Sherpa Trail Discovery

Trip information · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**10 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**3150m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,000 per person**

Trip overview

The Sherpa Discovery Motorbike Tour is an immersive Himalayan riding adventure that explores the hidden cultural and natural treasures of Nepal's legendary Sherpa homeland. Beginning in Kathmandu, the journey traverses the scenic highlands of Sailung, the historic mountain town of Jiri, and the traditional Sherpa villages of Ringmo, Surkey, and Dap before returning through the beautiful Sun Koshi Valley to Kathmandu.

This carefully crafted expedition combines thrilling mountain roads, spectacular Himalayan panoramas, authentic cultural encounters, and off-the-beaten-path destinations rarely visited by mainstream tourists. Riders experience the unique lifestyle, traditions, and hospitality of the Sherpa people while enjoying some of Nepal's most scenic and rewarding motorcycle routes.

Designed for adventure enthusiasts seeking a genuine cultural journey, the Sherpa Discovery Motorbike Tour offers the perfect balance of adventure riding, mountain scenery, and cultural exploration in one of Nepal's most fascinating regions.

Geography and Landscape

The Sherpa Discovery Trail traverses the middle hills and lower Himalayan region of eastern Nepal, passing through the districts of Dolakha and Solukhumbu. The route covers diverse terrain ranging from fertile river valleys and terraced farmland to alpine ridges and remote mountain settlements.

The journey begins in Kathmandu Valley before ascending to the rolling highlands of Sailung, a spectacular ridgeline known for its panoramic Himalayan views. The route then continues through lush forests, traditional villages, deep river gorges, and mountain passes toward Jiri and the lower Everest region.

As riders travel deeper into Solukhumbu, the landscape becomes increasingly dramatic, featuring dense rhododendron forests, pine-covered hillsides, rugged mountain trails, and spectacular viewpoints overlooking the Himalayas. On clear days, riders can enjoy breathtaking views of Everest, Numbur Himal, Gaurishankar, Langtang, Ganesh Himal, and numerous other snow-capped peaks.

The final section follows the scenic valleys leading to Mulkot and the Sun Koshi River before returning to Kathmandu via the picturesque BP Highway.

Climate and Best Time to Ride

The Sherpa Discovery Motorbike Tour can be enjoyed throughout much of the year; however, the best riding seasons are spring and autumn when weather conditions are most favorable and mountain views are at their finest.

Spring (March – May)

Spring is one of the most beautiful times to ride in the region. Forests are covered with blooming rhododendrons, temperatures are pleasant, and visibility is generally excellent. The hillsides come alive with vibrant colors, creating spectacular riding conditions.

Autumn (September – November)

Autumn is considered the premier season for Himalayan adventures. Following the monsoon, the skies are crystal clear, temperatures are comfortable, and mountain views are exceptionally sharp. This period offers the most stable weather and ideal riding conditions.

Winter (December – February)

Winter provides clear skies and stunning mountain panoramas. Temperatures can be cold at higher elevations, particularly in Sailung and surrounding ridges, but riding remains enjoyable for well-prepared travelers.

Monsoon (June – August)

The monsoon season brings lush green landscapes and dramatic scenery, although frequent rainfall and muddy road conditions can make riding more challenging. This season is recommended only for experienced adventure riders.

People and Culture

The route passes through the traditional homeland of the Sherpa people, one of Nepal's most renowned mountain communities. Known worldwide for their mountaineering heritage, the Sherpas possess a rich cultural identity deeply influenced by Tibetan Buddhism and centuries of life in the Himalayas.

Throughout the journey, riders encounter traditional Sherpa villages characterized by stone-built homes, colorful prayer flags, ancient monasteries, and beautifully preserved cultural traditions. Local communities continue to practice age-old customs, celebrate traditional festivals, and maintain strong spiritual connections to the mountains that surround them.

Visitors have opportunities to visit Buddhist monasteries, interact with local families, observe traditional agricultural practices, and experience the genuine warmth and hospitality for which Sherpa communities are famous. The tour provides a unique cultural immersion that extends far beyond ordinary sightseeing, offering meaningful insight into the daily lives and heritage of Nepal's mountain people.

