Tent Peak Climbing

Trip information · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**17 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**5663m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 3,090 per person**

Trip overview

Tent Peak Climbing, also known as Tharpu Chuli, is a popular trekking peak located in the Annapurna region of Nepal. It is considered one of the best introductory climbing peaks in the Annapurna Sanctuary, ideal for trekkers seeking their first Himalayan summit experience.

The journey begins with a drive or flight to Pokhara, followed by a scenic trek through the Annapurna Base Camp route via villages such as Chhomrong, Deurali, and Machhapuchhre Base Camp. The route continues into the Annapurna Sanctuary before reaching Tent Peak Base Camp.

From Base Camp, climbers ascend steep snow slopes and glacier terrain to reach the summit. The climb is non-technical in nature but requires good fitness and basic use of climbing equipment. The summit offers a stunning panoramic view of Annapurna I, Annapurna South, Hiunchuli, and Machhapuchhre (Fishtail).

Geography & Landscape

Tent Peak is located inside the heart of the Annapurna Sanctuary within the protected area of Annapurna Conservation Area.

The region is famous for its dramatic amphitheater-like landscape surrounded by some of the world's highest mountains. The trail passes through subtropical forests, rhododendron valleys, terraced farmlands, and alpine zones before reaching the glacial basin of Annapurna Base Camp.

As climbers move higher toward Tent Peak, the environment becomes increasingly rugged, with glaciers, snowfields, and rocky moraine landscapes dominating the scenery. The summit offers one of the most spectacular mountain views in the Annapurna region.

Sherpa Guide & Support

Tent Peak Climbing is conducted under the supervision of experienced Sherpa and mountain guides who ensure safety and proper acclimatization throughout the expedition.

Key support includes:

- Route guidance across glacier and snow terrain
- Basic climbing instruction (crampons, ice axe, rope use)

- Fixed rope support on steeper sections if required
- Altitude monitoring and daily health checks
- Weather evaluation and summit planning
- Emergency response and evacuation coordination

Porters assist with carrying expedition gear up to Base Camp, while guides provide full support during training and summit preparation.

With professional guidance, Tent Peak offers a safe and rewarding introduction to Himalayan climbing in the breathtaking Annapurna Sanctuary.

Highlights

- Spectacular Himalayan views of Annapurna I, Machhapuchhre & Hiunchuli
- 5,695m summit in the stunning Annapurna region of Nepal
- 14–18 days guided trekking and climbing expedition
- Located inside the protected Annapurna Conservation Area (ACAP)
- Scenic trek through Annapurna Base Camp trail
- Suitable trekking peak for fit beginners with basic preparation
- Professional Sherpa guide with full climbing support
- Glacier travel and fixed rope climbing on summit day.

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Arrival at Tribhuvan International Airport in Kathmandu. Meet trekking team and transfer to hotel. Evening briefing about route, weather, and equipment check.

Day 2 : Kathmandu Sightseeing & Preparation (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast

Permit processing, gear check, and optional sightseeing (Pashupatinath, Boudhanath, Durbar Square). Final preparation for trek.

Day 3 : Drive to Pokhara (820m)

Altitude: 1,400m - 820m

Stay: Hotel · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Time: 6-7 hours

Scenic drive along rivers and hills or optional flight to Pokhara. Evening at Pokhara Lakeside.

Day 4 : Drive to Nayapul – Trek to Ghandruk (1,940m)

Altitude: 820m - 1,940m

Walk: 4–5 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Drive to trailhead and start trek through terraced fields and Gurung villages with views of Annapurna

South.

Day 5 : Ghandruk – Chhomrong (2,170m)

Altitude: 1,940m - 2,170m

Walk: 5–6 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Trail ascends and descends through forest ridges and stone steps with first clear views of the Annapurna massif.

Day 6 : Chhomrong – Bamboo / Dovan (2,300–2,600m)

Altitude: 2,170m - 2,300–2,600m

Walk: 5–6 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Descend to river and climb into dense bamboo and rhododendron forest.

Day 7 : Dovan – Deurali (3,200m)

Altitude: 2,300–2,600m - 3,200m

Walk: 5–6 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Steady climb into alpine zone with glacier river valley views.

Day 8 : Deurali – Annapurna Base Camp (4,130m)

Altitude: 3,200m - 4,130m

Walk: 4–5 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Enter Annapurna Sanctuary surrounded by 360° Himalayan peaks.

Day 9 : Annapurna Base Camp – Tent Peak Base Camp (4,800m)

Altitude: 4,130m - 4,800m

Walk: 4-5 hours · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Short but steep climb above ABC into Tent Peak base area. Set up tents and prepare gear.

