid-hills region the best months are February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What permits do I need for the Pisang Peak Climbing?

You need entry tickets for the heritage sites you visit, plus the Nepal Mountaineering Association climbing permit. Nord Extreme arranges every permit for you before the trip starts — check the "Includes" section above for exactly what is covered in the price. Just bring your passport and a few passport-size photos.

What is the accommodation like on the Pisang Peak Climbing?

You stay in hotels in Kathmandu and teahouses on the approach trek, then in quality expedition tents at base camp and high camp. Our team sets up a dining tent, kitchen and toilet tent and cooks fresh, high-energy meals.

Can I book the Pisang Peak Climbing as a private trip or join a group?

Both. You can join one of the fixed departures listed under "Dates & Prices", or book a private trip for just you, your family or friends on any date. Solo travellers are welcome — you will always have your own licensed guide.

Do I need travel insurance for the Pisang Peak Climbing?

Yes, travel insurance is compulsory. It must cover medical treatment and emergency helicopter evacuation up to the trip’s highest altitude, plus trip cancellation. Please send us your policy details before departure.

What should I pack for the Pisang Peak Climbing?

See the "What to bring" checklist on this page for the full list. The essentials are broken-in boots, warm layers, a down jacket, a waterproof shell, sun protection and a daypack. Down jackets and sleeping bags can be rented cheaply in Kathmandu, and a porter carries your main bag (up to 10–12 kg).

Ready to book or have a question?

Trip page: https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/pisang-peak-climbing/

Contact our team in Kathmandu: sonam@nordextreme.com · +977 9851078748 · delightful-orange-chimpanzee.tarevirjungleresort.com