Upper Mustang Overland Jeep Expedition

Itinerary & costs · Nord Extreme Himalaya Pvt. Ltd. · delightful-orange-chimpanzee.tarevirjungleresort.com · Updated 22 November 2026

DURATION	**8 Days**
DIFFICULTY	**Moderate**
MAX ALTITUDE	**4660m**
GROUP SIZE	**17 People**
BEST SEASON	**September–November and March–May**
START / END	**Kathmandu / Kathmandu**
PRICE FROM	**USD 1,655 per person**

Day-by-day itinerary

Day 1 : Kathmandu – Pokhara (Flight) – Drive to Kalopani

Stay: Lodge in Kalopani · Stay: Hotel · Visit: Mustang Region · Meals: Breakfast

Flight Time: 25 minutes

Driving Distance: Approximately 165 km

Driving Time: 7–8 hours

Overnight Elevation: 2,530 m

After an early morning flight from Kathmandu to Pokhara, you will meet your guide and private 4WD driver at the airport. Your adventure begins by driving through the scenic Kali Gandaki Valley via Beni, Tatopani, Ghasa, and Lete. Along the way, enjoy spectacular views of the Annapurna and Dhaulagiri mountain ranges, beautiful waterfalls, lush forests, and traditional mountain villages.

Continue through the famous apple-growing region before arriving at Kalopani, a peaceful village surrounded by magnificent Himalayan peaks.

Scenic flight to Pokhara

Kali Gandaki Gorge

Tatopani Hot Spring area

Annapurna and Dhaulagiri mountain views

Traditional Thakali villages

Day 2 : Kalopani – Kagbeni – Chhusang – Samar – Ghami – Dhakmar

Stay: Lodge in Dhakmar · Stay: Hotel · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Driving Distance: Approximately 110 km

Driving Time: 6–7 hours

Overnight Elevation: 3,820 m

After breakfast, continue north through Marpha and Jomsom before reaching Kagbeni, the gateway to

Upper Mustang. After completing permit formalities, drive into the restricted area, passing Tangbe, Chhusang, Chele, Samar, Syangboche, and Ghami.

The route offers dramatic desert landscapes, colorful cliffs, deep canyons, and ancient Tibetan villages. Arrive at Dhakmar, famous for its spectacular red sandstone cliffs believed to have been blessed by Guru Rinpoche.

Upper Mustang Restricted Area

Kagbeni Village

Long Mani Wall at Ghami

Tibetan Buddhist culture

Dhakmar Red Cliffs

Day 3 : Dhakmar – Ghar Gompa – Tsarang – Lo Manthang

Stay: Hotel/Lodge in Lo Manthang · Stay: Hotel · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Driving Distance: Approximately 45 km

Driving Time: 3–4 hours

Overnight Elevation: 3,840 m

This morning, visit the ancient Lo Gekar (Ghar Gompa), one of Nepal's oldest monasteries dating back to the 8th century and associated with Guru Padmasambhava. Continue through high desert landscapes to Tsarang, where you will explore the impressive Tsarang Monastery and the historic five-story palace.

Later, drive to the legendary walled city of Lo Manthang, once the capital of the Kingdom of Mustang.

Ghar Gompa

Tsarang Monastery

Tsarang Palace

Ancient Kingdom of Lo

Panoramic Himalayan scenery

Day 4 : Lo Manthang – Chhoser – Jhong Sky Cave – Nyphu Monastery – Korala (Tibet Border) – Lo Manthang

Stay: Hotel/Lodge in Lo Manthang · Stay: Hotel · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Driving Distance: Approximately 60 km (round trip)

Driving Time: 3–4 hours

Highest Elevation: 4,660 m (Korala Border)

Spend the day exploring the hidden kingdom of Mustang. Visit the magnificent Royal Palace, Namgyal Monastery, and Chode Monastery before driving to Chhoser Village.

Here you will explore the remarkable Jhong Sky Cave, a five-story cave complex carved into towering cliffs over 2,000 years ago. Continue to the sacred Nyphu Cave Monastery, beautifully built inside a cliff.

If road conditions and local authority regulations permit, continue to Korala Pass, the historic trading

route between Nepal and Tibet.

Return to Lo Manthang for the evening.

Royal Palace

Namgyal Monastery

Chode Monastery

Chhoser Village

Jhong Sky Cave

Nyphu Monastery

Korala (Nepal–Tibet Border)

Day 5 : Lo Manthang Valley Tour – Yara Village

Stay: Lodge in Yara · Stay: Hotel · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Driving Distance: Approximately 65 km

Driving Time: 5–6 hours

Overnight Elevation: 3,650 m

After breakfast, explore the cultural treasures of Lo Manthang, including Jampa Monastery, Thubchen Monastery, Chode Monastery, and the ancient Royal Palace.