Day 10 : Climbing Training Day (4,800m)

Altitude: 4,800m - 4,800m

Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Basic mountaineering training:

- Crampon walking
- Ice axe handling
- Rope safety practice
- Glacier movement basics

Day 11 : Base Camp – High Camp (5,200–5,300m)

Altitude: 4,800m - 5,200–5,300m

Walk: 3–4 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Ascend steep snowy slopes to High Camp. First exposure to glacier climbing conditions.

Day 12 : Summit Tent Peak (5,663m) – Return

Altitude: 5,200–5,300m - 5,663m - descent

Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Time: 10–12 hrs

Midnight summit push from High Camp via snow slopes, fixed ropes, glacier crossing, and final steep ridge to summit.

Summit views include Annapurna I, Machapuchare (Fishtail), Hiunchuli, and Annapurna South.

Day 13 : Contingency Day (5,200–5,300m)

Altitude: 5,200–5,300m - 5,200–5,300m

Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Reserved for bad weather, rest, or summit retry.

Day 14 : High Camp – Annapurna Base Camp – Bamboo (2,340m approx.)

Altitude: 5,200–5,300m - 2,340m

Walk: 6–7 hrs · Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Descend back through the Annapurna Sanctuary to lower forest zones.

Day 15 : Bamboo – Chhomrong – Jhinu Danda – Pokhara (820m)

Altitude: 2,340m - 820m

Walk: 5–6 hrs · Stay: Hotel · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Final trekking day with optional hot springs at Jhinu Danda, then drive to Pokhara.

Day 16 : Pokhara – Kathmandu (1,400m)

Altitude: 820m - 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Travel: Flight or drive

Return to Kathmandu by flight or drive. Trip ends with departure or onward travel.

Day 17 : Final Departure

Visit: Nepal · Meals: Breakfast

Today marks the end of your journey in Kathmandu. After breakfast, our team from Nord Extreme will transfer you to Tribhuvan International Airport for your final departure.

We hope you had a wonderful trekking experience in Nepal and wish you a safe journey ahead.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 25°C / night 9°C
- Day 2 · Kathmandu Sightseeing & Preparation · 1,400 m · day 25°C / night 9°C
- Day 3 · Drive to Pokhara · 1,400 m · day 25°C / night 9°C
- Day 4 · Drive to Nayapul – Trek to Ghandruk · 820 m · day 28°C / night 12°C
- Day 5 · Ghandruk – Chhomrong · 1,940 m · day 22°C / night 5°C
- Day 6 · Chhomrong – Bamboo / Dovan · 2,170 m · day 21°C / night 4°C
- Day 7 · Dovan – Deurali · 2,300 m · day 20°C / night 3°C
- Day 8 · Deurali – Annapurna Base Camp · 3,200 m · day 16°C / night -3°C

- Day 9 · Annapurna Base Camp – Tent Peak Base Camp · 4,130 m · day 11°C / night -9°C
- Day 10 · Climbing Training Day · 4,800 m · day 8°C / night -13°C
- Day 11 · Base Camp – High Camp · 4,800 m · day 8°C / night -13°C
- Day 12 · Summit Tent Peak – Return · 5,200 m · day 6°C / night -16°C
- Day 13 · Contingency Day · 5,200 m · day 6°C / night -16°C
- Day 14 · High Camp – Annapurna Base Camp – Bamboo · 5,200 m · day 6°C / night -16°C
- Day 15 · Bamboo – Chhomrong – Jhinu Danda – Pokhara · 2,340 m · day 20°C / night 2°C
- Day 16 · Pokhara – Kathmandu · 820 m · day 28°C / night 12°C

What’s included

Accommodation

- 3 nights hotel in Kathmandu (3-star standard)
- 1–2 nights hotel in Pokhara
- Teahouse accommodation throughout trekking route (Ghandruk -> ABC region)
- Tent accommodation at Tent Peak Base Camp and High Camp

Meals

- Full board meals during trek and climbing (Breakfast, Lunch, Dinner)
- Tea/coffee during meals
- Standard trekking menu (dal bhat, noodles, rice, pasta, soup, eggs)
- Welcome and farewell dinner in Kathmandu

Transportation

- Airport pickup and drop in Kathmandu
- Kathmandu – Pokhara – Kathmandu (flight or tourist bus/jeep)
- Pokhara – Nayapul / trailhead transport (jeep)
- All necessary ground transfers during itinerary

Permits & Entry Fees

- Annapurna Conservation Area entry permit (ACAP)
- TIMS card (Trekkers’ Information Management System)
- Tent Peak climbing permit (NMA trekking peak permit if applicable)
- Local conservation and rural municipality fees