Highlights

- Ride through the ancestral homeland of the Sherpa people.
- Explore the scenic Himalayan viewpoints of Sailung.
- Visit Jiri, the historic gateway to Everest.
- Experience authentic Sherpa culture and traditional mountain villages.
- Enjoy stunning views of Mount Everest, Gauri Shankar, Langtang, Numbur, and Ganesh Himal.

- Ride through diverse landscapes on scenic highways and off-road trails.
- Visit ancient monasteries and cultural landmarks.
- Enjoy a unique Himalayan motorcycle adventure far from the crowds.

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Ride Duration: 1–2 hrs airport transfer + briefing

Upon arrival at Tribhuvan International Airport in Kathmandu, you will be greeted by your tour representative and transferred to your hotel. The remainder of the day is free for rest or independent exploration of Kathmandu. In the evening, meet your guide and fellow riders for a welcome briefing.

Day 2 : Tour Briefing and Motorcycle Preparation (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast

Ride Duration: 4–6 hrs preparation & test ride

A full preparation day is dedicated to ensuring a safe and enjoyable expedition. Meet the support crew, review the route, inspect motorcycles, and complete documentation. A short familiarization ride around Kathmandu Valley helps riders adjust to the bikes.

Day 3 : Kathmandu – Sailung (3,150m)

Altitude: 1,400m - 3,150m

Distance: Approx. 145 km · Stay: Tea House · Visit: Gaurisankar Region · Meals: Breakfast Lunch Dinner

Ride Duration: 6–7 hrs

Scenic ride through hills, villages, and ridgelines toward Sailung Highlands. On clear days, panoramic views include Langtang, Ganesh Himal, Gaurishankar, Numbur, and Everest ranges.

Day 4 : Sailung – Jiri (1,905m)

Altitude: 3,150m - 1,905m

Distance: Approx. 75 km · Stay: Tea House · Visit: Gaurisankar Region · Meals: Breakfast Lunch Dinner

Ride Duration: 4–5 hrs

Descend through mountain roads to Jiri, historically known as the original Everest trekking gateway.

Day 5 : Jiri – Ringmo (2,720m)

Altitude: 1,905m - 2,720m

Distance: Approx. 85 km · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Ride Duration: 5–6 hrs

Ride deeper into the lower Everest region through forests and Sherpa villages. Arrive in Ringmo, a scenic mountain settlement.

Day 6 : Ringmo – Surkey (2,290m)

Altitude: 2,720m - 2,290m

Distance: Approx. 65 km · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Ride Duration: 4–5 hrs

Scenic mountain trails through Sherpa villages and alpine landscapes toward Surkey.

Day 7 : Surkey – Dap (2,850m)

Altitude: 2,290m - 2,850m

Distance: Approx. 80 km · Stay: Tea House · Visit: Everest Region · Meals: Breakfast Lunch Dinner

Ride Duration: 5–6 hrs

Ride through forested ridges and panoramic Himalayan viewpoints toward Dap.

Day 8 : Dap – Mulkot (850m)

Altitude: 2,850m - 850m

Distance: Approx. 140 km · Stay: Guest House · Visit: Nepal · Meals: Breakfast Lunch Dinner

Ride Duration: 6–7 hrs

Descend through hills and river valleys toward the Sun Koshi region and reach Mulkot.

Day 9 : Mulkot – Kathmandu (1,400m)

Altitude: 850m - 1,400m

Distance: Approx. 95 km · Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Ride Duration: 3–4 hrs

Return via the BP Highway to Kathmandu. Farewell dinner with the team after expedition completion.

