Upper Mustang Jeep Tour

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**12 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**3840m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 3,350 per person**

Day-by-day itinerary

Day 1 : Arrival in Kathmandu (1,400m)

Altitude: 1,400m

Stay: Hotel · Visit: Nepal · Meals: Dinner

Welcome to Nepal! Upon arrival at Tribhuvan International Airport, our representative will greet you and transfer you to your hotel. After check-in, meet your guide for a trip briefing, permit verification, and final preparation for your Upper Mustang adventure.

You may spend the remainder of the day exploring the vibrant streets of Thamel or relaxing after your journey.

Day 2 : Permit Preparation and Drive to Bandipur (1,030m)

Altitude: 1,400m – 1,030m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Drive Duration: 5–6 hours

Today, we complete the necessary permit formalities for the Upper Mustang Restricted Area and Annapurna Conservation Area. After breakfast, begin a scenic drive toward the beautiful hilltop town of Bandipur. The journey offers magnificent views of terraced hillsides, river valleys, and traditional villages. Upon arrival, explore Bandipur's preserved Newari architecture and enjoy panoramic Himalayan views.

Day 3 : Drive from Bandipur to Kalopani (2,530m)

Altitude: 1,030m – 2,530m

Stay: Tea House · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Drive Duration: 7–8 hours

After breakfast, continue driving through the Marsyangdi and Kali Gandaki valleys toward Kalopani. The route passes charming villages, cascading waterfalls, deep gorges, and apple orchards while offering spectacular views of Annapurna, Dhaulagiri, and Nilgiri. As the landscape gradually transitions into the Himalayan highlands, enjoy the unique beauty of the Kali Gandaki corridor.

Day 4 : Drive from Kalopani to Ghami (3,520m)

Altitude: 2,530m – 3,520m

Stay: Tea House · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Drive Duration: 6–7 hours

Today, enter the restricted region of Upper Mustang. Following the ancient trade route along the Kali Gandaki River, pass through Kagbeni, Tangbe, Chhusang, Chele, Samar, and Ghiling before reaching Ghami. The journey reveals dramatic desert landscapes, colorful rock formations, ancient monasteries, and traditional Tibetan-style settlements rich in culture and history.

Day 5 : Drive from Ghami to Lo Manthang via Tsarang (3,840m)

Altitude: 3,520m – 3,840m

Stay: Tea House · Visit: Upper Mustang Region · Meals: Breakfast Lunch Dinner

Drive Duration: 4–5 hours

Drive through vast windswept plateaus and ancient settlements toward the legendary walled city of Lo Manthang. Along the way, visit Dhakmar's striking red cliffs, the famous Mani Wall, Ghar Gompa, and the historic village of Tsarang, known for its impressive monastery and ancient royal palace. Arrive at the former capital of the Kingdom of Mustang and experience its unique cultural heritage.

Day 6 : Explore Lo Manthang and Chhoser Valley (4,200m)

Altitude: 3,840m – 4,200m

Stay: Tea House · Visit: Upper Mustang Region · Meals: Breakfast Lunch Dinner

Driving Duration: 3–4 hours

Today, explore the fascinating Chhoser Valley and the hidden treasures surrounding Lo Manthang by jeep. Visit Chhoser Village, the ancient Jhong Cave, Nyphu Monastery, Garphu Monastery, the Tibet border area, and Konchok Ling Cave. The region offers breathtaking Himalayan desert scenery, centuries-old cave dwellings, and profound Tibetan Buddhist traditions.

Day 7 : Explore Lo Manthang Valley (3,840m)

Altitude: 3,840m

Stay: Tea House · Visit: Upper Mustang Region · Meals: Breakfast Lunch Dinner

Driving Duration: Local sightseeing

Spend another day discovering the cultural and historical highlights of Lo Manthang. Visit the Royal Palace, centuries-old monasteries, traditional Tibetan villages, local museums, and hidden valleys surrounding the city. This immersive exploration provides a deeper understanding of the former Kingdom of Mustang and its preserved Tibetan heritage.

Day 8 : Drive from Lo Manthang to Yara via Luri Gompa (3,650m)

Altitude: 3,840m – 3,650m

Stay: Tea House · Visit: Upper Mustang Region · Meals: Breakfast Lunch Dinner

Drive Duration: 7–8 hours

Leave Lo Manthang and journey through remote valleys toward Yara. En route, visit the mystical Luri Gompa and Tashi Kabum, renowned for their ancient cave monasteries, sacred Buddhist murals, and spiritual significance. The drive traverses some of Mustang's most isolated and spectacular desert

landscapes.

Day 9 : Drive from Yara to Muktinath (3,800m)

Altitude: 3,650m – 3,800m

Stay: Tea House · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Drive Duration: 7–8 hours

Drive through rugged canyons, high plateaus, and traditional settlements toward the sacred pilgrimage destination of Muktinath. Revered by both Hindus and Buddhists, Muktinath Temple is famous for its eternal flame, 108 water spouts, and profound spiritual significance. Enjoy remarkable mountain scenery throughout the journey.