Guide & Staff

- Licensed English-speaking trekking guide
- Experienced climbing guide for summit section
- Porters (2 trekkers : 1 porter ratio)
- Staff insurance, salary, meals, and accommodation

Group Climbing Equipment

- Climbing ropes (fixed rope setup for summit route)

- Safety ropes and anchors
- Harness sets (group backup)
- Ice anchors and carabiners
- First aid medical kit
- Pulse oximeter for altitude monitoring
- Basic communication support (radio if needed)

Expedition Logistics

- Base Camp kitchen support (in tented section)
- Camping equipment (tents, kitchen tent, dining tent)
- Kitchen staff for higher camps (if full package)
- Route briefing and summit planning support

Not included

Travel & Entry

- International airfare to/from Nepal
- Nepal entry visa fees (USD 30–50 approx.)

Personal Climbing Gear

(Usually rented or brought by climber)

- Mountaineering boots (crampon compatible)
- Crampons
- Ice axe
- Climbing harness
- Helmet
- Down jacket (-20°C to -30°C rated)
- Sleeping bag (-20°C rated or higher)
- Trekking poles

Insurance & Safety

Travel insurance (mandatory) covering:

- Altitude up to 6,000m+
- Helicopter evacuation
- Medical treatment + repatriation
- Emergency rescue or evacuation costs (if required)

Personal Expenses

- Hot showers in teahouses
- Wi-Fi and internet charges
- Device charging fees
- Alcoholic drinks and bottled beverages

- Extra snacks and personal food items
- Laundry services
- Kathmandu & Pokhara Meals
- Lunch and dinner in cities (not included unless specified)

Miscellaneous

- Tips for guides, porters, and staff
- Costs due to weather delays, landslides, or flight cancellations
- Extra hotel nights in Kathmandu/Pokhara due to delays
- Personal shopping or souvenirs

Dates & prices

- 02 Mar 2027 – 18 Mar 2027 · USD 3,090 · Available
- 16 Mar 2027 – 01 Apr 2027 · USD 3,090 · Available
- 06 Apr 2027 – 22 Apr 2027 · USD 3,090 · Available
- 20 Apr 2027 – 06 May 2027 · USD 3,090 · Available
- 04 May 2027 – 20 May 2027 · USD 3,090 · Available

Best time to visit

Best months: February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What to bring — packing checklist

Climbing gear

- [ ] Mountaineering boots (double or insulated, crampon-compatible)
- [ ] Crampons, climbing harness, helmet
- [ ] Ice axe, jumar (ascender), descender / figure-8
- [ ] 2 locking and 2 non-locking carabiners, tape slings and prusik
- [ ] Glacier glasses (category 4) and ski goggles

Clothing

- [ ] Thermal base layers
- [ ] Fleece and softshell mid-layers
- [ ] Expedition down jacket and down or insulated trousers
- [ ] Hard-shell (Gore-Tex) jacket and trousers
- [ ] Liner, insulated and summit mittens
- [ ] Balaclava, warm hat, buff and sun hat

Trekking & camp

- [ ] Trekking boots and camp shoes
- [ ] Sleeping bag rated to –20 °C
- [ ] Daypack 35–45 L and a large duffel bag
- [ ] Trekking poles, thermos flask, pee bottle

Health & personal

- [ ] Personal medication and a small first-aid kit
- [ ] Altitude medicine (Diamox) after consulting your doctor
- [ ] Water bottles or a 2–3 L hydration bladder, purification tablets or filter
- [ ] Sunscreen SPF 50, lip balm with SPF
- [ ] Hand sanitiser, wet wipes, quick-dry towel
- [ ] Headlamp with spare batteries, power bank

Documents & money

- [ ] Passport valid for 6+ months, plus copies
- [ ] Travel insurance policy (covering helicopter evacuation)
- [ ] 4 passport photos for permits
- [ ] Cash in USD / Nepali rupees for tips, snacks and extras
- [ ] Credit or debit card

Down jackets and sleeping bags can also be rented in Kathmandu.

Essential information

Accommodation

Accommodation during the Tent Peak (Tharpu Chuli) Climbing expedition includes comfortable 3-star hotel stays in Kathmandu, teahouse accommodation along the Annapurna Base Camp trekking route, and tented accommodation at Tent Peak Base Camp when required. Teahouses offer basic but comfortable facilities, with hot showers, Wi-Fi, and charging services available in many locations for an additional fee.

Meals

The expedition includes full-board meals (Breakfast, Lunch, and Dinner) throughout the trek and climbing period. Meals are freshly prepared to provide the energy required for trekking and climbing at high altitude. Packed lunches and high-energy snacks are provided during summit day.