Day 10 : Departure

Visit: Nepal · Meals: Breakfast

Transfer to Tribhuvan International Airport for departure.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Tour Briefing and Motorcycle Preparation · 1,400 m · day 25°C / night 9°C
- Day 3 · Kathmandu – Sailung · 1,400 m · day 25°C / night 9°C
- Day 4 · Sailung – Jiri · 3,150 m · day 16°C / night -3°C
- Day 5 · Jiri – Ringmo · 1,905 m · day 22°C / night 5°C
- Day 6 · Ringmo – Surkey · 2,720 m · day 18°C / night 0°C
- Day 7 · Surkey – Dap · 2,290 m · day 20°C / night 3°C
- Day 8 · Dap – Mulkot · 2,850 m · day 18°C / night -1°C
- Day 9 · Mulkot – Kathmandu · 850 m · day 28°C / night 12°C

What’s included

Accommodation

- 3-star standard hotel accommodation in Kathmandu (arrival & departure)
- Comfortable mountain lodges and locally run guesthouses during the ride
- Twin-sharing accommodation throughout the trip

Meals

- Daily breakfast during the entire tour
- Welcome dinner in Kathmandu
- Farewell dinner in Kathmandu
- Full-board meals (Breakfast, Lunch, Dinner) in remote sections where applicable

Transportation

- Airport pick-up and drop-off in Kathmandu
- Fully guided motorcycle tour from Kathmandu to Kathmandu
- Support vehicle (based on group size and package type)
- Fuel for motorcycles during the guided itinerary

Motorcycle & Support

- Adventure motorcycle rental (as per selected model)
- Professional ride leader (English-speaking)
- Mechanic support throughout the trip
- Basic spare parts and tools support

Permits & Administration

- All necessary local permits and entry fees (if applicable)
- Tour organization and logistics management
- Government taxes and service charges

Safety & Assistance

- First-aid kit support
- Emergency coordination assistance during the tour
- Route briefing and safety orientation before departure

Not included

International & Domestic Travel

- International airfare to and from Nepal
- Visa fees for Nepal entry (can be obtained on arrival)
- Travel insurance (mandatory)

Personal Expenses

- Lunch and dinner in Kathmandu (except welcome & farewell dinners)
- Drinks (alcoholic and non-alcoholic beverages)

- Personal snacks, beverages, and extra meals

Motorcycle Damage & Fuel Policy (if applicable)

- Damage caused by rider negligence or accidents
- Security deposit (refundable as per company policy)

Personal Gear

- Motorcycle riding equipment (helmet, jacket, boots, gloves, etc.)
- Personal clothing and trekking/riding gear
- Camera equipment and personal electronics

Optional Services

- Single room supplement (if requested)
- Extra nights accommodation in Kathmandu or along the route
- Tips for guide, driver, mechanic, and support staff
- Any activities not mentioned in the itinerary

Additional Notes

- All costs are based on standard group participation (custom/private tours may vary in pricing)
- Any emergency evacuation or medical treatment is not included and must be covered by travel insurance
- Fuel, accommodation upgrades, or route changes requested by clients outside the itinerary are chargeable separately

Dates & prices

- 02 Mar 2027 – 11 Mar 2027 · USD 1,000 · Available
- 16 Mar 2027 – 25 Mar 2027 · USD 1,000 · Available
- 06 Apr 2027 – 15 Apr 2027 · USD 1,000 · Available
- 20 Apr 2027 – 29 Apr 2027 · USD 1,000 · Available
- 04 May 2027 – 13 May 2027 · USD 1,000 · Available

Best time to visit

Best months: February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What to bring — packing checklist

Clothing

- [ ] Moisture-wicking base layers (top and bottom)
- [ ] Fleece or light insulated mid-layer
- [ ] Down jacket (–10 °C rated for high trails)
- [ ] Waterproof, breathable shell jacket and trousers
- [ ] 2–3 trekking shirts and 2 pairs of trekking trousers

- [ ] Warm hat, sun hat or cap and buff
- [ ] Light liner gloves and warm insulated gloves
- [ ] Underwear and sports bras

Footwear

- [ ] Broken-in waterproof trekking boots with ankle support
- [ ] Camp shoes or sandals for teahouse evenings
- [ ] Hiking socks (4–5 pairs) and warm wool socks for nights

Equipment

- [ ] Daypack 30–35 L with rain cover
- [ ] Sleeping bag rated to –10 °C (we can provide one)
- [ ] Trekking poles
- [ ] Sunglasses with UV protection
- [ ] Duffel bag for the porter (provided by Nord Extreme)