Day 10 : Drive from Muktinath to Pokhara (822m)

Altitude: 3,800m – 822m

Stay: Hotel · Visit: Annapurna Region · Meals: Breakfast Lunch Dinner

Drive Duration: 8–9 hours

After breakfast, begin the long but scenic drive back to Pokhara via Jomsom, Marpha, Tatopani, and Beni. Descend through dramatic mountain landscapes, apple orchards, riverside villages, and lush hillsides while enjoying stunning views of the Annapurna and Dhaulagiri ranges. Upon arrival, relax beside the tranquil waters of Phewa Lake.

Day 11 : Drive from Pokhara to Kathmandu (1,400m)

Altitude: 822m – 1,400m

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Drive Duration: 6–7 hours

After breakfast, drive back to Kathmandu along the scenic Prithvi Highway. The route follows winding river valleys, terraced farmlands, and picturesque hillside villages. Upon arrival, enjoy free time for shopping, sightseeing, or relaxing before your international departure.

Day 12 : Final Departure (1,400m)

Visit: Nepal · Meals: Breakfast

According to your international flight schedule, our representative will transfer you to Tribhuvan International Airport for your final departure. Your memorable journey through the hidden Kingdom of Upper Mustang comes to an end, carrying unforgettable memories of Nepal's unique landscapes, culture, and Himalayan hospitality.

Altitude & temperature

Typical daytime / night temperature at each overnight stop in the best travel months. Temperatures can change with the weather.

- Day 1 · Arrival in Kathmandu · 1,400 m · day 30°C / night 20°C
- Day 2 · Permit Preparation and Drive to Bandipur · 1,400 m · day 30°C / night 20°C
- Day 3 · Drive from Bandipur to Kalopani · 1,030 m · day 32°C / night 23°C
- Day 4 · Drive from Kalopani to Ghami · 2,530 m · day 24°C / night 13°C
- Day 5 · Drive from Ghami to Lo Manthang via Tsarang · 3,520 m · day 19°C / night 6°C

- Day 6 · Explore Lo Manthang and Chhoser Valley · 3,840 m · day 18°C / night 4°C
- Day 7 · Explore Lo Manthang Valley · 3,840 m · day 18°C / night 4°C
- Day 8 · Drive from Lo Manthang to Yara via Luri Gompa · 3,840 m · day 18°C / night 4°C
- Day 9 · Drive from Yara to Muktinath · 3,650 m · day 18°C / night 5°C
- Day 10 · Drive from Muktinath to Pokhara · 3,800 m · day 18°C / night 5°C
- Day 11 · Drive from Pokhara to Kathmandu · 822 m · day 33°C / night 24°C
- Day 12 · Final Departure · 1,400 m · day 30°C / night 20°C

What's included

1. Transportations

- Private/tourist vehicles for airport pickup and drop-off in Kathmandu.
- Private/tourist vehicles transfer as per itinerary to access the trailheads.

2. Accommodation & Meals

- 3 Nights 3 star hotel in Kathmandu with bed & breakfast basis.
- 1 Night 3 star hotel in Pokhara with bed & breakfast basis.
- All Meals (breakfast, lunch & dinner with tea & coffee) during the trekking Period.

3. Permits

- Upper Mustang restricted Area permits (Issued by Department of Immigration)
- Annapurna Conservation Area Project (ACAP) permits.
- Local Government entry permits.
- Trekkers' Information Management System (TIMS) permits.

4. Guide & Staff

- Professional and experience License holder trekking guide salary & insurance.
- Porter salary, equipments & insurance.
- First aid medical kit for emergency support.

Not included

1. International Flights

- Airfare from your home country to Nepal (Tribhuvan International Airport, Kathmandu).
- Return airfare from Nepal (Tribhuvan International Airport, Kathmandu) to your home country.

2. Visa Fees

- Nepal entry visa fee for entering Nepal (available on arrival at Tribhuvan International Airport, Kathmandu, or through a Nepalese embassy).

3. Travel Insurance (Mandatory)

- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, helicopter evacuation, trip cancellation, and other unforeseen circumstances.

4. Personal Expenses

- Tips, gifts, and souvenirs for trekking guides and porters.
- Personal trekking equipment and gear.
- Charges for lodge Wi-Fi, hot showers, battery charging, and laundry services.

5. Meals & Beverages

- Lunch and dinner in Kathmandu, Pokhara, and other locations where accommodation is provided in 3-star category hotels.
- Soft drinks, bottled water, alcoholic beverages, and snacks consumed during meals

Ready to book or have a question?

Trip page: https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/upper-mustang-jeep-tour/

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