Difficulty & Fitness

Tent Peak (5,663m), also known as Tharpu Chuli, is considered a moderately challenging trekking peak. Climbers should have good physical fitness and previous trekking experience at high altitude. While less technical than many Everest-region peaks, the climb involves snow slopes, glacier travel, and the use of basic mountaineering equipment.

Permits

The expedition requires the following permits:

- Tent Peak (Tharpu Chuli) Climbing Permit
- Annapurna Conservation Area Permit (ACAP)
- TIMS Card (if applicable)

All permits and necessary documentation are arranged by the expedition organizer.

Best Time to Climb

The best seasons for Tent Peak are:

Spring (March–May)

- Stable weather conditions
- Blooming rhododendron forests
- Excellent mountain visibility
- Autumn (September–November)
- Clear skies and dry conditions
- Comfortable temperatures
- Ideal climbing and trekking conditions

Transportation

The journey begins with a scenic drive or flight from Kathmandu to Pokhara, followed by trekking through the Annapurna region via Chhomrong, Deurali, Machhapuchhre Base Camp, and Annapurna Base Camp before reaching Tent Peak Base Camp.

Safety & Altitude

The itinerary includes gradual acclimatization and professional guide support to ensure a safe climbing experience. Experienced climbing guides provide technical assistance, health monitoring, and emergency response support throughout the expedition. Travel insurance covering climbing activities up to 6,000m and emergency helicopter evacuation is mandatory.

Additional information

Extra Information

Climbing Training

Before the summit attempt, climbers receive practical training in the use of crampons, ice axes, climbing harnesses, ropes, and basic glacier travel techniques. This preparation helps participants gain confidence and improve safety during the ascent.

Essential Equipment

Participants should bring suitable trekking and climbing equipment, including warm clothing, mountaineering boots, crampons, ice axe, climbing harness, helmet, sleeping bag, sunglasses, trekking poles, and personal essentials.

Why Choose Tent Peak?

- One of the most accessible climbing peaks in the Annapurna region
- Ideal introduction to Himalayan mountaineering
- Combines Annapurna Base Camp Trek with a climbing adventure
- Spectacular views of Annapurna I, Annapurna South, Hiunchuli, Machhapuchhre, and Gangapurna
- Less crowded than many Everest-region climbing peaks
- Professional climbing support and technical training
- Perfect for trekkers seeking their first Himalayan summit experience

Tent Peak Climbing offers a rewarding blend of trekking and mountaineering within the spectacular Annapurna Sanctuary, making it an excellent choice for climbers looking to experience a Himalayan

summit in a stunning alpine setting.

Frequently asked questions

How difficult is the Tent Peak Climbing?

The Tent Peak Climbing is graded Moderate — suitable for most active travellers. You should be comfortable with long days at altitude; previous use of crampons and ropes helps, and our climbing Sherpas run pre-climb training at base camp. Regular cardio training — hiking, running, cycling or stair climbing — for 6–8 weeks before departure makes the trip far more enjoyable.

What is the best time for the Tent Peak Climbing?

For the Kathmandu Valley & mid-hills region the best months are February–April and October–November. The Kathmandu Valley can be visited all year. October–November and March–April are pleasant and clear; December–February are sunny with cold mornings, and the monsoon brings afternoon showers but green, uncrowded heritage sites.

What permits do I need for the Tent Peak Climbing?

You need entry tickets for the heritage sites you visit, plus the Nepal Mountaineering Association climbing permit. Nord Extreme arranges every permit for you before the trip starts — check the "Includes" section above for exactly what is covered in the price. Just bring your passport and a few passport-size photos.

What is the accommodation like on the Tent Peak Climbing?

You stay in hotels in Kathmandu and teahouses on the approach trek, then in quality expedition tents at base camp and high camp. Our team sets up a dining tent, kitchen and toilet tent and cooks fresh, high-energy meals.

Can I book the Tent Peak Climbing as a private trip or join a group?

Both. You can join one of the fixed departures listed under "Dates & Prices", or book a private trip for just you, your family or friends on any date. Solo travellers are welcome — you will always have your own licensed guide.

Do I need travel insurance for the Tent Peak Climbing?

Yes, travel insurance is compulsory. It must cover medical treatment and emergency helicopter evacuation up to the trip’s highest altitude, plus trip cancellation. Please send us your policy details before departure.

What should I pack for the Tent Peak Climbing?

See the "What to bring" checklist on this page for the full list. The essentials are broken-in boots, warm layers, a down jacket, a waterproof shell, sun protection and a daypack. Down jackets and sleeping bags can be rented cheaply in Kathmandu, and a porter carries your main bag (up to 10–12 kg).

Ready to book or have a question?

Trip page: https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/tent-peak-climbing/

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