Health & personal

- [ ] Personal medication and a small first-aid kit
- [ ] Altitude medicine (Diamox) after consulting your doctor
- [ ] Water bottles or a 2–3 L hydration bladder, purification tablets or filter
- [ ] Sunscreen SPF 50, lip balm with SPF
- [ ] Hand sanitiser, wet wipes, quick-dry towel
- [ ] Headlamp with spare batteries, power bank

Documents & money

- [ ] Passport valid for 6+ months, plus copies
- [ ] Travel insurance policy (covering helicopter evacuation)
- [ ] 4 passport photos for permits
- [ ] Cash in USD / Nepali rupees for tips, snacks and extras
- [ ] Credit or debit card

Down jackets and sleeping bags can also be rented in Kathmandu.

Essential information

Accommodation

Accommodation is provided in a carefully selected combination of comfortable city hotels, boutique lodges, and authentic locally run guesthouses throughout the route.

In Kathmandu, riders stay in well-established tourist-standard hotels with modern facilities. Along the riding route—particularly in Sailung, Jiri, Ringmo, Surkey, and Dap—accommodation becomes progressively more traditional, reflecting the remote Himalayan environment.

Most properties offer twin-sharing rooms, basic but clean amenities, hot meals, and warm local hospitality. In remote areas, facilities are simpler but provide an authentic cultural experience of rural mountain life.

Meals

A daily breakfast plan is included throughout the tour, with additional meals available at local lodges and restaurants along the route.

Food is freshly prepared and supports both energy and comfort during motorcycle travel. Typical meal options include:

- Traditional Nepali Dal Bhat set meals
- Tibetan and Sherpa specialties (momos, thukpa, stew)
- Fried rice, noodles, pasta, and basic continental dishes
- Eggs, bread, pancakes, and seasonal vegetables
- Tea, coffee, and local herbal drinks

Meal variety is consistent in towns and slightly limited in remote mountain villages, but always sufficient for travel needs.

Difficulty & Riding Requirements

The Sherpa Discovery Motorbike Tour is graded as Moderate Adventure Riding.

The route is suitable for riders with prior motorcycle touring experience, particularly on mixed terrain such as paved highways, gravel roads, and mountain tracks.

Daily riding includes a combination of smooth highways and off-road sections with varying conditions. Riders should be comfortable with:

- Long riding days in mountainous terrain
- Gravel and uneven road surfaces
- Steep ascents and descents
- Changing weather and visibility conditions

No extreme off-road technical riding is required, but good control and confidence are essential.

Permits

The following permits are generally required for this expedition:

- Local Government Entry Permits (Dolakha & Solukhumbu regions)
- Road and conservation-related local permits (as applicable)
- Tour operator registration documentation

All necessary permits are arranged in advance by the organizing company.

Transportation & Access

The tour begins and ends in Kathmandu. The route is fully motorable and includes a combination of highway sections and mountain roads.

Support vehicles may accompany the group depending on group size and operational requirements, providing logistics assistance, luggage transport, and emergency backup.

Fuel availability is sufficient along major towns such as Kathmandu, Mulkot, Jiri, and surrounding areas.

Safety & Riding Support

Safety is a top priority throughout the expedition. The tour is led by experienced ride leaders familiar with Himalayan terrain and local road conditions.

Support includes:

- Pre-ride safety briefing and motorcycle orientation
- Route guidance and group management

- Basic mechanical support and tools
- Emergency communication support where available
- First-aid assistance if required

Riders are expected to follow group riding discipline and safety instructions at all times.

Additional information

Guide & Support Crew

The expedition is led by professional motorcycle tour leaders supported by local assistants and mechanics. The team ensures smooth logistics, cultural interpretation, and on-ground assistance throughout the journey.

Local knowledge enhances the experience by providing insight into Sherpa culture, geography, and regional history.