Later, drive east through remote valleys and spectacular canyon landscapes toward Yara Village, one of the most isolated settlements in Upper Mustang.

The route passes through untouched Himalayan scenery rarely visited by tourists.

Jampa Monastery

Thubchen Monastery

Chode Monastery

Royal Palace

Remote Mustang valleys

Traditional villages

Day 6 : Yara – Luri Gompa – Tashi Kabum – Chungsi Cave – Muktinath

Stay: Lodge in Muktinath · Stay: Hotel · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Driving Distance: Approximately 145 km

Driving Time: 8–9 hours

Overnight Elevation: 3,760 m

After breakfast, drive to the trailhead for Luri Gompa, followed by a short walk to one of Upper Mustang's most sacred cave monasteries. Inside, admire centuries-old Buddhist murals, ancient chortens, and meditation caves.

Continue to Tashi Kabum, another fascinating spiritual site, before retracing the route through Chhusang. Visit the sacred Chungsi Cave Monastery, where Guru Padmasambhava is believed to have

meditated.

Finally, continue to the holy pilgrimage town of Muktinath.

Luri Cave Monastery

Ancient Buddhist murals

Tashi Kabum

Chungsi Cave Monastery

Muktinath Temple area

Day 7 : Muktinath – Kagbeni – Jomsom – Marpha – Tatopani – Pokhara

Stay: Hotel in Pokhara · Stay: Hotel · Visit: Mustang Region · Meals: Breakfast Lunch Dinner

Driving Distance: Approximately 175 km

Driving Time: 8–9 hours

Overnight Elevation: 822 m

After breakfast, begin the scenic drive back to Pokhara through the spectacular Kali Gandaki Valley.

Stop at the medieval village of Kagbeni, the bustling town of Jomsom, and the charming apple village of Marpha, famous for its apple orchards, cider, and traditional whitewashed houses.

Continue via Tatopani and Beni before reaching Pokhara.

Kagbeni Village

Marpha Apple Village

Kali Gandaki Valley

Tatopani

Beautiful Himalayan scenery

Day 8 : Pokhara Sightseeing – Flight to Kathmandu

Stay: Hotel · Visit: Nepal · Meals: Breakfast Lunch Dinner

Sightseeing Distance: Approximately 20 km

Sightseeing Duration: 2–3 hours

Flight Time: 25 minutes

After breakfast, enjoy a relaxing sightseeing tour of Pokhara. Visit Phewa Lake, Davis Falls, Gupteshwor Cave, and, if time permits, the World Peace Pagoda, offering panoramic views over Pokhara Valley and the Annapurna Range.

In the afternoon, transfer to Pokhara Airport for your short flight back to Kathmandu, marking the end of your unforgettable Upper Mustang adventure.

What’s included

- 1 night Pokhara hotel with breakfast (Hotel Temple Himalaya)
- All ground transportation by private 4WD Jeep (Pokhara – Upper Mustang – Pokhara).

- One experienced English-speaking government-licensed trekking guide throughout the trip.
- Upper Mustang Restricted Area Permit (RAP).
- Annapurna Conservation Area Permit (ACAP).
- Monastery and cave entrance fee.
- Seven nights' accommodation in the best available local lodges/teahouses during the tour.
- Three meals daily during the tour (Breakfast, Lunch, and Dinner) with tea or coffee at breakfast.
- Guide's salary, meals, accommodation, transportation, insurance, and all government taxes.
- Comprehensive first-aid kit carried by the guide.
- All applicable government taxes and service charges.
- Official trip completion certificate.

Not included

- International airfare.
- Kathmandu Hotel (It depend on your request.)
- Nepal entry visa fee.
- Travel insurance, including high-altitude trekking and emergency helicopter evacuation.
- Personal trekking equipment and clothing.
- Personal expenses such as laundry, telephone calls, internet/Wi-Fi, battery charging, hot showers, alcoholic beverages, soft drinks, bottled water, snacks, desserts, and souvenirs.
- Tips and gratuities for the guide and driver (highly appreciated but optional).
- Any expenses arising from unforeseen circumstances such as flight delays, road blockages, natural disasters, political unrest, illness, or itinerary changes beyond our control.
- Any services not specifically mentioned under "Cost Includes."

Ready to book or have a question?

Trip page:
https://delightful-orange-chimpanzee.tarevirjungleresort.com/holiday/package/upper-mustang-overland-jeep-expedition/
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