Cultural & Natural Highlights

The Sherpa Discovery Motorbike Tour offers a rich blend of culture, nature, and adventure:

- Sailung panoramic Himalayan viewpoints
- Historic Everest gateway town of Jiri
- Authentic Sherpa villages: Ringmo, Surkey, and Dap
- Buddhist monasteries, prayer flags, and cultural landmarks
- Forested hills, river valleys, and alpine ridges
- Views of Everest, Gaurishankar, Numbur, and Langtang ranges
- Traditional rural Himalayan lifestyle experiences

Essential Equipment

Recommended riding gear includes:

- Certified adventure motorcycle helmet
- Protective riding jacket and trousers with armor
- Riding gloves and durable boots
- Waterproof outer shell (jacket & pants)
- Thermal layers for cold mornings and high altitudes
- Sunglasses and sun protection
- Small day backpack for essentials
- Personal medical kit and toiletries
- Proper riding gear is mandatory for safety and comfort.

Communication & Connectivity

Mobile network coverage is available in most towns and settlements along the route. However, connectivity may be limited or intermittent in remote mountain sections.

Wi-Fi is available in Kathmandu and select lodges but should not be relied upon during the entire journey.

Travel Insurance

Comprehensive travel insurance is mandatory and must cover:

- Motorcycle touring activities
- Medical treatment and hospitalization
- Emergency evacuation (including helicopter rescue if necessary)
- Personal accident coverage
- Trip cancellation and interruption

Why Choose the Sherpa Discovery Motorbike Tour?

This expedition is designed for riders seeking more than just a motorcycle journey. It is a complete Himalayan cultural experience combining:

- Authentic Sherpa heritage and lifestyle
- Scenic and adventurous mountain riding routes
- Less-traveled and uncrowded destinations
- Rich Buddhist culture and monastery visits
- Diverse landscapes from valleys to high ridges
- Professional support and well-planned logistics

The Sherpa Discovery Motorbike Tour delivers a balanced blend of adventure, culture, and Himalayan exploration—making it one of Nepal's most distinctive motorcycle experiences.

Frequently asked questions

How difficult is the Sherpa Trail Discovery?

The Sherpa Trail Discovery is graded Moderate — suitable for most active travellers. Expect 5–7 hours of walking on most days on mountain trails with plenty of ascents and descents. Regular cardio training — hiking, running, cycling or stair climbing — for 6–8 weeks before departure makes the trip far more enjoyable.

What is the best time for the Sherpa Trail Discovery?

For the Kathmandu Valley & mid-hills region the best months are February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What permits do I need for the Sherpa Trail Discovery?

You need entry tickets for the heritage sites you visit. Nord Extreme arranges every permit for you before the trip starts — check the "Includes" section above for exactly what is covered in the price. Just bring your passport and a few passport-size photos.

What is the accommodation like on the Sherpa Trail Discovery?

In Kathmandu you stay in a comfortable hotel; on the trail we use the best available family-run teahouses and lodges with twin-share rooms, shared or attached bathrooms and a warm dining room. Upgrades to luxury lodges are possible on popular routes such as Everest and Annapurna.

Can I book the Sherpa Trail Discovery as a private trip or join a group?

Both. You can join one of the fixed departures listed under "Dates & Prices", or book a private trip for just you, your family or friends on any date. Solo travellers are welcome — you will always have your own

licensed guide.

Do I need travel insurance for the Sherpa Trail Discovery?

Yes, travel insurance is compulsory. It must cover medical treatment and emergency helicopter evacuation up to the trip's highest altitude, plus trip cancellation. Please send us your policy details before departure.

What should I pack for the Sherpa Trail Discovery?

See the "What to bring" checklist on this page for the full list. The essentials are broken-in boots, warm layers, a down jacket, a waterproof shell, sun protection and a daypack. Down jackets and sleeping bags can be rented cheaply in Kathmandu, and a porter carries your main bag (up to 10–12 kg).

Ready to book or have a question?

Trip page: https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/sherpa-trail-discovery/

Contact our team in Kathmandu: sonam@nordextreme.com · +977 9851078748 · delightful-orange-chimpanzee.tarevirjungleresort.com